WATERLINES A



Issue OL48 June 2023

(Published on-line every 2nd month) www.shra.co.uk

Digital Newsletter of Sovereign Harbour Residents Association

Welcome to the June issue of *Waterlines*. We hope that you find items of interest. Your comments and input are always welcome. Email: waterlines@shra.co.uk.

Report of SHRA AGM Published

SHRA held its AGM on 11 May at the Haven School and around 80 members attended. As well as reviewing the committee's Annual Report and Accounts, the meeting was addressed by our MP Caroline Ansell and by Carl Pocock, Eastbourne's RNLI Operations Manager.

A note of the proceedings with the annual report is available on the "About SHRA" page of our website. https://www.shra.co.uk/about.html We welcome Keith Bateman and Bruce Marvin who have joined the SHRA committee following the AGM.

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Mr. Ian Weeks

Members of the SHRA committee were very sad to learn that Ian Weeks passed away suddenly on the 16th May.

As well as playing an active campaigning role as a SHRA committee member for twelve years, Ian was the long-time writer, editor and producer of *Waterlines* - from Issue No. 1 in May 2005, through more than 80 printed editions and 15 PDF versions until April 2017. Indeed, *Waterlines* owes its existence to Ian, and he worked hard to produce monthly editions for its first five years before switching to publishing an edition every second month, as we do now.

Some of you will remember that until 2014 *Waterlines* was a printed publication delivered to every Sovereign Harbour home. In those days, Ian would receive a delivery from the printers of three or four thousand copies that he then delivered to the North and South Harbour volunteers who would walk the streets to pop them through the letterboxes of every residential property.

Along with others, Ian fought against the building of a B&Q store on Site 6 and protested against building more houses and flats without the provision of the promised but long-awaited community facilities, including the Community Centre. He also campaigned tirelessly on the annual rentcharge, arguing that it was unfair and that the residents who pay it should be represented on the board of the Sovereign Harbour Trust. We offer our sincere condolences to Ian's wife, Jan Weeks, past chair of SHRA, and their family and friends. Ian's funeral service will be held at Eastbourne Crematorium, Main Chapel, on Friday 23rd June 2023 at 12pm. Memories and tributes may be left online at: https://ianweeks.muchloved.com



Please Note that the club info below should be confirmed before attending any events.

Harbour Friends



For the uninitiated, Harbour Friends is a social group of Harbour Residents, of all ages, both singles and couples, with the purpose of building friendships and generally enjoying life on our lovely harbour.

Events are open to members only so why not join. At only £17.50 per year this is a bargain. Due to high number of current members, a waiting list may apply

Harbour Friends meet every Wednesday evening at 7.30 at the Yacht Club. For further information please visit the Harbour Friends website at: <u>www.</u> <u>harbourfriends.co.uk</u>

Rotary Club of Sovereign Harbour



The Rotary Club of Sovereign Harbour meets every Tuesday at 7:00pm for a buffet dinner in Seasons at the Sovereign Harbour Waterfront. Visitors and any prospective new members are very welcome to join us.

For more information please visit the Rotary Club of Sovereign Harbour website.

Note that when reading 'on-line' in your web browser, links from this PDF version of Waterlines may not always open in a new window or tab. Hovering over the link and pressing down on your mouse wheel may work. Or, from a followed link press the "back" button of your browser to return to Waterlines; or download the PDF to your device.

Please consider printing copies of *Waterlines* to hand to neighbours who may not use the Internet.

New council leadership for Eastbourne

Eastbourne Borough Council has a new Council Leader and Cabinet following the local elections on May 4.



At a meeting of Annual Council (May 24), Councillor Stephen Holt (pictured) was confirmed as the new Leader of Eastbourne Borough Council and Councillor Margaret Bannister as Deputy Leader.

Councillor Holt was first elected in 2015 and since 2020 has been Deputy Leader of Eastbourne Borough Council.

The local elections saw the Liberal Democrats increase their number of seats to 19. The Conservatives now have eight seats.

Councillor Stephen Holt said:

"It is an absolute privilege to be appointed Leader of Eastbourne Borough Council. To be given the opportunity to lead the council of such a wonderful town is an honour that I do not take lightly.

"I am also delighted that Margaret Bannister is the Deputy Leader and can't wait to start working with her in this new role. Margaret has many years of experience as a Cabinet councillor and knows Eastbourne and the town's residents better than anyone."

Councillor Holt's first Cabinet is as follows:

Councillor Stephen Holt, Leader of the Council - Community Strategy, Local Strategic Partnership, Corporate Plan, Performance and Staff

Deputy Leader: Councillor Margaret Bannister, Deputy Leader of the Council - Tourism, Leisure, Accessibility and Community Safety

Councillor Robin Maxted - Finance and Resources

Councillor Jim Murray – Carbon Neutral 2030

Councillor Colin Swansborough – Enterprise, Community Spaces and Heritage Assets

Councillor Peter Diplock - Housing and Planning

Councillor Candy Vaughan was unanimously elected as the new Mayor of Eastbourne and Councillor Amanda Morris was elected as Deputy Mayor.

In his speech proposing Councillor Vaughan as Mayor, Councillor Alan Shuttleworth paid tribute to the outgoing Mayor and Mayoress, Councillor Pat Rodohan and his wife, Barbara.

The new Mayor's charities are <u>A Band of Brothers</u> and the <u>Old Bank</u> <u>Wellbeing Trust.</u>

Maritime Volunteer Service

The Maritime Volunteer Service (MVS) is a charity organisation

which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.

Training nights are held every Tuesday evening at 19:30 in the new MVS unit within the Boat Shed. New members are always welcome, but give us a call first so we can organise for someone to greet you. For more information, visit the MVS website or E-mail MVS or Tel: 01892-853500.

Ward Councillor Surgeries

The Sovereign Ward councillors hold a surgery on the third Saturday of the month between 10.30am to 12.30pm in the Simply Italian restaurant on The Waterfront

The Haven Players

The Amateur drama group based at the Memorial Hall, Dittons Road, Stone Cross. Members include Sovereign Harbour residents.

