

Our Sponsors

Welcome to the August issue of *Waterlines*.
Best viewed on a tablet, laptop or PC, or best
of all when printed to keep & to share.

Feedback and submissions for future issues
are welcome by email to:

waterlines@shra.co.uk

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SHRA AGM

**SHRA's 2026 AGM will be held on
Thursday, 10 September at the Yacht
Club, Royal Sovereign Suite (2nd
floor). Doors open at 4.30 pm for
refreshments, with the AGM
commencing at 5.30pm. SHRA Members
only. AGM Documents will be available at
www.shra.co.uk/agm.html nearer the time.**

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Our thanks to the companies above for their generous
sponsorship of SHRA and *Waterlines* in 2026. If you
are interested in becoming a sponsor with an annual
donation please email us:

info@shra.co.uk

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key as you click the link, or click the link by pressing
the mouse wheel.



News from SHRA



Board Vacancy on the Sovereign Harbour Trust and Sovereign Harbour (Sea Defences) Community Interest Company

A vacancy exists on the boards of the companies and applications to join the board are therefore invited from owners of a home at the harbour, ideally those who are also residents.

Board members are unpaid. More information about what we do can be found at [Sovereign Harbour Trust](#)

The deadline for applications is 15 September.

For information about how to apply please contact the Company Secretary, Simon Leney, by email to: secretarysovharb@gmail.com before 1st September.

CIC Board Vacancy

SHRA have nominated harbour resident, Keith Bateman, for the CIC board vacancy. Keith is a SHRA committee member and Commodore and Director of the Sovereign Harbour Yacht Club. The CIC have asked Keith to submit his CV for consideration.

EBC Apologises for Delays to Bus Shelter Replacement

Following the removal of bus stop shelters from Atlantic and Pacific Drives, SHRA contacted EBC and Stagecoach requesting an update on the arrival of replacement shelters. We received no reply.

SussexWorld has now reported that EBC have apologised for the delay. The council stated its supplier has taken longer than expected to manufacture and install the new shelters creating a gap between the removal of older structures and the arrival of their replacements. The first of the replacement shelters has now been installed and work will continue as the wider programme is rolled out across the town.

EBC stated that “We are doing everything possible to work with the supplier so that the new shelters are put in place as soon as possible.” Read the full report at *Sussex World*: www.sussexexpress.co.uk/news/politics/council/eastbourne-council-apologises-as-bus-shelter-replacements-delayed-8812888

McCauley Place Open Space

For months, we’ve had been in correspondence with EBC regarding the poor condition of the open space at McCauley Place, and earlier this year they finally accepted responsibility. In June, a team of gardeners cleared the area and we’ve been assured by EBC that maintenance of the area will continue.

Meeting with Premier Marinas

In early June SHRA met with Geoff Collins, a director of Premier Marinas Ltd and of The Sovereign Harbour Trust. We discussed the issues of the transparency of the marina accounts, houseboats, accessibility around the locks and the untidiness of the Fishermans’ Quay (see below).

New County Councillor

We are hoping to arrange a meeting with Roy Peche, our recently elected East Sussex County Councillor for Sovereign Ward to discuss ongoing matters around the Harbour. In the meantime, you can read more about him in an interview he gave to *Eastbourne Reporter*. Click the following link to read it: www.eastbournereporter.co.uk/reform-councillor-eastbourne-roy-peche/

Pacific Drive Resurfacing.

In answer to a member's enquiry, Councillor Peche confirmed that the promised resurfacing of the third of Pacific Drive that was left undone due to the building of the Aldi store, the care home and the retirement flats, will now not be carried out until the next financial year (27/28).

Fishermans' Quay

We continue to monitor the tidiness of the Fishermans Quay area. There was a marked improvement, but recently it has become more untidy again. We continue to work with our Fisherman's Quay contacts to achieve further and lasting improvement and raised the matter with Premier Marinas.

Retail Park Litter

We have been in touch with McDonald's management about overflowing litter bins. They said they would look into how they can step up their daily routine of picking up their litter as well as Costa's. Also, we contacted the retail park landlord about overflowing bins elsewhere in the retail park on Bank Holidays when it seems no one empties them.

Accessibility Near the Locks

Pedestrians crossing the car park area beside the locks at the end of Key West to gain access to the curved outer harbour prom have always had to negotiate one of two gravelled slopes. The only alternative was a steeper paved slope.

Premier Marinas have recently fenced off the two slopes (see photos below), so now the only access is the very steep paved slope. The slope forms part of the alternative route when the harbour bridge is out of action. Premier have added more paving slabs on the top of the slope beside the lock so that access to the bridges across the lock is easier.

The slope is wholly unsuitable for wheelchairs and mobility scooters, and difficult for those with a pram, carrying shopping and anyone with mobility issues. There is no handrail, and in winter it will be extremely dangerous. In winter, the gradual slopes, although not perfect by any means, were probably easier to use.

The area between the lock bridge and the outer harbour prom where the information boards are located is unpaved and comprised of loose gravel, so it too is difficult for wheelchairs, prams etc. Premier have made an effort to compact the surface but it is still a difficult, loose, terrain to cross. It would be nice if the fully paved outer harbour prom was properly extended right up to the locks.

We will ask Premier to install a firm handrail on the paved slope before winter and ask them to work with EBC and perhaps the coastal path people to look at ways to extend the outer harbour prom and improve pedestrian access around and across the car park. At the moment, the difficulty of crossing the area is stopping people in their tracks. What do you think of the area? Should access be improved?



The fenced off and turfed slope and the car park.



The other fenced off slope



This paved slope is now the only access up and down. It needs hand rails.



New path of paving slabs links the lock bridges.



Loose gravel area used for crane access.



The slopes before being fenced off.

