



Welcome to the April issue of *Waterlines*. We hope that you find items of interest. Your comments, suggestions, and input are always welcome. Email: waterlines@shra.co.uk.

SHRA Annual General Meeting

SHRA's AGM will be held on **Thursday 11 May at 7.30 pm (doors open 7pm) in the Haven School, Atlantic Drive**. As well as finding out about the committee's activities since the last AGM, there will be an opportunity to put questions to Caroline Ansell MP (Parliamentary business permitting) and the newly elected Ward councillors. We also hope to arrange another guest speaker or two. Further details, the AGM Agenda and SHRA's Annual Report will be circulated nearer the time. Only SHRA members showing proof of membership are permitted to attend the AGM.

Contents

Beach Dangers and Signs	2
Update on Coastal Management Scheme	3
Reminder - New Polling Station ID Rule	5
Brown-tail Moth Caterpillars	6
Sovereign Harbour Bowls Club	6
Community Centre	6
Harbour WI	7
Sovereign Harbour Yacht Club	8
Royal Sovereign Bowls Club	8
Blake Hawkins - Badminton Achievement	9
New Words for your Dictionary	10
Pevensey Bay Sailing Club	10
Discount for SHRA Members	11
Site 7a - Aldi Application Update	12
Eastbourne Historic Vehicle Club	12
Spring & Summer at The Waterfront	12
Cooking with Faz Razeen	13
Sovereign Harbour Photo Club	14
Dotto Train Timetable 2023	16
Emergency Alerts System Test	17
St Wilfrid's Open Gardens 2023	18
Oliver's Postcards	20

Our thanks to the companies below for their generous sponsorship of Waterlines for 2023

**GINGER & SANDERS**
PROPERTY SALES & LETTINGS

**10 YEARS**
2012-2022

FIRST RESPONSE LEARNING
PROFESSIONAL - COST EFFECTIVE - QUALITY TRAINING
FIRST AID AT WORK EAST SUSSEX

T: 0800 999 0100 M: 07808 964796
E: enquiries@firstresponse.co.uk

**Victoria Healthcare Management**

Private Medical Insurance Brokers
Honest, tailored advice. Harbour based.

• 01323 301 270 • info@victoriahm.co.uk
www.victoriahm.co.uk

**The Flat Specialists**
Property Consultants
"Empowering you to manage your property"

Office: 01323 736422 Mobile: 07809 436818
E-mail: peter@theflatspecialists.co.uk
Website: www.theflatspecialists.co.uk

**PRactical BOAT TRAINING**
seatrainingssussex Shorebased + Online

W: seatrainingssussex.co.uk T: 01323 387141

HOBDENS
property management ltd
info@hobdensmanage.co.uk
01903 724040



Specialising in Block & Estate Management since 1946

**AP-it**
Your local friendly I.T. Service
Computer and Laptop repairs for Residential and Business clients...



01323 887894 - 07900 473134 - www.ap-it.co.uk

Beach Dangers and Signs

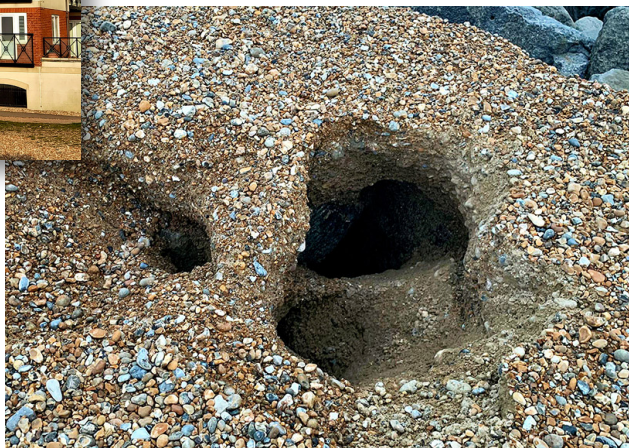
SHRA committee member Rajendra Pisavadia has raised concerns about the deep potholes on the North Harbour beach near the rock revetment with the Environment Agency (EA) and received the following response from Pevensy Coastal Defence Ltd (PCDL)

“PCDL maintain the sea defences with regards to shingle recycling and profiling. We are not responsible for the design of the rock armour. When we have dumpers working in the area, we will tip shingle along the top of the revetment which in turn does temporarily cover voids that may be visible along the top of the beach. The voids (not sink holes) are a natural occurrence with the design of the rock armour sea defence as the voids help dissipate the energy from the waves. With the recent spring tides and weather, the waves have forced shingle to fall through the voids.