Visit their Website for details: <u>www.</u> <u>havenplayers.co.uk</u>

Royal Sovereign Bowls Club

Situated at the bowling greens in Princes Park, there is seating for non-bowlers and spectators around both of the greens.



Open daily from the end of April until end of September each year.

New members, whether new to the game or who have played previously, are welcome. Please visit our website for more details royalsovereignbowls.wordpress.com

Sovereign Ward Borough Councillors

With firstly, a big thank you to the residents of Sovereign ward who voted for Penny, Kshama and myself to represent you all in the borough council for the next four years; we will listen and take account of every shade of opinion on every issue, and we we will act in the best interests of the ward as a whole on matters as diverse as the pending Aldi et al planning application and Asda trolleys abandoned in Kings Park and Kingsmere.

We shall continue to hold our surgeries in Simply Italian on the 3rd Saturday of evey month. Other surgeries at different locations and in different formats are planned for the future.

Since the election where we find ourselves once more in opposition we have been appointed by our group leader to a number of shadow positions and memberships of various committees: in particular, Penny remains deputy group leader, Nigel has been appointed group spokesperson on Climate Change and a member of the Scrutiny committee and Kshama remains the Chair of the Scrutiny Committee which has the important function in any democratic system of holding the administration to account on various vital issues affecting residents and policies.







Penny di Cara

Nigel Goodyear

Kshama Shore OBE

Finally, as your newest councillor, let me introduce myself. I went travelling to Australia and the Pacific islands as a young man working initially in the oil exploration industry and later in the Australian Federal Police, working as part of the Governor-General's security team and latterly in an intelligence-gathering role. I returned to the UK and resumed my police career until the end of my service and most recently worked as an investigator for the Serious Fraud Office in London before retiring from criminal investigation and pursuing a long-held interest in politics: I am also a working director of a local garage business. *Nigel Goodyear*

Book & Creative Writing Group Re-launch

With the Community Centre becoming available the Book and Creative Writing Group is being re-launched with an Open Day and Book Signing by Eastbourne author Sheila Bugler.



The event takes place **2-4pm, Thursday 15th June at Sovereign Harbour Community Centre**. Bring a book! For further information contact: Philipa Coughlan tel 07519 143770 or email: pcoughlan@btinternet.com

Sovereign Harbour Yacht Club



We welcome new members at any time. You don't need to own a boat. Lots

of social functions and many other varied activities throughout the year.

We have great food and discounted drinks to our members and are the only club in the harbour selling Harveys beer!

Our opening hours are:

Tues-Thurs 17.00-23.00 Friday-Saturday 12.00-23.00 Sunday 12.00-18.00

Call in and speak to Sarah to view the club, or contact the membership secretary, Linda Hayler.

Tel: 01323 470888 membership@shyc.co.uk

Website: www.shyc.co.uk

Sovereign Harbour Bridge Club

We hold our duplicate bridge sessions every Tuesday and Thursday, in the first floor bar of the Sovereign Harbour Yacht Club.



Please arrive by 13:00, for a prompt 13:15 start. Hosts are provided, so a partner is not necessary.

We extend a warm welcome to both experienced and novice players, we are a very social club with members often partaking in activities together including having a drink in the bar when our bridge finishes at 5pm.

Please visit our web site for more information: www.bridgewebs.com/sovereignharbour/

Re-Opening of our Community Centre



On Saturday 20th May the Community Centre was re-opened to the local neighbourhood after being commandeered for two years by the NHS for Covid vaccinations. It was a beautiful summer day and everyone was in buoyant mood welcoming back this wonderful asset. Members of the SHRA Committee were present, along with local councillors and the mayor. Two lovely people provided tea, coffee and biscuits all afternoon at no cost.

A warm welcome was provided to everyone on entry with a guided tour of the building, lots of leaflets on offer for the various societies utilising the building. Details of clubs which I had no idea existed, and opportunities to try out new skills. The indoor bowls club was there with their short mat bowls and experts; I tried and was absolutely useless but it was great fun! Juggling was there to try, a lady promoting keep fit, and several other activities.

Being a relatively new inhabitant of Sovereign Harbour, I have only known the Community Centre when run by the NHS and it wasn't obvious what a tremendous building it is. The main hall is cavernous, ultra modern with a high steel roof. There is a beautiful large well-appointed kitchen - perfect for providing food for parties and afternoon teas for the clubs and societies who meet there. A smaller hall and meeting room is available too. All the rooms are newly decorated making it look like new.

This is undoubtedly a great asset for the local community, with ample free parking a short walk away opposite the Yacht Club. We are indeed lucky to have such a building on our doorstep, with a safe outside space for little ones. See poster way below (p18) for bookings information.

Frances Lawrence
SHRA Committee Member

Sovereign Harbour Berth Holders Association

The Sovereign Harbour Berth Holders Association was formed in 1999 and is RYA affiliated. The Association benefits the berth holders as well as the harbour management.

Membership offers discounts from local trades people, free RNLI safety courses, workshops and other courses. Visit their website for more information: www.shbha.co.uk

Sovereign Harbour Short Mat Bowls Club

If you would like to join our very friendly and social club on a Thursday afternoon at the Community Centre we would be pleased to welcome you, whether you are an established player or a new player.

If you are interested in joining us please contact the Secretary, Anne Newson, either by e-mail at newson17@live.co.uk or by phone on 01323 472259



Lifeboat to be Replaced

At SHRA's AGM, Eastbourne's RNLI Operations Manager Carl Pocock confirmed that the current 'all weather' lifeboat *Diamond Jubilee* (16-23) is to be replaced in the near future. The RNLI constantly review their stations' operational needs and a decision to relocate a vessel is never taken lightly.