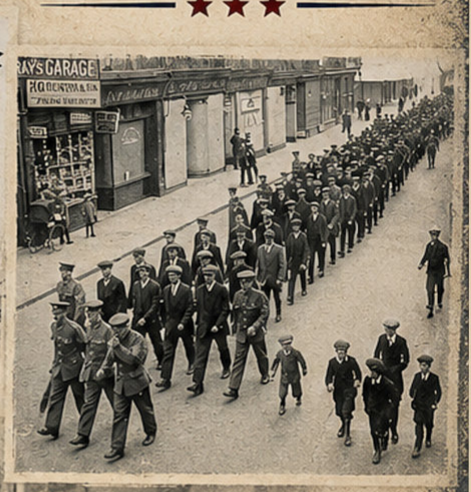
Sovereign Harbour Residents Association presents

LIFE IN WARTIME EASTBOURNE

COVERING BOTH WW1 & WW2



A talk by
Alan Wenham
★ ★ ★



THURSDAY 24 SEPTEMBER 2026

ROYAL SOVEREIGN SUITE (2nd Floor)
SOVEREIGN HARBOUR YACHT CLUB

3 Harbour Quay, Eastbourne BN23 5QF



DOORS & BAR OPEN
2:00PM – 3:00PM

to purchase
drinks / tea / coffee / cake



TALK
3:00PM – 4:00PM

with
question time afterwards



BAR REOPENS
4:00PM – 5:00PM

Tickets available from Eventbrite £5.00 each in advance
(or on the door on the day)

<https://www.eventbrite.co.uk/>



Book Tickets at eventbrite: <https://www.eventbrite.co.uk/e/life-in-wartime-eastbourne-ww1-ww2-tickets-1996066472552>

Eastbourne Reporter

Local papers used to have teams of experienced journalists providing accurate, well-researched reporting, holding the powerful to account. Sadly, they're now a shadow of their former selves, with copy-and-pasted press releases often masquerading as 'news'.



If you wish to read local news items online without tons of adverts and clickbait, you should take a look at *Eastbourne Reporter*. Eastbourne resident, Rebecca Maer, a qualified journalist with 30 years' experience, launched *Eastbourne Reporter* in May 2022 because she was seriously concerned about the decline of proper news reporting.

Eastbourne Reporter is free to read, but you are invited to make a tiny monthly or yearly contribution (the price of a coffee & cake) to help support its professional journalism.

www.eastbournereporter.co.uk

Unitary and Mayoral Authorities for East Sussex

The government have confirmed plans to streamline two-tier councils in a further 14 areas of England, including in Devon, East Sussex, Hertfordshire, Kent and Medway, Nottinghamshire and others.

In East Sussex, Brighton & Hove City Council will be expanded while the rest of the county will be grouped into a single new authority. Subject to parliamentary approval, this replaces the current two-tier system.

Key Changes

Brighton & Hove Unitary Authority Expansion: Absorbs East Saltdean, Peacehaven, and Telscombe from Lewes district.

New Unitary Authority: Combines Eastbourne, Hastings, Rother, Wealden, and the remaining parts of Lewes into one single council.

Abolished Councils: New Unitary Authority replaces East Sussex County Council alongside all current borough and district councils.

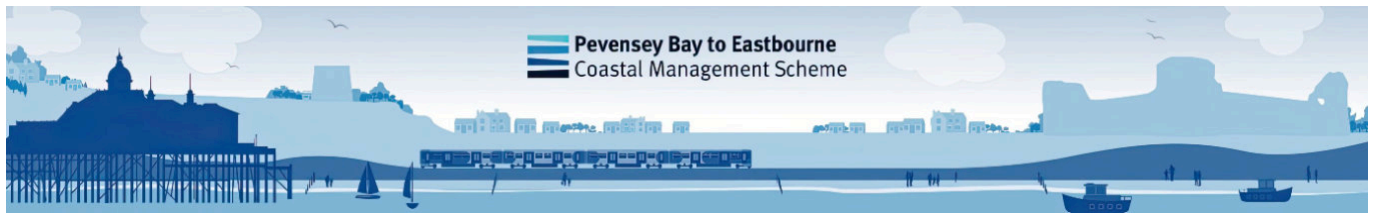
Elections: Scheduled for May 2027

Implementation: The formal launch and transition to the new unitary structure is scheduled to take effect on April 1, 2028, replacing East Sussex County Council and all underlying district and borough councils.

Leaders of the current six East Sussex councils have written jointly to the Government to oppose the proposed modification to their "One East Sussex" proposal for local government reorganisation in East Sussex. Their proposal would not have seen unitary authority Brighton absorb the areas now proposed. Read their letter here: <https://one.eastsussex.gov.uk/latest-updates/posts/council-leaders-call-for-original-one-east-sussex-proposal-to-be-retained>.

Mayoral Authority: The broader [Sussex & Brighton Strategic Authority](#) was established in March with the first regional mayor election scheduled for May 2028. Its regional framework covers strategic powers like transport, economic growth, and planning across East Sussex, West Sussex, and Brighton & Hove - the things that work best when they are planned across the wider area rather than council by council.





Pevensey Bay to Eastbourne Coastal Management Scheme. What's been happening and what's next

With this hot and sunny weather, the beach is the place to cool off!

The public safety works that we have been carrying out across the entire frontage are now ready for the summer season. You'll soon see some additional safety signage close to the old timbers that stick out of the beach (fascines). We'll continue actively monitoring these structures to make sure that the risk they pose is minimised.

The ground investigation works will resume on the 3 August at Cooden Beach and Herband Walk. This work includes drilling, sampling and carrying out small excavations at locations along the coastline to assess ground conditions, check the structural integrity of groynes and sample beach sediment. This helps us to understand what works will be required in the future. These investigations are due to be concluded by early September. We'll endeavour to keep any disruption to a minimum.

We are already preparing for the winter season. Earlier in the year, we completed beach profiling, shingle recycling works and the shingle bypass from Eastbourne to Sovereign Harbour to help ensure the frontage was ready for the summer. Looking ahead, the *Sospan Dau* will return to the Sovereign Harbour area in the autumn and is expected to be working for several weeks. We'll keep you updated.



Photo: Dredger *Sospan Dau* pumping shingle onto Eastbourne beach

You'll start to see winter works from mid-September, provided there are no summer storms for us to respond to.

If you have any questions or want to find out more information, please contact us by email using the address below. Otherwise, we wish you a lovely summer.

Further information and contact details:

See our webpage to find out more about the Scheme and to subscribe to our newsletter:
www.pevenseyandeastbourne.co.uk

You can also follow us on social media:

- Facebook: 'Pevensey and Eastbourne Coast'
- Nextdoor: 'Environment Agency- Solent and South Downs'
- X: 'Environment AgencySE'

Or email us: pevenseyandeastbourne.co.uk@environment-agency.gov.uk

Adult Football for Fun - Five-a-Side

We are a Harbour Football group looking for New Members :

Shinewater Sports Centre

Friday Morning 11am - 12pm.

Five-a-Sides games every week.

Players age ranges from 45 - 80.

The games are normal Indoor Football. Competitive and for Fun.