Before the end of this season’s recycling campaign we do expect to be working near the harbour and if the dumpers are running at that time, we will be able to fill voids with loss shingle where practicable. Over the summer, the shingle will likely wash out and the voids will return but as previously mentioned this is the function of the design of the armour.

There is Caution signage near to the armour on the beach as well as the Macquarie Quay entrance displayed by both the Environment Agency and Premier stating to persons to be aware of the rocks.”

It is true there are warning signs, but we do urge everyone to take extra care on the beach in the area affected and keep an eye on children and dogs (and phones!).



Please Note that the club info below should be confirmed before attending any events.

Harbour Friends



Harbour Friends meet every Wednesday evening at 7.30 at the Yacht Club.

For the uninitiated, Harbour Friends is a social group of Harbour Residents, of all ages, both singles and couples, with the purpose of building friendships and generally enjoying life on our lovely harbour.

Events are open to members only so why not join. At only £17.50 per year this is a bargain.

For further information please visit the Harbour Friends website at: www.harbourfriends.co.uk

Rotary Club of Sovereign Harbour



The Rotary Club of Sovereign Harbour meets every Tuesday at 7:00pm for a buffet dinner in Seasons at the Sovereign Harbour Waterfront. Visitors and any prospective new members are very welcome to join us.

For more information please visit the Rotary Club of Sovereign Harbour website.

Note that when reading ‘on-line’ in your web browser, [links](#) from this PDF version of *Waterlines* may not always open in a new window or tab. Hovering over the link and pressing down on your mouse wheel may work. Or, from a followed link press the “back” button of your browser to return to *Waterlines*; or download the PDF to your device.

Please consider printing copies of *Waterlines* to hand to neighbours who may not use the Internet.

Update on the Pevensey Bay to Eastbourne Coastal Management Scheme

Pevensey Bay to Eastbourne Coastal Management Scheme

An update from the Pevensey Bay to Eastbourne Coastal Management Scheme

We have recently issued our second project newsletter. Here we have included some snippets from it, but if you would like more information then please visit our website where you can also sign up to our mailing list for future communications: www.pevenseyandeastbournecoast.co.uk

Environmental works

We are currently working on a Strategic Environmental Assessment (SEA) to identify how we can make improvements to the environment whilst minimising possible negative impacts.

We are also looking at how we can merge landscape improvements into the design of the flood risk solutions and aim to have these designs ready for review in the winter alongside the SEA.

Marine habitats may help to reduce flood and erosion risk by reducing wave power, whilst also improving biodiversity and absorbing carbon. We are therefore working with partners to understand the different forms of marine habitat that may be suitable for this area of coastline.

Working with Schools

In December, we held a workshop with over 60 secondary school students from the Coastal Schools Partnership in East Sussex. The students learned about the scheme and today's coastal challenges. They then took part in a flood risk planning activity, where they considered all possible options to decide which flood risk solution would be best for their allocated zone. Students then had the opportunity to discuss the activity and their choices with parents at the end of the day.

Our post-workshop survey showed that 100% of respondents felt they better understood the impact of rising sea levels and how we can protect against this. The full report can be found on our project website.



Continued on page 4

Maritime Volunteer Service

The Maritime Volunteer Service (MVS) is a charity organisation

which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.



Training nights are held every Tuesday evening at 19:30 in the new MVS unit within the Boat Shed. New members are always welcome, but give us a call first so we can organise for someone to greet you. For more information, [visit the MVS website](#) or [E-mail MVS](#) or Tel: 01892-853500.