Tamar class lifeboat

The *Diamond Jubliee* is a Tamar Class lifeboat that has served Eastbourne

for the past ten years. The replacement boat will be a Trent Class 14m 'all weather' lifeboat, a slightly older boat but one that has had a recent refit. All weather lifeboats (ALBs) are capable of high speed and can be operated safely in all weather conditions. They are inherently self-righting after a capsize and



Trent class lifeboat

fitted with navigation, location, and communication equipment.

Eastbourne has just received a new Inshore lifeboat called '*David H'* (D876) after David Hillibrand who has given us the boat. It replaces the *Lawrence and Percy Hobbs* (D744).

Pevensey Bay to Eastbourne Coastal Management Scheme - Engagement Update

The project team are planning to attend various community events that are being held across the project area over the summer. At these events, you will be able to meet some of the project team and ask any questions you may have.

- 25 June: Community Fete and Dog Show, Pevensey
- 15 July: Beach Life Festival, Eastbourne
- 7–8 August: Gather @ The Beacon Shopping Centre, Eastbourne

In case you haven't already done so, you can **sign up to our mailing list** by visiting the project website <u>www.pevenseyandeastbournecoast.co.uk</u>

You can also follow us on social media:

Twitter - <u>@EnvAgencySE</u> Facebook page coming soon!



Sovereign Harbour Art Group

The Sovereign Harbour Art Group classes resumed on Thursday mornings at Christ The King Church Hall, Princes Road (Langley Roundabout) between 10:00am - 12:30pm.

Learn to paint with acrylics, oils, watercolours and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment. Fees are £10 per person for each 2.5 hour session, which covers hall hire and tuition. Annual membership fee is £6.

For more information please phone Phone Angela on 07914-884378 or visit the Art Group's web page at: www.shra.co.uk/artgroup/

Eastbourne Age Concern Walking for Wellness



Every Thursday morning starting at 10.30am Walk length: 75
Minutes. Meet outside Seasons restaurant at 10.30am for a vigorous circular walk of up to 3 miles around the harbour, marina and shoreline. It does you good! There is some uneven ground. Ends back at cafe for refreshments. Visit website for further details.

The Garden Bar Sunday Football Team

The team plays its home games at Hampden Park, and have been champions of the Lewes and District Premiership. They have been runners-up in several knockout cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or email gardenbar@hotmail.co.uk

Harbour WI - Meeting Report

At our May meeting members were greeted by a very festive hall decked out in red, white and blue to celebrate the King's Coronation. The committee had also baked scones to a 'secret recipe' supplied by Sandie Goman.

President Jacquie Frost welcomed everybody; and the speaker for the month, Trevor Weeks of WRAS East Susses Wildlife Rescue, was introduced by Diane Beere.

Trevor has visited the Harbour WI before and is always a popular speaker. He told how he had established the WRAS Wildlife Charity in 1996 as a volunteer. He was a one-man band to start with.



Today there are 5 fulltime staff, 7 part time and 170 volunteers. He now spends most of his time in the office as there is so much paperwork!

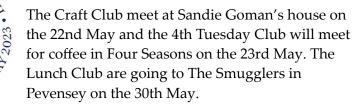
They receive 8,500 to 10,000 calls a year; up to 125 a day during the busy season of May, June, July and August. Their fleet of 2 ambulances, 2 cars and a patient transport vehicle can take an average of two and a half hours to deal with each case. Finding the animals that need help can be a problem. They have usually moved on from where they were first seen.

The animals they treat are extremely varied. From horses to frogs! Trevor showed slides and a video of the numerous rescues and facilities. They have a dedicated hedgehog hospital [in Cathy's back garden!], an orphan centre and a casualty centre in Whitesmith near Lewes. They employ their own vet and are on call 24 hours a day. All this costs around £360,000 a year and is funded solely by donations and legacies. Trevor was thanked by Diana Groot-Copp and a donation box was passed round the members.

Daphne Chamberlain read out various correspondences from the ESFWI including a list for anyone wanting next year's diary!

After a cream tea with delicious light scones, Carole Kilby tested the members on their 'Royal' knowledge with a quiz. The winning team

received a certificate and chocolate.



The next meeting is on Monday 12th June at 2pm in the Sovereign Suite of the Sovereign Harbour Yacht Club. There will be a talk by Ray Hale on 'Plastic – Saving the Planet'

Information on the Harbour WI can be found on the SHRA website. https://www.shra.co.uk/wi

Residents of Sovereign Harbour Facebook Group

An active group on Facebook with news, photos, information, events and other posts and discussions on local issues from Sovereign Harbour residents. www.facebook.com/groups/129998750673307

Sovereign Harbour Community Facebook Group

An active group on
Facebook with news,
events and commercial
information from Sovereign
Harbour residents.

www.facebook.com/
SovereignHarbourCommunity

The Greener Harbour Facebook Group

A new Facebook Group giving a voice to all those concerned about climate change and to those who would like to make Sovereign Harbour a greener environment. If you would like to work towards the following, please subscribe

- a better bus service in the harbour;
- an end to the dumping of sewerage in the sea;
- maximum use of solar power and other renewable energy in the harbour;
- more nature-rich green spaces and more trees
- a cycle path all the way into Eastbourne.

https://www.facebook.com/groups/3398508230472303

New Discount for SHRA Members

AP Exclusiv Events are pleased to offer a discount and no booking fee for members of SHRA purchasing tickets for their events. AP Exclusiv Events organise tribute events, home and leisure events, wedding and Christmas fayres and conferences.

Their next event will be an **ABBA Night on Saturday 17**th **June at the Town Hall** featuring an international ABBA tribute touring band, disco, refreshments and bar, supporting St. WIlfrid's Hospice. They will offer SHRA members a £2 discount on the £20 ticket price and no booking fees for tickets purchased via Online Ticket Seller. com, using the Promotion Code "SHR10F". The link for the event is https://www.onlineticketseller.com/events/41468 or just visit the Online Ticket Seller.com site and search for ABBA Tribute Night.