For details either email or text :

stephenmaxwell53@gmail.com

Max - 07966 214279



Membership of the SHRA is open to all households in owned or rented residential property located within the Sovereign Harbour estate, and owners of such residential property. The annual membership fee is £5 per person.

Join now online at:
www.shra.co.uk/join

Sovereign Harbour Residents Association

Annual Membership

Receive discounts from numerous local businesses and restaurants

Join on-line with PayPal

www.shra.co.uk/join

EXCLUSIVE DISCOUNTS

£5
Per person per year



Discounts for SHRA Members

The businesses listed below have kindly agreed to offer a discount to SHRA members **on the production of a valid SHRA membership card**. Please support these local businesses.

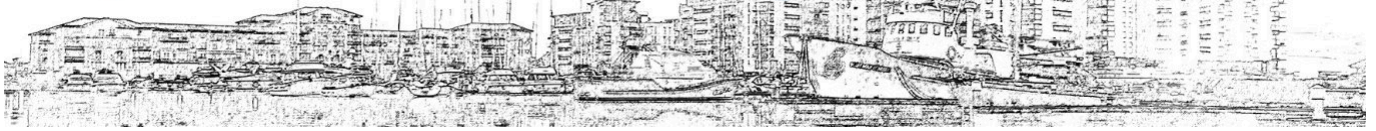
If you are a local business who would offer a discount to our members, please email us: info@shra.co.uk

Please note that any discount is offered at the discretion of the proprietors (i.e. there is no right to a discount). A typical discount is a 10% reduction. Terms and conditions may apply (e.g. only to food or eating in, and/or only on certain days or for a limited number of persons).

- **Active Days Mobility Services** - Repair and maintenance of mobility devices such as scooters, powerchairs, wheelchairs, hoists, riser recliner chairs, pressure care equipment and profiling beds. 01424 532620 www.activedaysmobility.co.uk
- **AP-it** - Computer health checks, repairs, upgrades and data backup. Tel: 01323 887894 www.ap-it.co.uk
- **Beamers Fresh Fish, Quay Fisheries shop**, The Fishing Quay, offer 10% off the total price. All fish is sustainably sourced with some fish caught from our own boat, *Shannon LI 547*. Open every: Tues - Wed - Thur - Fri 9am - 3pm. Sat 9am - 1.30pm. Check out their Facebook page for the latest catch news... www.facebook.com/profile.php?id=100063627992105
- **Boatshed Eastbourne** - Boat Sales. 10% off brokerage through Sussex's most highly rated yacht brokers. 079200 22540 timkingston@boatshed.com www.eastbourne.boatshed.com Visit our office in the main Boat Shed.
- **CoCo Hair** - Hair and beauty salon. 16, The Waterfront. They also require proof of a Sovereign Harbour residential address. 01323 471147 www.cocohair.co.uk
- **Curry Leaf Restaurant** - 8 Susans Road, Eastbourne, BN21 3HA. On eating-in food costs only. Tel: 01323 727900 www.just-eat.co.uk/restaurants-curry-leaf-old-town
- **Listening to You** - Counselling for Individuals, Couples, Families, and Young People (with particular experience of working with Secondary School Students). £20 discount for SHRA members. Tel: 07976 399 998; e-mail: tory@listening-to-you.co.uk; website: www.listening-to-you.co.uk.
- **Osteopathy** - Michael Woodleigh BSc Hons (Osteopathy) offers this therapy, which is non-invasive and highly effective. Michael offers SHRA members a free initial consultation. For details, please contact Michael on 01323 767228 or visit: www.eastbourneosteopath.co.uk
- **Pablo's Restaurant** - The Waterfront, Sovereign Harbour, BN21 3HA. On food costs only for no more than four persons. Telephone: 01323 470400. www.pablos-eastbourne.co.uk
- **Sovereign Harbour Community Centre** - SHRA members may receive a 20% discount from Meeting room and Hall hire bookings for their personal use. It is not applicable for business or commercial events they hold. To take advantage of the discount complete the on line booking request form www.sovereignharbourcommunitycentre.com/how-to-book and let us know your SHRA Membership number (it's on your membership card).



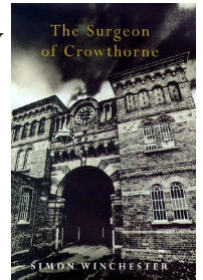
Sovereign Harbour Book and Creative Writing Group



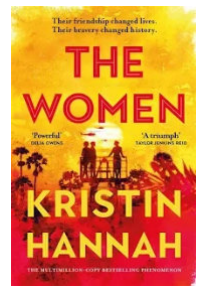
The group holds regular meetings in the morning of the third Friday of every month in the Yacht Club. Good-natured lively literary discussion guaranteed.

Our June meeting started with the news of the **Writing Competition** sponsored by the Sovereign Harbour Residents' Association with the attraction of a generous prize fund.

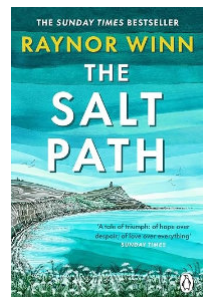
Our nominated reading for the occasion was 'The Surgeon of Crowthorne' by Simon Winchester. It was one of those books that revealed seemingly long-forgotten stories. The creation of the *Oxford English Dictionary*, now recognised as the definitive dictionary of the language, took 70 years to complete and a major contribution to its creation was by an American confined to Broadmoor Hospital.



For July, we read 'The Women' by Kristin Hannah. This was about the female involvement in the American military actions in Vietnam. Graphic descriptions of the scenes facing medical staff on the front line were almost matched by the pressures that anyone involved took back to their US homes when a tour of duty was finished. Although relatively recent history, anyone who read the book appeared to learn something from it.



Will we get the same reaction from the next title on our reading list? The choice is: 'The Salt Path' by Raynor Winn. It is a book that has generated a lot of interest, but not necessarily for the right reasons.



Our writing efforts covered 'Just a little white lie' for June and 'It was madness' for the July meeting. Two more sessions of prose and poetry. Wildly different interpretations, which we have come to expect, but the former topic resulted in several references to romantic themes, which also covered some of the efforts for the latter choice. Funny stories, true stories, nightmares. We sit and listen never knowing where we are being taken.

The next meeting is on Friday, 21 August, 11 am in the Yacht Club Members' Bar. The theme for writers is: 'It was just too hot'. So, keeping things topical.

Anyone who cares to join our regular mid-month sessions is welcome, even if you just want to come and listen. To find out more, try Brenda (ejbrowsersuk@gmail.com) or Alan (alanturner38@btinternet.com). If you wish to drop in, there will be someone to bid you welcome at the Clubhouse door.