Ward Councillor Surgeries

The Sovereign Ward councillors hold a surgery on the third Saturday of the month between 10.30am to 12.30pm in the Simply Italian restaurant on The Waterfront

The Haven Players

The Amateur drama group based at the Memorial Hall, Dittons Road, Stone Cross. Members include Sovereign Harbour residents.

Visit their Website for details: www.havenplayers.co.uk

Royal Sovereign Bowls Club

Situated at the bowling greens in Princes Park, there is seating for non-bowlers and spectators around both of the greens.



Open daily from the end of April until end of September each year.

New members, whether new to the game or who have played previously, are welcome. Please visit our website for more details royalsovereignbowls.wordpress.com

Promoting the project

We have installed 3 gabion display units along Eastbourne seafront to share project information and to help increase community and visitor awareness of the scheme. We hope to extend these displays to more locations within the project area soon.

Our project posters have also been displayed in bus stops and community centres within the project area, and our logo was displayed on several lamppost banners in Eastbourne.



Have you seen our gabions, posters or banners around Eastbourne and Pevensey? We are running a short survey about our displays so please [visit our website](#) if you would like to take part.

Getting involved with the project - reminder

The project team are seeking to work with residents, groups, and organisations local to Sovereign Harbour to begin forming a new community stakeholder group to represent Sovereign Harbour on the Pevensey Bay to Eastbourne Coastal Management Scheme. We are looking for a diverse range of people who represent different parts of the community to meet with us on a frequent basis to receive updates on the project, work with us to shape the future of the coastline and disseminate information back to the wider community.

If you would like to be involved or learn more, you can do so by contacting us at by email: PevenseyandEastbourneCoast@environment-agency.gov.uk

Environment Agency

<https://www.pevenseyandeastbournecoast.co.uk/>



Sovereign Harbour Yacht Club



We welcome new members at any time. You don't need to own a boat. Lots

of social functions and many other varied activities throughout the year.

We have great food and discounted drinks to our members and are the only club in the harbour selling Harveys beer!

Our opening hours are:

Tues–Thurs	17.00-23.00
Friday-Saturday	12.00-23.00
Sunday	12.00-18.00

Call in and speak to Sarah to view the club, or contact the membership secretary, Linda Hayler.

Tel: 01323 470888

membership@shyc.co.uk

Website: www.shyc.co.uk

Sovereign Harbour Bridge Club

We hold our duplicate bridge sessions every Tuesday and Thursday, in the first floor bar of the Sovereign Harbour Yacht Club.



Please arrive by 13:00, for a prompt 13:15 start. Hosts are provided, so a partner is not necessary.

We extend a warm welcome to both experienced and novice players, we are a very social club with members often partaking in activities together including having a drink in the bar when our bridge finishes at 5pm.

Please visit our web site for more information: www.bridgewebs.com/sovereignharbour/

Reminder - Photo ID Required to Vote

The UK Government has introduced a requirement for voters to show photo ID when voting at a polling station. This new requirement will apply for the first time in Eastbourne at the local elections on **Thursday 4th May 2023**.



At these elections, you will need to bring photo ID to be able to vote at a polling station.

If you don't have an accepted form of photo ID, you can apply for a free voter ID document known as a **Voter Authority Certificate**.

Which forms of ID can I use to Vote?

You can use any of the following accepted forms of photo ID to be able to vote at the polling station:

- UK passport
- A passport issued by an EEA state or a Commonwealth country
- Photo driving licence (including provisional licence)
- EEA identity card
- A biometric immigration document
- Older person's bus pass
- Disabled person's bus pass
- A PASS card

If you have a form of accepted photo ID which is out of date, you can still use it at the polling station, if it still looks like you.

If you don't already have a form of photo ID, or you are not sure whether your photo still looks like you, you can apply for a free Voter Authority Certificate.

How to apply for a Voter Authority Certificate

The deadline to apply for a Voter Authority Certificate for use at the local elections in May is 5pm on Tuesday 25th April, but you should apply sooner in case we need to check any details with you.