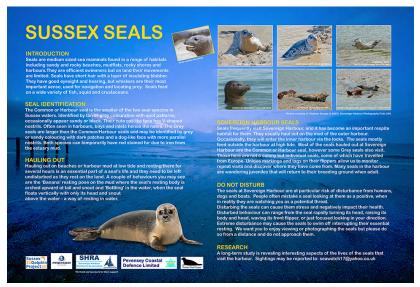
Seller.com

Their next tribute event is **The Elton John Spectacular on Friday 8**th **September which will be at the Sovereign Harbour Community Centre.** Tickets are not yet on sale but this will be £30 per head, including a Buffet. A **Spectacular XMAS Part with a Gary Barlow Tribute is planned for 15 December at the Community Centre.**

AP Exclusiv Events are really looking forward to bringing events to the Sovereign Harbour Community Centre. Please see the posters below (pp 19 & 20) for more information or visit the AP Exclusiv Events website at: https://www.apexclusivevents.co.uk/

Seal Information Board

We have largely overcome the hurdles associated with placing a Seal Information Board on the outer harbour prom near to the locks. The actual board has been designed by Raj Pisavadia and has been printed, and a team at the Eastbourne Shed have sourced the timber and are ready to construct the stand. We are very grateful to them for taking on this task. Premier Marinas have given us the necessary consent to place the board on their land. The info board should be in place within a month or so. The other beach-side info boards will be refurbished soon.



Pevensey Bay Sailing Club

Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the harbour. General sailing, training at all levels and regular club racing and social events.

We welcome beginners and experienced sailors alike and we sail at the weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, and a sun terrace with stunning views over the bay to Bexhill and Hastings. Do come and have a look round the club at any time or contact the membership secretary by email: membership@pbsc.eu Website: www.pbsc.org.uk

The Garden Bar Golf Society

We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail gardenbar@hotmail.co.uk

Sovereign Harbour flickr Group

The Sovereign Harbour
Eastbourne Group on flickr
is an on-line public gallery
to view and upload photos of
Sovereign Harbour. Website:
www.flickr.com/groups/
sovereignharboureastbourne/

New Exhibition at The Beachy Head Story

Visitors to Eastbourne's Beachy Head Story will have an opportunity to explore tales of buried treasure, dragons guarding golden hoards, gold lost at sea and flashes of gold in nature with the opening of a new exhibition.



Gold – The Treasure of a Town is

now open with free entry. The new exhibition uncovers some of the treasures discovered in Eastbourne and the surrounding Downland and has them on display.

Among the exhibits is a brass ring made by a convalescing soldier at Summerdown Camp in Eastbourne during the First World War. It was recovered during an excavation of the last remaining piece of land that the camp once inhabited 100 years after it was made. It bears the letters S C H E for Summerdown Camp Hospital Eastbourne.

The exhibition was inspired by a chance find of a golden nugget in the sea 100 years ago and visitors can discover golden words from a medieval book of hours, threads of gold chosen to make the ordinary extraordinary and Saxon treasure buried for more than 1,000 years.

Also on display is a Posie ring, which were very popular between 1400 and 1750 and this silver gilt example dates from the 1600s. The inscription reads 'F'eare the Lord' and its placement on the inside of the ring was meant to bring the wearer closer to the message and in this case was an inward show of religious piety. It was found at Arlington.

Bronze axes found at Combe Hill in Willingdon, Royal Naval and Coastguard buttons found during excavations at Coastguard Cottages at Crowlink, medals, Iron Age coins and Saxon brooches can also be viewed.

Entry to the exhibition at The Beachy Head Story, next to the Beachy Head Pub, is free and it is open daily from 10am-5pm, including on bank holidays.



The exhibition is one of a series of events that regularly take place at the Beachy Head Story. Over the summer months, the venue will host creative writing workshops, children's activities and walks on the Downland.

There is also a gift shop selling ethically and locally sourced projects from independent makers and artists, celebrating Beachy Head's unique location.

Gold – The Treasure of a Town runs until 15 October 2023 and entry is free. For more information visit <u>www.HeritageEastbourne.com</u>.

Sovereign Harbour Photoclub UK

The Sovereign Harbour Photoclub UK meets on Tuesday evenings from 7pm over coffee, in the Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals are welcome.

The objective of the club is help our members take better photographs with camera or smart-phone and to increase members knowledge and ability through projects, exhibitions and competitions, supported by talks and demonstrations. Young photographers especially welcome.

If interested in taking part, please e-mail Bob Stanborough (club secretary) at: shpcuk@outlook.com with your name and a daytime telephone number.

Languey Sports Indoor Bowls Club

This modern members only facility has 6 full size indoor bowls rinks and is located near to the harbour directly behind the Eastbourne Borough football clubhouse in Priory Road, Eastbourne.

Both experienced and novice bowlers are welcome to come along by prior arrangement, to see what is on offer and to have a go before committing to any membership.

The bowls rinks are open from 9.30am right through to 10pm every day throughout the year, so this is a great way to get exercise and meet some new friends.

Annual membership is £90 per member, with members then paying just £2 per 2 hour session of play. Members of the bowls club are entitled to use the bars and clubrooms of the adjacent football club, with discounted bar prices.

Please do get in touch direct with me, David Hawkins, for further information via my business email of: sovtechnical@gmail.com

Wellbeing Walks

Defiant Sports are now offering Wellbeing Walks, a bi-weekly walking session that's free to attend and accessible for all whether walking or wheeling! We currently walk various routes around Sovereign Harbour - all of which have videos on our YouTube channel so you can familiarise yourself before coming out if you'd like to. Check them out here. Or visit https://www.youtube.com/@defiantsports3329

We have three walk volunteers - Beja and Joan, who will be helping run the sessions and our walk leader Ray! Ray is a Director at Defiant Sports, as well as a member of the Rotary and has been helping Sam, at Defiant Sports, record the accessible walking routes for some time, and doing all the necessary training for the role.

After hearing some wonderfully positive feedback from our walk volunteers, we are considering increasing the session to a weekly one.



"Lovely walk, good company. I think people would like to do this on a weekly basis."