The closing date for the writing competition is noon, Monday 3rd August.
If you haven't yet entered – you might just make it ... email entries to
competition@shra.co.uk





SOVEREIGN HARBOUR
Book & Creative
Writing Group

SOVEREIGN HARBOUR
BOOK & CREATIVE WRITING GROUP

IN CONJUNCTION WITH THE

SOVEREIGN HARBOUR
RESIDENTS ASSOCIATION



Sovereign Harbour
Residents Association
www.shra.co.uk

WRITING COMPETITION

PROSE *or* POETRY

'THE HARBOUR'



RULES

- ⚓ Launch date - **01 June 2026**
- ⚓ Closing date - **03 August 2026 12 noon**
- ⚓ Two Categories - **Prose or Poetry**
- ⚓ 1st and 2nd prizes for each category
- ⚓ Subject - **'The Harbour'**
- ⚓ Prose Entries – 1000 words maximum – fiction or non-fiction
- ⚓ Poetry entries – 30 lines maximum
- ⚓ Entries **MUST BE SUBMITTED UNDER A PSEUDONYM** and attached with a sealed envelope with the writer's real name and contact details and delivered to The Yacht Club by the closing date or alternatively they may be emailed to competition@shra.co.uk
- ⚓ Emailed entries will be sent to the judges with only the pseudonym showing, not the sender's email address



Winners to be presented with their prizes at the SHRA AGM on **10 September 2026** at The Yacht Club



Winning Prose and Poetry entry to be published in the **October 2026** edition of **Waterlines**



Entrants must be over **18** years old



Entries **MUST** be written by amateur writers (no professional and AI writers)



There will be **three** independent judges from the Book Club and the SHRA



The judges' decision will be **final**

*Capture the spirit, beauty
and life of our Harbour*
LET YOUR WORDS SET SAIL



*A place of
stories, moments
and inspiration...*



Cooking with Faz Razeen



Nando's-Style - Portuguese Chicken with Savoury Rice

Portuguese chicken and rice is a comforting, one-pot classic meal that combines tender, flavourful chicken with seasoned turmeric rice, a pinch of chilli flakes, garlic, smoky paprika, pepper and vegetables like peas and red bell peppers, all cooked together in a single pot.

Ingredients For the Chicken

500g chicken thighs
2 tsp paprika
1 tsp garlic powder
1 tsp dried oregano
1/4 cayenne pepper
Pinch of chilli flakes or chilli powder (optional)
1 tsp salt
1 tbsp extra virgin olive oil
1/2 tbsp lemon juice

For the Rice

2 tbsp extra virgin olive oil
2 garlic cloves, minced
1 small onion, diced
1 red bell pepper
1 cup of basmati or long-grain rice
2 tsp turmeric powder (for colour)
2 chicken stock cubes (e.g. Knorr stock pot or cubes)
1 cup frozen peas



Method

Season chicken thighs with all the chicken ingredients in a bowl and set aside.

Heat 2 tbsp of olive oil in a large sauté pan over high heat. Add the chicken thighs and cook just until the outside is sealed and coloured. Remove the chicken thighs and set aside.

Turn heat to medium-high. Add the onion and garlic, cooking for 1 minute. Add chilli flakes or chilli powder and stir for 1 1/2 minutes until soft.

Add the uncooked rice and stir until coated in the oil. Add the turmeric, chicken stock and any juices from the resting chicken.

Arrange the chicken thighs evenly in the pan. Bring to a simmer, then reduce heat to medium-low, cover with a tight-fitting lid, and cook for exactly 15 minutes.

Remove from the heat and let it rest for few minutes, gently mix in the frozen peas, they will cook in the residual steam and fluff with a fork.

NOTE: 1 cup of basmati or long-grain rice generally requires 2 cups of chicken stock. Simmer covered on low heat for 12 to 15 minutes until the liquid is absorbed.



Sovereign Harbour Yacht Club News



The summer months at the yacht club are days spent with many of our members enjoying sunny days on their boats, whether it's competing in the summer offshore races or just cruising the north coast of Europe or the many marinas on our wonderful south coast. Those who don't have boats, our social members, continue to support the many and varied events we offer our members on Saturday nights and during the week.

Our first band in June unfortunately were unable to play but we were so lucky that Maylene Mayhew came to the rescue. A music quiz, Singo Bingo and a celebration of Armed Forces Day with entertainment from The Land Girls rounded off June perfectly. Of course we showed the FIFA World Cup England matches even if they were in the early hours of the morning and they were pretty well supported.

July is a favourite month when, for two weeks, we welcome two of the Wetwheels boats from Portsmouth and Dover. Wetwheels is a registered UK charity, giving people with all disabilities the chance to experience the sea. Already taking 11,000 people on the water each year, by 2030 they aspire to expand their fleet to ten boats across the UK — opening the water to thousands more. We hosted a Gala fund raising dinner for nearly 100 people with a great meal served up by our amazing kitchen and bar staff, an awesome auction and raffle during which we raised a little over £7750 towards bringing the two boats back next year.



The evening was rounded off with great music from Wot's Cookin'. Thank you to all our loyal supporters. You make a big difference.

Then on the Saturday we had a fabulous Pirate Day which many of you would probably have seen if you were out and about the Waterfront and the locks. In the morning we had children and their families from the Sussex charity Children with Cancer (Polegate) Trust. In the afternoon it was the turn of WizzKidz. Together with the RNLI, they all enjoyed getting soaking wet and soaking others with a lot of smiles and laughter.

Thank you also to Premier Marinas along with The Waterfront who organised a weekend of Pirates Ahoy! - a treasure hunt around the harbour.



Enjoy the rest of your summer with hopefully continuing sunshine in our beautiful marina.

Ros Saunders
Communications Officer
Sovereign Harbur Yacht Club



Harbour Friends Social Group Update August 2026

Hello again to our lovely Sovereign Harbour community.

At the time of compiling the last update, little did we all know what a long hot summer we were in for. Record temperatures and exceptionally long periods of sunshine gave plenty of opportunity for outdoor activities, although heat exhaustion and difficulty sleeping did make it quite uncomfortable for some.

Our Harbour Friends Social Group members were of course able to take advantage of the good weather for the usual monthly stroll and other outdoor activities such as Croquet and trips out.

Special events that our members have been able to attend since our last update are as follows:

On 10th June we had fun at a special Pub Style Quiz Night to raise much needed funds for Saint Wilfred's Hospice. Many thanks to Gloria & Trevor Craske for this event and for raising £284.50 for the hospice.