You can apply for a Voter Authority Certificate online at:
<https://www.gov.uk/apply-for-photo-id-voter-authority-certificate>

You can also apply by using a paper application form. Contact us and we will send you one.

Are there other ways to vote?

You don't need to provide ID if you vote by post. To apply to vote by post you need to complete and return an application by 5pm on Tuesday 18 April.

You can download a form from <https://www.electoralcommission.org.uk/i-am-a/voter/apply-vote-post> or you can contact us, and we will send you one. Completed forms can be returned as email attachments or by post. If you have any questions, please do not hesitate to contact us.

Electoral Services,
Eastbourne Borough Council
Town Hall
Grove Road
Eastbourne, BN21 4UG
Email: elections@lewes-eastbourne.gov.uk

Sovereign Harbour Berth Holders Association

The Sovereign Harbour Berth Holders Association was formed in 1999 and is RYA affiliated. The Association benefits the berth holders as well as the harbour management.

Membership offers discounts from local trades people, free RNLI safety courses, workshops and other courses. Visit their website for more information: www.shbha.co.uk

Sovereign Harbour Short Mat Bowls Club

We have been advised that the NHS will shortly be leaving the Community Centre.

Once the Centre has been made good we will be able to recommence bowling there and are very much looking forward to returning to our home venue.

In anticipation of this, we will be looking for new members. If you would like to join our very friendly and social club on a Thursday afternoon we would be pleased to welcome you, whether you are an established player or a new player.

We do not have a date for returning to the Community Centre yet so, in the meantime, if you are interested in joining us please contact the Secretary Anne Newson either by e-mail at newson17@live.co.uk or by phone on 01323 472259



Brown-tail Moth Caterpillars

As most will know the hairs of the caterpillar of these moths are an irritant. During the winter we received a number of emails from concerned residents about the cocoons on shrubs fronting Macquarie Quay, Nautica La Marina, Caroline Way and Chatsworth, and on the harbour spit.

SHRA wrote to the various estate management companies and Premier Marinas pointing out that winter is the best time to dispose of them before they become active in the spring. Wildheart who manage Chatsworth was the only company who responded.

We have now observed that the caterpillars are waking up and will soon be at their most dangerous when the hairs on the caterpillars can cause irritation to the skin, and can also stimulate breathing problems like asthma if breathed in. The skin rash can last up to three weeks. Direct contact with larvae is not necessary, as the hairs are shed and can become windblown. Dogs can also be affected.

The reactions are due to a combination of mechanical and chemical stimuli, the barbed hairs in effect becoming lodged in and physically irritating the skin, and also functioning as microtubules to introduce irritating chemical compounds.

SHRA has written again to the management companies urging them to do more before the caterpillars mature and spread further afield. Wildheart replied once again saying that they will ask their gardeners to look into it (as they did in January!) and Victoria Quay who manage Macquarie replied saying that their gardeners have dealt with the problem. We checked this week and there was no evidence of caterpillars or webs in the bushes on Macquarie's section of beach.

Sovereign Harbour Bowls Club - Short Mat Bowls

We have been advised that the NHS will shortly be leaving the Community Centre. Once the Centre has been made good we will be able to recommence bowling there and are very much looking forward to returning to our home venue.

In anticipation of this, we will be looking for new members. If you would like to join our very friendly and social club on a Thursday afternoon we would be pleased to welcome you, whether you are an established player or a new player.

We do not have a date for returning to the Community Centre yet so, in the meantime, if you are interested in joining us please contact Anne Newson on 01323 472259 or email: newson17@live.co.uk.

Community Centre

We understand that the NHS have now vacated the community centre and that there are plans to set up some sort of steering group made up of representatives from local groups or individual residents to help manage the centre in the future. We hope to have more news on this soon.

Sovereign Harbour Art Group

The Sovereign Harbour Art Group classes resumed on Thursday mornings at Christ The King Church Hall, Princes Road (Langley Roundabout) between 10:00am - 12:30pm.