"Happy to do once a week. I got the impression our walkers were really up for that!"

If you're interested in joining in, give us a call on 07887755856, pop by our Hub in the old Blockbuster building in the retail Park, or book a spot on our eequ page. https://eequ.org/experience/3442
Loretta Lock, Managing Director, Defiant Sports

Cuckmere Buses Leisure Routes

Cuckmere Buses run the following leisure routes during the summer. They are a volunteer bus company running 16-seater minibuses and often have vacancies for drivers. Check their website https://cuckmerebuses.org.uk for timetables and information on volunteering opportunities.

Route 47 Cuckmere Valley Ramblerbus - Saturdays, Sundays & Public Holidays during British Summer Time (March to October). An hourly circular service from Berwick station via Alfriston, Seaford, Seven Sisters Country Park, Litlington and Wilmington (ties in with trains from Berwick to Eastbourne and Lewes).

Route 49 Wednesdays in summer - Eastbourne, Sovereign Centre, Langney, Westham, Pevensey Castle, Wartling, Herstmonceux Observatory Science Centre and Castle.

Route 25 Saturdays - The Bloomsbury Route - Eastbourne, Drusillas Park, Alfriston, Charleston Farm House, Firle, Glynde, Lewes.

Route 26 Sundays, Public Holidays and Good Friday - Eastbourne, Willingdon, Polegate, Durusillas Park, Alfriston, Seaford.

Harbour Women's Institute (WI)

The Harbour branch of the W.I. meets on the second Monday of the month at 2:00pm in

Sovereign Harbour Yacht Club. It also has a Craft Club with separate meetings.

If you are interested in taking part, please contact Frances Harrap on: 01323-472649.

Website: www.shra.co.uk/wi/

Harbour Exercise Classes

Mari-Anne is fully insured with a MSc in exercise physiology, specialising in clinical exercise and exercising with cancer.

Currently, classes are held virtually on Fridays: 9.15-10.10am Pilates.

Contact: Mari-Anne Elder Tel: 07748 678030. Email: mariandy@btinternet.com

Sovereign Harbour Social Club

The Sovereign Harbour Social Club meets every Wednesday from 10:00am to 11:30am in the Simply Italian annex at The Waterfront for coffee. There are occasional outings for lunch, theatre, places of interest. All are welcome. For further details please contact Betty Saunders on 01323-479514. Website: www.shra.co.uk/shsc

Discounts for SHRA Members

The local companies listed below have kindly agreed to offer a discount to SHRA members on production of a SHRA Annual or Lifetime membership card. Please support these local businesses.

Discounts are offered at the discretion of the proprietors. A typical discount is a 10% reduction. Terms and conditions may apply (e.g. may apply only to food or eating in and/or only on certain days or a limited number of persons).



- **Active Days Mobility Services**. Repairs and maintenance of mobility devices. 01424 532620 <u>www.activedaysmobility.co.uk</u>
- AP Exclusiv Events organise tribute events, home and leisure events, wedding and Christmas fayres and conferences and offer a discount and no booking fee for members of SHRA purchasing tickets online for their events. For information visit their website at https://www.apexclusivevents.co.uk Coming soon: ABBA Night on Saturday 17th June at the Town Hall and The Elton John Spectacular on Friday 8th September at the Sovereign Harbour Community Centre.
- AP-it. Computer health-checks, upgrades, data backup. Tel: 01323 887894 www.ap-it.co.uk
- **Boatshed Brighton** 10% off brokerage through Boatshed, Sussex' most highly rated yacht brokers. 079200 22540 timkingston@boatshed.com https://brighton.boatshed.com
- CoCo Hair Hair and beauty salon. The Waterfront, Sovereign Harbour. Also require proof of Harbour address. 01323 471147 www.cocohair.co.uk
- **Curry Leaf Restaurant.** On eating-in food costs. 8 Susans Road. Tel: 01323 727900 www.just-eat.co.uk/restaurants-curryleaf-bn21/
- **Listening to You.** Discount on Counselling services. Strictest confidence. 07976 399 998 www.listening-to-you.co.uk
- Osteopathy Michael Woodleigh BSc Hons (Osteopathy), offers this very specialist form of therapy, which is non-invasive and highly effective. Michael, who has been serving Sovereign Harbour Medical Centre since it opened, offers SHRA members a free initial consultation. This offer is limited to members of the SHRA and is subject to the first consultation with Michael only.
- **Pablo's Restaurant.** The Waterfront. On food costs only for no more than four persons Telephone: 01323 470400. www.pablos-eastbourne.co.uk
- **Planet Golf** a 12-hole, space themed, glow in the dark mini golf course, located at 20, The Waterfront is pleased to offer SHRA members the discounted opportunity to play as many holes as you can in an hour between 11am-6pm midweek when open (Monday to Friday, not weekends nor bank holidays) for £5 on showing their SHRA membership card. On Facebook... Planet Golf website....
- **Revival Car Care.** Discount on car valeting services. Tel: 07507 899191 www.facebook.com/revivalcarcare/
- **Simply Italian Restaurant.** The Waterfront. Discount on food costs only. 01323 470911 www.simplyitalian.co.uk
- **Sea Training Sussex (STS)**. On-line, shore-based and on-water powerboat and sailing courses. Discount on some training courses. Telephone: 07713 639066 www.seatrainingsussex.co.uk

Annual Membership of the SHRA is open to all households in owned or rented residential property located within the Sovereign Harbour estate, and owners of such residential property.

Join now online at: www.shra.co.uk/join

What's On at The Waterfront



The Waterfront builds its reputation as the go-to location for car shows and summer events in Eastbourne

The Waterfront at Sovereign Harbour continues to expand its reputation for being the go-to location for car shows and family-friendly days out this summer with a busy calendar of events.

This summer sees the return of the **Urban Beach** at The Waterfront which is now open for children and families to enjoy together and work on building the perfect sandcastle.