On 24th June (Might have been the hottest day ever on the Harbour) we had a private hire coach trip over to the Weald & Downland Museum at Singleton. Unfortunately, we had a few cancellations due to the extreme heat, although those that did make the trip reported that it was most enjoyable and did manage to find some shady spots. Thanks again to Gloria Craske for organising this trip for us.

On 8th July we had our Summer Party Music Night, with some brilliant singing from Mr Steve Dunnett. That event was a complete sell out and our apologies to any members on the reserve list that missed out. A really good evening with Steve interacting with the audience and getting plenty of people up on the dance floor.





On 20th July we had 16 members go over to Compton Croquet Club at The Saffrons for our second visit of the Summer. This time members also took advantage of the high tea after some friendly?? competition. Another great day out and we will almost certainly be back there again next year.

Finally, on 22nd July we trialled a brand new event in the Royal Sovereign Suite of the Yacht Club called Big Screen Games Team Challenge and run by yours truly. Games included special versions of Bingo, TV Gameshows and a “Pick the box” game. Some of the games had all teams playing at the same time and some had half the teams or just a single team, so as to allow other teams time to chat and socialise. The vast majority of feedback was really good, although there were some members who disliked the concept of some of the games not being for all teams at once. We do of course welcome any feedback to help going forward.

As we move into August & September, our members will have plenty of other events to look forward to.

26th August will be the date for finalising existing member renewals. Those members that have not been able to pay their renewals online will be able to come along and pay cash and/or collect their new membership cards. **Please note that our membership is currently full with a waiting list and we will be contacting those on the waiting list sometime in September, when it will be clear how many places have become available.**

Following another Harbour stroll in September there will also be a Beetle Drive before the Autumn.

Aside from that, bookings for our annual Christmas Party Bash and Dinner have been going very well, with over 80% of the available places now booked. As a reminder, this will be on Saturday 19th December at The Cumberland Hotel with entertainment from the brilliant Mr Guy Sunshine.

Anyone interested in joining our group can get in touch via the contact page of our website: www.harbourfriends.co.uk.

As mentioned above, we do currently have a waiting list and persons on that list will be given priority when places do become available.

Finally, just a reminder that we have our very own Facebook page showing pictures from events. Please do take a look and give us a like and a share at the following web address: www.facebook.com/harbourfriends Just to let you know that there is another local Facebook page with a very similar name. Our page is quite distinctive having a cartoon whale as its logo and the full title of Harbour Friends Social Group.

That is all for this update, so thank you for taking the time to read this far and I wish you well.

Dave Hawkins
(HF Publicity Officer)

Defiant Sports Wellbeing Walks



Wellbeing Wheel & Walk: Quiet Session

Day: Every Thursday

Time: 11am - 12pm

(dependant on speed of wheel & walkers)

Meeting point: Outside 4 Seasons Brasserie,
3 The Waterfront, Eastbourne, BN23 5UZ

Price: Free

Wellbeing Wheel & Walk

Day: Every Thursday

Time: 12:45pm - 1:45pm

(dependant on speed of wheel & walkers)

Meeting Point: Fishermans Green Tennis Courts,
Royal Parade, Eastbourne, BN22 7LH

Price: Free

Interested in giving it a go? Join the *Wellbeing Wheel & Walk* WhatsApp group chat to stay in the loop: <https://chat.whatsapp.com/HsIN6RVKDqx2ztfwPVy21q>
Or give us a ring on 07887 755856 or email us at info@defiantsports.org.uk We hope to catch you at one of our sessions soon!

Freya Lock
Comms, HR & Admin Manager, Defiant Sports
<https://defiantsports.org.uk>

Beamer's **FRESH FISH**



**Find us on the Fishing Quay at the
West Channel, Sovereign Harbour
(behind The Harvester)**

**All fish sustainably sourced.
Caught from our own boat
Shannon LI 547 and from
our supplier MCB Seafood.**

Open every:

**Tues - Wed - Thurs - Fri 9am - 3pm
Saturday 9am - 1.30pm.**



Sovereign Harbour Photo Club



What can I say, with this fantastic summer weather there really is no excuse for not digging your camera out of the cupboard, dusting it off and getting out there making memories, especially in this age of smart phones, when you don't even need any specialised cameras or equipment and can have your phone immediately to hand from your pocket or handbag.

Sovereign Harbour is such a fabulous place to live with its bountiful choice of subject matter and ever changing scenery.

We were even spoilt with a visit from the "NAO Santa Maria" recently, which spent a few days in the harbour allowing visitors to go onboard and discover for themselves how historic sailors sailed the globe. That said, I've seen very few pictures posted on local social media of the inside of the ship. I did manage to get a good shot of her leaving the harbour from my apartment (see below). Very impressive she is too.



Our club has of course been totally active over recent weeks, (even during my absence for a two week break by the Thames in Kent), when committee members Diane and George took the helm to guide our members through our club evenings.

Continued from page 19

As usual, we've had our weekly photo topics to review, such as, Nature Macro, beginning with 'V' and clouds. It's actually really interesting how a topic like 'clouds' can produce such dramatic and impressive results.

The picture below was taken by me across the Thames estuary looking towards Canvey Island.



We have also recently been covering the editing of our pictures, using simple, editing tools, which can be downloaded for free (as an app) such as 'Snapseed' and we do cover tutorials for using this. Results can be very dramatic indeed. An example below I took and edited with Snapseed of daisy's.