Learn to paint with acrylics, oils, watercolours and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment. Fees are £10 per person for each 2.5 hour session, which covers hall hire and tuition. Annual membership fee is £6.

For more information please phone Phone Angela on 07914-884378 or visit the Art Group's web page at: www.shra.co.uk/artgroup/

Eastbourne Age Concern Walking for Wellness



Every Thursday morning starting at 10.30am Walk length: 75 Minutes. Meet outside Seasons restaurant at 10.30am for a vigorous circular walk of up to 3 miles around the harbour, marina and shoreline. It does you good! There is some uneven ground. Ends back at cafe for refreshments. [Visit website for further details.](#)

The Garden Bar Sunday Football Team

The team plays its home games at Hampden Park, and have been champions of the Lewes and District Premiership. They have been runners-up in several knock-out cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or email gardenbar@hotmail.co.uk

Harbour WI - Meeting Report

Three visitors were welcomed by President Jacquie Frost to a lively March meeting of the Harbour WI.

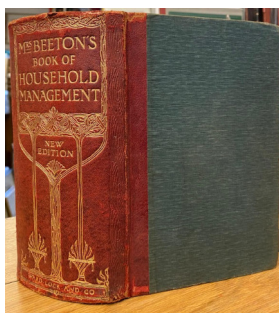
Jacquie then introduced the speaker Gillian Halcrow who gave an illustrated talk titled 'Food, Drink and Table Manners.' Gilly showed a picture of the Duke and Duchess of Devonshire entertaining 16 people for dinner in the beautiful dining hall in Chatsworth House around 1900. She said there would have been at least six courses! Food was very important and was used to show wealth and status.

The Norman invasion in 1066 put French noblemen in elevated positions in society and they brought different eating habits to our shores. More varied meals were eaten. Long tables were used. A top table and tables joined at right angles. The higher your status, the nearer you sat to the top table.

As far back as 1200 in the reign of King John, food differed between the classes. Only the manor houses had ovens and baked their food. The lower classes lived in mud huts and had a central fire for warmth and cooking. Food was originally served on baked bread known as 'trenchers' and it wasn't until the 1600s in Elizabethan times, that wooden plates started to be used. Pottery and china came much later.

Storage was a problem as well and water was mostly polluted so it was beer, cider and mead that were drunk with the food, even by the children. The 1800s saw changes with the sewers being built and water becoming drinkable! 1800 also brought changes with lots of cooks and staff becoming unemployed after the French revolution. They started opening eating houses. The beginning of restaurants!

Books were being written on etiquette, remedies and recipes. Mrs Beeton wrote her book in 1861. 'The Book of Household Management' sold nearly two million copies before she died. By 1900 and the Boer war it was discovered that 38% of the young men were below physical standard to fight and free meals were introduced in schools, followed by free milk in 1946.



Today we have restaurants, cookery books, cookery programmes on the television and good food in our shops. Gilly made it intriguing to learn how it all evolved. She was thanked for her talk by Diane Beere, who called it 'Fun and Interesting'.

Secretary Daphne Chamberlain informed members of upcoming events including the National Federation AGM in Cardiff and the East Sussex Federation AGM in the Winter Gardens, Eastbourne on the 29th March. Six £200 Bursaries, to be used for local education courses, will be chosen at the event.

After tea an Easter Bunny and chocolate Easter Egg were raffled by Jackie Stevens alongside the normal monthly raffle, to raise extra money for the charities supported by the Harbour WI.

Continued next page

Residents of Sovereign Harbour Facebook Group

An active group on Facebook with news, photos, information, events and other posts and discussions on local issues from Sovereign Harbour residents.

www.facebook.com/groups/129998750673307



Sovereign Harbour Community Facebook Group

An active group on Facebook with news, events and commercial information from Sovereign Harbour residents.

www.facebook.com/SovereignHarbourCommunity



The Greener Harbour Facebook Group

A new Facebook Group giving a voice to all those concerned about climate change and to those who would like to make Sovereign Harbour a greener environment. If you would like to work towards the following, please subscribe

- a better bus service in the harbour;
- an end to the dumping of sewerage in the sea;
- maximum use of solar power and other renewable energy in the harbour;
- more nature-rich green spaces and more trees
- a cycle path all the way into Eastbourne.