Celebrating and supporting small independent business in East Sussex, the second **Seasonal Artisan Market will be open on Saturday 8th and Sunday 9th July from 10am to 3pm** with locally produced goods on sale including cakes, pastries, sweet treats, spirits, homemade jewellery, candles, art, photography and more!

Working with local car dealerships and clubs, The Waterfront offers a perfect waterside backdrop for the displays of classic, American, military and supercars for the community to view for free. Whether you're a car superfan or just looking for a unique day out, save the dates below for the upcoming car shows at The Waterfront:

Wheels on The Waterfront – 9am to 12pm on the first Sunday of every month until October (includes this Sunday 4th June)

Now in its second year, the Wheels on The Waterfront events include a display of classic American cars. Plus, the July and August rallies will have live music from a European Elvis Presley tribute champion and The Redcatz rock 'n' roll trio.



Armed Forces Day 'Build-up' Event – 1pm to 6pm

The Invicta Military Vehicle Preservation Society will be celebrating an Armed Forces Day "Build-Up" event on **Saturday 24th Jun**e with a display of WW2 era vehicles onsite to view and live music by wartime tribute performer Jennie Castell.

Auto-Social with HPC Classics and Car & Classic – 9am to 12:30pm

Our largest car event to date! The Waterfront will be hosting an Auto-Social in partnership with local dealership HPC Classics and Car and Classic magazine and dealership on **Sunday 25th June**. The event will see up to 250 classic and supercars in the line-up for visitors to view for free and even look at buying! Plus, if you currently own a classic or supercar and want to be involved in the rally line-up, you can sign up to attend for free on the website.

Jaguar Enthusiasts' Club Car Rally – 6:30pm to 9:30pm

Hosting our first evening rally, the local Jaguar Enthusiasts' Club will bring 20 Jaguar vehicles on **Tuesday 18th July** for visitors to view and ask club members any questions they may have about owning and driving a Jaguar.

The Waterfront also boasts an array of restaurants, bars, cafés, health and beauty businesses and an indoor crazy golf all overlooking the marina views, together making it the perfect day out this summer.

For further details of all upcoming events and news at The Waterfront visit <u>www.eastbournewaterfront.co.uk</u> and follow the Facebook and Instagram pages.

Harbour Friends

Since the last report by the lovely Dave Hawkins, temporarily standing in for our fabulous Chair, Chris Underwood, we have held our AGM and Beetle Drive, an evening of tremendous fun and with prizes for the winners.

This was closely followed by a fascinating talk – and a trip down memory lane for anyone who was in the path of the storm of 1987. It was delivered by Siàn Trevellian of Henley Park, and included a lot of data and local information. We were all very grateful to Siàn and hope she might speak to us again on another of her subjects of interest.

On 10th May after the weekend of national celebration for the Coronation we were treated to a tremendous fun Quiz from Dave – and once again there were prizes for the many winners.

24th May saw the Ten Pin bowling at Hailsham and a great time was had by all.

The committee has many outings and events planned for this summer and later in the year, when a varied programme of events awaits! Just to mention a few, Lady Crabtree will be with us on 26th June, then the always popular Croquet and afternoon tea at the Saffrons on 5th July, and a trip to the Allchorn Pleasure Boats boatyard is all set for 19th July. More events are planned and I will tell you about these in the next edition of Waterlines.

We have a website, www.harbourfriends.co.uk, and a facebook page which can be found as 'harbour friends social group'.



Unfortunately we have had to close the books to new members for the time being as we are currently oversubscribed for members. But it's a great position for the club to be in, and to know we have so many wanting to join. Hopefully it won't be too long now before new friends will once more be able to join us.





Photos of the fabulous Beetle Drive and Fun Quiz in April/May.

Jan Say, publicity

Dog Wounded on North Beach

On Easter Sunday 8th April 2023, a dog, was seriously injured, whilst walking on the beach in North Harbour with it's owner. The dog was pierced by two fishing hooks, one in his mouth and one in his paw. The owner did not realise why the dog was not responding to her call. She



went to see why he was struggling to walk up the bank, and she noticed a fishing hook on his paw, with blood. She then saw another hook in his mouth. It was impossible for her to take the hooks out, and therefore she tried to see if anyone walking nearby had something sharp to cut them. But it was not possible to find anyone around who could help. Eventually she struggled back home with the dog.

It was extremely difficult for her to deal with removing the hooks as the dog was in so much pain, and eventually the poor dog was rushed to an emergency vet, who then had to sedate him as he was an old dog and there were risks as the hooks were in so deep. It was worrying that he may not wake up. Even with all the sedation, pushing the hooks through took two vets to hold him down, and it took over an hour to get both hooks out. The hooks were so thick that it was impossible to cut them with a set of wire cutters.

It's terrible that something so small can cause so much injury and trauma and the poor dog was whimpering throughout the operation despite being sedated. Pets are like family, and the owner thought she was going to loose him, and she was extremely upset, as was her little girl. Besides all the trauma this family went through with the upset and anxiety of seeing their beloved dog suffering, they had a vet's bill of £800 to pay, all because of the negligence of someone leaving their fishing hooks discarded on the beach.

This kind of an incident could easily happen to children or adults, or those who swim in the sea, not to mention wildlife.

We hope this report will act as a warning to all who use the beach to look out for discarded fishing hooks, and those who use our beach for fishing, we urge you to please take your discarded fishing items back with you and dispose of them properly. This also includes litter and bottles which have also been seen discarded on the beach.



Cooking with Faz Razeen

Chicken Penne Arrabbiata

Arrabiata" means "angry" in Italian is the spicy sauce for pasta made from garlic, tomato sauce, chilli flakes or fresh red chilli cooked in olive oil.

Chicken Arrabbiata pasta is a simple classic Italian dish which is easy to make. This dish is made with penne pasta, chicken breasts, garlic, onions and tomato sauce finished with grated Parmesan.