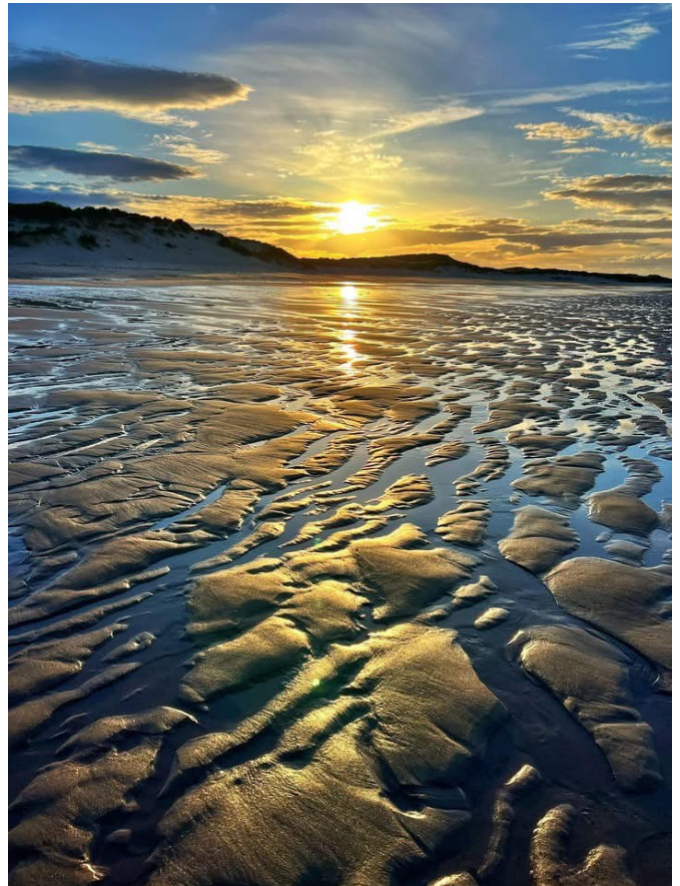
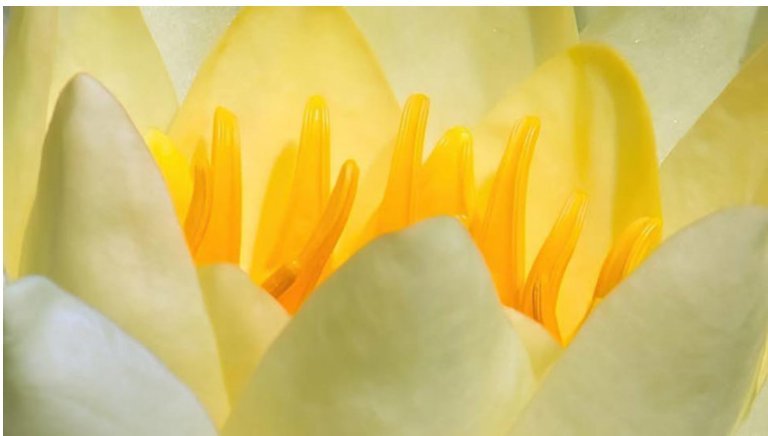
If you are interested in learning how to do this, please come along on a Tuesday evening (7 pm) at the Sovereign Harbour Yacht Club (1st floor) as our guest for a couple of weeks to see if it suits you.

Should you decide to join us more permanently , you would need to be a yacht club member (£100 p.a), but when this equates to £2 per week it really isn't expensive and it gives you full access to all the other substantial activities the yacht club has to offer its members (including the photo club of course)

As always, we have a monthly challenge, where pictures are posted on our Facebook page ([Sovereign Harbour Photo Club UK](#)) and our companion club ([Eastbourne Photographers Hub](#)) Facebook page. (Please check out both).

Pictures are in two categories (M) Mobile phone and (C) camera and the pictures with most likes by viewers, are our monthly winners.

June winners were George with his 'Lillie's picture and Annette with her 'Cresswell Beach' picture (shown below)



Great pictures as I'm sure you will agree?

If you would like to join us or would like more information about our club and activities, please e mail me (Bob Stanborough) at shpcuk@outlook.com . Our club evenings also include a video tutorial on endless photography related topics and we also indulge in local photo shoots (weather permitting).

Look forward to seeing you?

Bob Stanborough
(Secretary)
SHPCUK



Sovereign Harbour Community Centre
www.sovereignharbourcommunitycentre.com

The Crumbles Community Drop In

First Tuesday of Every Month

10am to 2pm

The Sovereign Harbour Community Centre
Easter Island Place
Eastbourne BN23 6JH

Coffee £2.00

Tea. £1.00

Biscuits and cake from £50p - £2

All proceeds go to the cost of beverages & snacks,
and the ongoing upkeep of the Community Centre



Sovereign Harbour
Community Centre
www.sovereignharbourcommunitycentre.com



Sovereign Harbour Community Centre
www.sovereignharbourcommunitycentre.com
The Crumbles, Pevensey Bay Road
Eastbourne, BN23 6JH

BINGO

Join us for a chat, a cuppa and some fun

Bingo & Biccies

The First Tuesday of Every Month

£8.00 for a book of 10 Games
Includes intermission refreshments
(Cash preferred. Thanks)

Over 18's Only

Doors Open 1pm
Eyes Down 2pm
Intermission with a Cuppa and a Biccie 3pm
Eyes back down 3.30pm
All done by 4.30pm

All Proceeds go into the prize
fund and the ongoing upkeep
of the Community Centre

Sovereign Harbour
Community Association
Reg. Charity (120185)



St Richard of Chichester

Langney & Sovereign
Harbour Parish Church

CELEBRATE

HARVEST FESTIVAL

FAMILY COMMUNION
SERVICE - SUNDAY

6th SEPTEMBER 2026

at 10.00 am

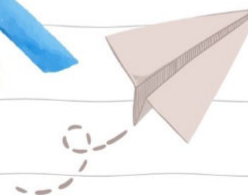
**St Richard's Church,
Etchingham Road,
Langney, BN23 7AX**



**STRICHARD'S CHURCH,
LANGNEY ETCHINGHAM
ROAD BN23 7AX**



BACK TO SCHOOL



**FAMILY COMMUNION
SERVICE**



**SUNDAY 13TH
SEPTEMBER 2026**

at 10.00 am



"I shall never forget what I saw that day on television,
now I shall never forget the play"

~ *The Observer*



THE REV ON GIRL

by Neil Anthony Docking

at 9:13am, 21st October 1966
144 people were killed
116 of them were children
~ Aberfan

21 Oct — 23 Oct

Lewes

7:30pm

28 Oct — 31 Oct

Eastbourne

7:30pm

Bookings

To book online, please visit
the Green Room website
below.

Price

£15 per ticket

Follow us

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 The Green Room
Productions



The Green Room Productions presents

THE REVLON GIRL

written by Neil Anthony Docking

*"I shall never forget what I saw that day on
television, now I shall never forget the play"*
~ *The Observer*

Set eight months after the Aberfan disaster, *The Revlon Girl* tells the extraordinary true story of a group of bereaved mothers who meet each week above a local hotel — finding space to talk, to grieve and, at times, even to laugh without guilt.

When the women secretly arrange for a representative from Revlon to visit and offer beauty advice, what follows is unexpected: moments of humour, honesty and quiet defiance in the face of unimaginable loss.