INGREDIENTS

1 tablespoon olive oil

450g chicken breast, cut into small cube size pieces

300g penne pasta

2 medium size tomatoes chopped

1 medium onion, finely chopped

2-3 large garlic cloves finely chopped

1 teaspoon red chilli flakes

2 tablespoons tomato puree

400g tin chopped tomatoes

30g freshly grated Parmesan

Salt and pepper for seasoning

METHOD

Bring a large pan of water to a boil, add salt generously and cook the pasta al dente according to the instructions on the package.

Meanwhile, heat the olive oil in a large frying pan and cook the chicken breast for 4-5 minutes over medium-high heat until no longer pink.

Stir in the onion, garlic, chopped fresh tomato and red chilli flakes and continue to cook for another minute.

Add the tomato paste and chopped tin tomatoes and stir to combine. Lower the heat and simmer for 10 minutes until the sauce thickens.

Add the tomato puree and chopped tin tomatoes

immediately with grated Parmesan on top if you like.

10 minutes until the sauce thickens.

Season to taste and bring to a simmer. Lower the heat and simmer for Transfer the cooked pasta to the large frying pan and stir in the Parmesan and basil. Serve



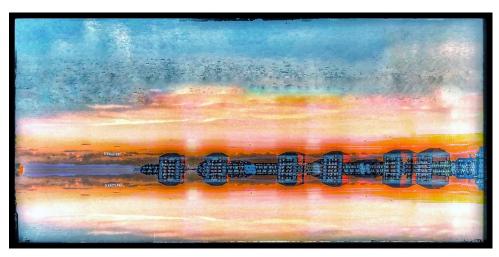
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Sovereign Harbour Photo Club

As the weather slowly improves with warmer days and lighter evenings, we were inspired to go out on a photoshoot last week to Gildredge Park and our members duly assembled on Tuesday evening looking for inspiration. Needless to say there was plenty of wildlife and flowers to keep everyone and busy and we will be reviewing the results in due course. We continue with out weekly challenge topics and this month has seen topics of, 'Gold', 'Contrasts', 'Decorations' and 'Forms in nature'. It leaves members with total flexibility, as to how they interpret the topic and what their composition is.

With our monthly competition on our facebook page and that of 'Eastbourne Photographers hub', based on the number of 'likes' given by people viewing our pictures, we post the winners (in two categories, Mobile phone and camera), as the header picture on our facebook page for half the month each. Aprils winners were Roger with his Cormorant picture (below), and Bob with an abstract art complication of the outer harbour. (Below)





An example of the 'Gold' topic is shown below, which was achieved by spinning 'lighted wire wool' around, and using a slow shutter speed. Fear not, it's not as dangerous as it looks, albeit, we wouldn't suggest you try it in your lounge!



Another example of the 'contrasts' category is shown, which simply reflects the amazing skies we encounter around the harbour.



Apart from reviewing members contributions, based on the weekly topic, we also have regular tutorials, based on various elements of photography. This month we have covered, 'Focus', Low key and High Key pictures, camera sensors and this Tuesday we will be looking at 'Composition', which is of course the most important element of any picture

If you enjoy photography and would like to join our group, we would love to see you. You simply need to be a Sovereign Harbour yacht club member and there are no more fees to pay. We try to help everyone get the best from their photography, albeit with a smart phone or a high end digital SLR camera. Obviously some members are total novices, with a real desire to learn and improve, but we also have a lot of experienced members who are keen to help anyone who wants to improve their abilities.

We are sure everyone must have taken pictures without realising that annoying lamp post was in the shot, we we can also help with that, using post picture editing tools (apps) which are very effective at sorting those kind of problems and we can teach you how to use that quite simply.

If you are a yacht club member already and have noticed the photo gallery up the main staircase, please take the trouble to view the pictures, taken by our members and which are renewed on a regular basis. If you want more information, you can also contact me Bob Stanborough (secretary) at shpcuk@outlook.com

Keep 'snapping' and keep checking our Facebook page '<u>Sovereign Harbour Photoclub UK</u>' for updates and information.

Bob Stanborough (Secretary)

Sovereign Harbour Centre Now Open hire Available for hire



Sovereign Harbour Community Centre is a purpose built facility, providing multiple rooms for hire for meetings, conferences, social events or weekly clubs.

Set near the Sovereign Harbour area of Eastbourne, Sovereign Harbour community Centre is near to retail outlets, free parking areas, main bus routes and accessible by road access. The community centre is open for one off and regular group bookings and is perfect for all occasions. Available for hire to clubs, groups, meetings, and events. The space can also be hired for birthday parties, baby showers, and other special events.

Our Main Hall is perfect for parties and large events, with access to outside area suitable for BBQ's or play.



As a medium sized hall, our Multi Functional Room is suitable for small parties, larger meetings, social club gatherings as well as classes.



Our Meeting Room is ideal for small meetings, conference breakout room or small club gatherings.







The Crumbles, Pevensey Bay Road, BN23 6JH 01323509859



sporteastbourne@waveleisure.co.uk www.sporteastbourne.co.uk





TRIBUTE NIGHT

EASTBOURNE TOWN HALL Doors open 7.00pm SAT 17th JUNE 2023

TICKETS £20

Refreshments included.