Deeply moving and unexpectedly uplifting, *The Revlon Girl* is a powerful exploration of grief, friendship and human resilience.

(Featuring a special performance on 21 October 2026,
marking the 60th anniversary of the Aberfan disaster.)



Daveys Lane,
Lewes. BN7 2BQ



High Street
Eastbourne. BN21 1HH

TheGreenRoomProductions.co.uk

Winterland Event at The Waterfront

The Harley-Davidson
WINTERLAND
Festival
1st - 31st December 26

REAL ICE RINK
TRADITIONAL FUN FAIR
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A FESTIVE WORLD OF ICE & VICTORIAN CHARM.
TRADITIONAL MARKET TREATS & CHRISTMAS FUN FAIR
THE WATERFRONT SOVEREIGN HARBOUR
EASTBOURNE.

info: www.onlineticketseller.com

Lifeboats

SCAN
ICE RINK
TICKETS



Sovereign Sparkle
DRESSED UP CLASSIC CAR SHOW
SATURDAY 12TH DECEMBER 2026
FROM 5PM
Sovereign Harbour
EASTBOURNE



ICE RINK
FUN FAIR
CAROL SINGERS
MARKET STALLS
CLASSIC VEHICLES
FESTIVE DISPLAYS

A FESTIVE NIGHT OUT FOR THE WHOLE FAMILY

Dates, full details and booking arrangements to be confirmed nearer the time.



Event's Facebook Page:
<https://www.facebook.com/profile.php?id=61591562396675>



Local Clubs and Groups



You should confirm the information below before attending any meeting or event.

SOVEREIGN HARBOUR BRIDGE CLUB



Our duplicate bridge sessions are every Tuesday and Thursday, in the first-floor bar of the Sovereign Harbour Yacht Club. Please arrive by 13:00, for a prompt 13:15 start. Hosts are provided, so a partner is not necessary.

We extend a warm welcome to both experienced and novice players. We are a very social club with members often partaking in activities together including having a drink in the bar when our bridge finishes at 5pm.

Please visit our website for more information.

www.bridgewebs.com/sovereignharbour/

EASTBOURNE VOICES COMMUNITY POP CHOIR



Eastbourne Voices Pop Choir rehearse every Monday evening at 7pm in the Sovereign Harbour Community Centre. This uplifting choir encourages people of all abilities to sing, with no music-reading or auditions required, and rehearsals are always fun and relaxed.

This community choir boasts more than eighty members each week, including a good number of both men and women, many of whom are from the Harbour community. Come along and enjoy a free trial session!

For more information, please visit: www.eastbournevoices.co.uk

PEVENSEY BAY SAILING CLUB



Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the harbour. General sailing, training at all levels and regular club racing and social events.

We welcome beginners and experienced sailors alike and we sail at weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, and a sun terrace with stunning views over the bay to Bexhill and Hastings.

Do come and have a look round the club at any time or contact the membership secretary by email:

membership@pbsc.eu Website: www.pbsc.org.uk

SOVEREIGN WARD COUNCILLORS SURGERY

The Borough Sovereign Ward councillors hold a surgery on the third Saturday of the month between 10.30am to 12.30pm in the *Simply Italian* restaurant on The Waterfront.

HARBOUR FRIENDS



Harbour Friends is a social group of Sovereign Harbour residents, both singles and couples, who want to meet other residents, have fun and enjoy new experiences. Most of our social events are held in the function room of the yacht club on Wednesday evenings, but we also have off-site events and trips that can be on any day.

Our special events are open to members only, so why not join us for just £20 per year. When we do not have a special event on, members are able to use the main bar of the yacht club for a drink or food on Wednesday evenings from 7pm. More details about our events can be found on our Facebook page: www.facebook.com/harbourfriends For further information or to contact us, please visit our website at: www.harbourfriends.co.uk

HARBOUR WOMEN'S INSTITUTE



The Harbour Branch of the W.I. meets on the second Monday of the month at 2.00pm in Sovereign Harbour Yacht Club. It also has a Craft Club with separate meetings, a Family History Club, a Lunch Club and a monthly Coffee Morning.

If you are interested in taking part, please contact Frances Harrap on: 07914 603548

Website: www.shra.co.uk/wi

MARITIME VOLUNTEER SERVICE



The Maritime Volunteer Service (MVS) is a charity organisation which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.

Training nights are held every Tuesday evening at 19:30 in the new MVS unit within the Boat Shed.

New members are always welcome, but give us a call first so we can organise for someone to greet you. For more information, [visit the MVS website](#) or [E-mail MVS](#) or Tel: 01892-853500.

SOVEREIGN HARBOUR RESIDENTS ASSOCIATION FACEBOOK GROUP



SHRA posts occasional news items and information on our Facebook pages: www.facebook.com/groups/354333463873512

SOVEREIGN HARBOUR ART GROUP



The Sovereign Harbour Art Group classes take place on Thursday mornings at Christ The King Church Hall, Princes Road (Langley Roundabout), between 10:00am - 12:30pm.

Learn to paint with acrylics, oils, watercolours and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment.

Fees are £10 per person for each 2.5 hour session, to cover hall hire and tuition.

Annual membership fee is £6.

For more information please phone Angela on 07914 884 378 or visit the Art Group's web page: www.shra.co.uk/artgroup/

HARBOUR DOLPHINS



We are group of like minded people who love to swim in the sea and appreciate the benefits of cold water swimming. Fun and laughter guaranteed.

We meet on the North Harbour beach outside Admiralty Court at 8am weekdays and 9am weekends. New members welcome.

Whether you like to swim like an Olympian or just bob around, we cater for all. So do join us.

We are on Facebook and you can contact our admin on the number below for more information

[Harbour Dolphins on Facebook](#)

Mobile: 07710 538230

SOVEREIGN HARBOUR PHOTO CLUB



The Sovereign Harbour Photo Club UK meets on Tuesday evenings from 7pm over coffee, in the Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals, are welcome.

The objective of the club is to help our members take better photographs with a camera or a smartphone and to increase members' knowledge and ability through projects, exhibitions and competitions, supported by talks and demonstrations. Young photographers are especially welcome.

If interested in taking part, please e-mail Bob Stanborough (club secretary) at: shpcuk@outlook.com with your name and a daytime telephone number.

SERENITY DIVERS



A BSAC scuba diving club based in Sovereign Harbour, Eastbourne. We regularly dive the local wrecks, usually 2 or 3 times a week during the dive season.

Our boat is Serenity, an 8.6 metre catamaran which is a great dive platform and has a dive lift to make exiting the water easy. Members range from ocean divers to trimix qualified rebreather divers. Club subscriptions are kept to a nominal level and the only cost to dive is a share of the fuel costs for the trip.

We meet Wednesday evenings at the Yacht Club. All trained divers are welcome to call or come and meet us.

[Our Facebook page...](#)

SOVEREIGN HARBOUR BERTH HOLDERS ASSOCIATION



The Sovereign Harbour Berth Holders Association was formed in 1999 and is RYA affiliated. The Association benefits the berth holders as well as the harbour management. Membership offers discounts from local trades people, free RNLI safety courses, workshops and other courses.

Visit the website for more info: www.shbha.co.uk

THE GARDEN BAR GOLF SOCIETY



We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail: gardenbar@hotmail.co.uk

STREETFUNK DANCE CLASSES AT THE SOVEREIGN HARBOUR COMMUNITY CENTRE



Streetfunk dance classes are now available every Wednesday at the Community Centre. 4:30-5:30 pm for ages 6 to 8, 5:30-6:30 pm for ages 9-12, 6:30-7:30 pm for 13 years and up.

All Streetfunk's teachers are qualified, experienced, DBS checked, and covered with PLI. Book a trial or sign up today! For bookings please email: info@streetfunk.co.uk or visit: www.streetfunk.co.uk

THE GARDEN BAR SUNDAY FOOTBALL TEAM



The team plays its home games at Hampden Park, and have been champions of the Lewes and District Premiership. They have been runners-up in several knock-out cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or email gardenbar@hotmail.co.uk

RESIDENTS OF SOVEREIGN HARBOUR FACEBOOK GROUP



An active group on Facebook with news, photos, information, events and other posts and discussions on local issues from Sovereign Harbour residents.

www.facebook.com/groups/129998750673307/

SOVEREIGN HARBOUR COMMUNITY GROUP FACEBOOK GROUP



An active group on Facebook with events and commercial information from and for Sovereign Harbour residents.

www.facebook.com/groups/3184790038292777/

SOVEREIGN HARBOUR EASTBOURNE FLICKR GROUP



The Sovereign Harbour Eastbourne Group on flickr is an on-line public gallery to view and upload photos of Sovereign Harbour.

www.flickr.com/groups/sovereignharboueastbourne/

THE GREENER HARBOUR FACEBOOK GROUP



A Facebook Group giving a voice to all those concerned about climate change and who would like to make Sovereign Harbour a greener environment.

<https://www.facebook.com/groups/3398508230472303>

ROYAL SOVEREIGN BOWLS CLUB



Situated at the bowling greens in Princes Park, there is seating for non-bowlers and spectators around the greens. Open daily from the end of April until end of September each year.

New members, whether new to the game or who have played previously, are welcome. Please visit our website for more details

www.royalsovereignbowlsclub.co.uk

SEA CADETS, EASTBOURNE



At Eastbourne Sea Cadets we offer skills and qualifications that could take you around the world.

We create a safe, engaging and fun learning environment that will give you memories and friendships that will last a lifetime.

We meet at Royal Parade East on:

Sea Cadets (12-18) Tuesdays & Fridays, 6.45 - 9.15 pm.

Junior Cadets (10-12) Fridays, 6.45-9.15 pm.

Royal Marine Cadets (13-18) Tues & Fri, 6.45- 9.15pm.

If you want to find out more about us, visit our website

www.sea-cadets.org/eastbourne/get-in-touch

Facebook: www.facebook.com/eastbourneseacadets

SOVEREIGN DIVERS



Sovereign Divers are your local dive club. We are based at Sovereign Harbour, meet in the Yacht Club and have been established for 50 years. We have a 7.2m dive RHIB, moored behind the yacht club, with easy access to our compressor and equipment room.

We welcome divers from all agencies and people new to diving. Training can be provided from entry level through to dive leader. As well as divers, we also welcome boat handlers and dive coxswains; again, training can be arranged.

If you would like to know more, please visit our website: <https://sovereigndivers.co.uk> or email: membership@sovereigndivers.co.uk

SOVEREIGN HARBOUR YACHT CLUB



We welcome new members at any time. You don't need to own a boat, but the number of social members is limited. Lots of Social functions and many other varied activities throughout the year.

We have great food and discounted drinks to our members and are the only club in the harbour selling Harveys beer!

Our opening hours are:

Tues–Thurs 17.00-23.00

Friday-Saturday 12.00-23.00

Sunday 12.00-18.00

Call in and speak to Sarah to view the club.

Tel: 01323 470888 Email: membership@shyc.co.uk

Website: www.shyc.co.uk

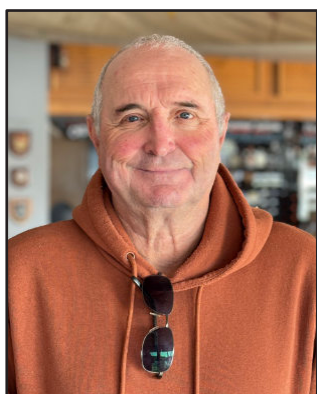
GRACE COMMUNITY CHURCH



This church has been meeting in the Community Centre in Sovereign Harbour for 2 years now. We meet every Sunday at 10am. Please come and join us for the service followed by tea/coffee.



The SHRA Committee



Dave Rogers
Chair



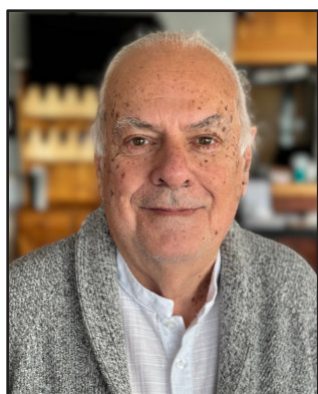
Carol Collier
Deputy Chair,
Treasurer & Secretary



Amanda Cox
Membership Secretary



Tony Smith
Website & Waterlines Editor



Keith Bateman



David Blackburn



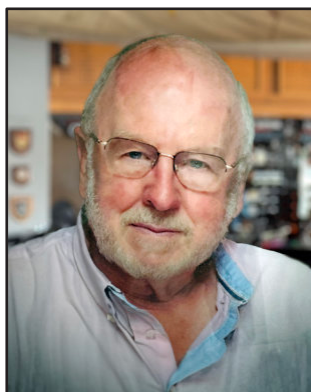
Peter Hawley



Rajendra Pisavadia



David Preager



David Shaw



Lisbet Stuer-Lauridsen