Contact:

Online
Ticket (
Seller.com

or 07780 475200

www.apexclusivevents.co.uk Supporting St Wilfrid's Hospice





EVENT AND WEDDING PLANNERS

FORTHCOMING EVENTS 2023/24

Friday 8th Sept 2023

ELTON JOHN SPECTACULAR SOVEREIGN HARBOUR COMMUNITY CENTRE



Sunday 8th Oct 2023

SOVEREIGN HARBOUR YACHT CLUB WEDDING SHOWCASE



Sunday 26th Nov 2023 CHRISTMAS FAYRE
WELCOME BUILDING
EASTBOURNE



Friday 15th Dec 2023 SPECTACULAR XMAS PARTY with Gary Barlow Tribute SOVEREIGN HARBOUR COMMUNITY CENTRE



Sat / Sun 6/7 Jan 2024 EASTBOURNE WEDDING SPECTACULAR WELCOME BUILDING, EASTBOURNE



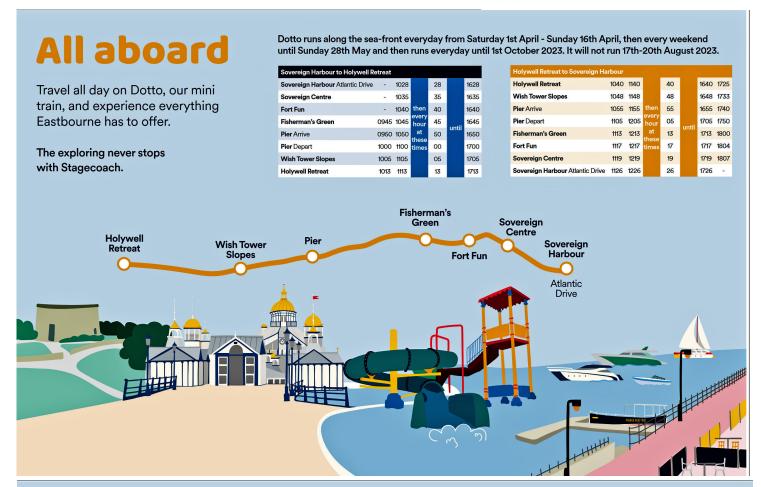
Sat / Sun 2/3 March 2024 THE HOME & LEISURE SHOW WELCOME BUILDING, EASTBOURNE

For details - Tel: 07780 475200

email: info@apexclusivevents.co.uk

web: www.apexclusivevents.co.uk





Dotto runs along the sea-front everyday from Saturday 1st April - Sunday 16th April, then every weekend until Sunday 28th May and then runs everyday until 1st October 2023. It will not run 17th-20th August 2023.



Holywell Retreat to Sovereign Harbour							
Holywell Retreat	1040	1140		40	until	1640	1725
Wish Tower Slopes	1048	1148		48		1648	1733
Pier Arrive	1055	1155	then	55		1655	1740
Pier Depart	1105	1205	every hour	05		1705	1750
Fisherman's Green	1113	1213	at these	13		1713	1800
Fort Fun	1117	1217	times	17		1717	1804
Sovereign Centre	1119	1219		19		1719	1807
Sovereign Harbour Atlantic Drive	1126	1226		26		1726	_

If you want to catch a ride, Dotto is running along the sea-front everyday from Saturday 1st of April, then every weekend until Sunday 28th May. From then, it'll run each day until October 1st 2023 (Except August 17th-20th 2023 (Airbourne) where it will not run).

Dotto costs just £2.50 for a single ride (£1.40 for children aged 5 to 15). A 'ride' is any single journey the length of the route, or between two immediate stops and perfect to add a new experience to a day of adventures. Or, you can grab a Day Ticket, £5 for adults and £2.50 per child (ages 5 to 15) to let you and your little ones hop on and off of the Dotto as many times as you need to in one day!

Running as a turn-up-and-go service which operates on a first-come-first-served basis means pre-booking is not available for Dotto.

St Wilfrid's Open Gardens 2023









Our Open Gardens season returns for 2023 with a full season of events! From lakes to sculpture exotic fruits to rose gardens, formal beds to wildflower meadows, there really is something for everyone at our beautiful Sussex gardens (see list on next page).

Many of our gardens will also feature wonderful extras, such as live bands, interesting stalls, delicious home-baked cakes and refreshments, informational talks and more.

It really is the perfect summer's day out, and we can't wait to welcome you back to a full season this year. No pre-booking is required – you can turn up on the day and make an entry donation.

Find out more, request a brochure or to purchase an Open Gardens Annual Pass at: <u>stwhospice.</u> <u>org/opengardens</u> or call Michele on 01323 434224







Open Gardens at a glance

April 15th Saturday 'Squirrels'

The Street, Ar Ington **BN26 6RX**

April 22nd S turday **Carters Corne**

Cowbeech Hil BN27 4JA

Farm

April 26th Wednesday **Bates Green**

Tye Hill Road, Arlington **BN26 6SH**

Cowbeech

May 13th Sa urday

Cowbeech Ho

Cowbeech BN 7 4JF

May 28th Su Iday

Sunniva Harte s Garden Oak Gate, Har tham Street, Hankham BN2 | 5BG

June 3rd Saturday **Sherrington Manor** Selmeston BN26 6UB June 17th Saturday **Friston Place**

Friston BN20 0AH

July 5th Wednesday St Wilfrid's Hospice Gardens

1 Broadwater Way, Eastbourne BN22 9PZ Booking necessary

July 12th Wednesday

Waldron Gardens, Rafters Whitehouse Lane, Waldron TN21 00Y and

The Old House

The Street, Waldron TN21 0QX

July 15th Saturday and 16th Sunday

Longleys Farmhouse

Harebeating Lane, Hailsham **BN27 1ER**

July 29th Saturday Limekiln Farm Chalvington Road,

Chalvington BN27 3TA

August 5th Saturday **Pashley Road Gardens**

6 Pashley Road & 8 Pashley Road, Eastbourne BN20 8DU

August 10th Thursday **Lottbridge Golf Club Family** Open Day

Lottbridge Drove, Eastbourne BN23 60J

August 13th Sunday Oldfield Road Garden

23 Oldfield Road, Lower Willingdon BN22 90D

September 2nd Saturday Knightsbridge House

Grove Hill, Hellingly **BN27 4HH**

Garden opening times are 11am-4pm for all the gardens except Bates Green 10am-4pm, St Wilfrid's gardens 10am-3pm and Longleys Farmhouse 11am-5pm both days.









Oliver's Postcards

A <u>new</u> set of eight professionally printed postcards for a £10 donation to Eastbourne RNLI

The colourful images have been drawn by talented, 13 year old Oliver from Eastbourne, who is autistic. His first set of cards raised over £1,200 for the RNLI Email Anna to order & donate: blandanna62@yahoo.com







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