<https://www.facebook.com/groups/3398508230472303>



A vote was also taken to decide on the charities the members would like to support in the coming year.

The next meeting is on Monday 17th April at 2pm in the Sovereign Suite of the Sovereign Harbour Yacht Club. Alan Wenham is giving a talk called 'The Story of Terminus Road'. Information on the

Harbour WI can be found on the SHRA website. www.shra.co.uk/wi

Sovereign Harbour Yacht Club

Our weekly Thursday night quizzes remain as popular as ever and since the middle of January we have included a couple of Saturday night music quizzes and an audio/ entertainment quiz.



There has also been a Race Night, a Call My Bluff Evening and a Rock 'n' Roll Night with teachers Peter and Jacky and The Jivebeats. We have also had a Valentine Steak weekend and an Italian Food Weekend.

Our Racers had their Prize Giving Dinner with the band QI in February and we have also hosted two other live music nights with Highway24 - the very talented Mel and Mike Hayes Country Duo and the ever popular Sussex covers rock band - The Pearly Cubes.

And all that over a two month period. So come and see us on the 1st floor and maybe pick up a membership form from the bar. You don't have to be a boat owner to be a member of the Yacht Club.

See you soon.

Ros Saunders

Communications Secretary

Royal Sovereign Bowls Club Open Days



Royal Sovereign Bowls Club are holding Open Days on

Saturday April 15 and Sunday 16 from 10 – 4 both days.
The Greens, Princes Park, Eastbourne

Come along and meet us. Try the game for free.

No equipment required except for flat soled shoes.

Refreshments available.

It's a great way to meet new friends, socialise
and have some gentle exercise.

We look forward to meeting you.

Pevensey Bay Sailing Club



Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the harbour. General sailing, training at all levels and regular club racing and social events.

We welcome beginners and experienced sailors alike and we sail at the weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, and a sun terrace with stunning views over the bay to Bexhill and Hastings. Do come and have a look round the club at any time or contact the membership secretary by email: membership@pbsc.eu
Website: www.pbsc.org.uk

The Garden Bar Golf Society

We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail gardenbar@hotmail.co.uk

Sovereign Harbour flickr Group



The Sovereign Harbour Eastbourne Group on flickr is an on-line public gallery to view and upload photos of Sovereign Harbour. Website: www.flickr.com/groups/sovereignharboueastbourne/

Blake Hawkins - Badminton Achievement

Just thought I would share the news of my son's recent achievements in the sport of Badminton.

Blake has turned 12 years old this year and is a Harbour resident. He started playing badminton at the age of 9 and has since become a Sussex County U12 squad player. He has also gone on to become one of the brightest prospects the County has produced in many years.

Blake recently attended his 1st National Badminton England U13 Bronze Tournament held in Winchester (Hampshire) during half-term on Tuesday 14th February.

He made it all the way to the boys plate singles final and came away with a silver medal (see image below). This a massive achievement in his 1st National competition that pits all the best players within their respective Counties from all over the Country against each other.



He has also won 4 x other regional competitions throughout Sussex and Kent.

He dreams to one day become a professional player and represent his Country.

Blake is also looking for sponsorship of his badminton journey due to the high costs involved with travelling to tournaments, equipment requirements and training sessions. He is happy to promote local or national businesses on his travels and if anyone has any suggestions or can help with this it would be much appreciated.

He is now working hard towards securing a place at the national finals at the end of the year... Go Blake!!!

East Sussex Junior Badminton Academy (ESJBA) are always open to new Junior members, so if anyone aged 8-17 years would be interested in giving badminton a go they can always get in contact with me for further details: bobsyhawkins@hotmail.com

Robert Hawkins

East Sussex Junior Badminton Academy
<https://esjba.co.uk/>

Sovereign Harbour Photoclub UK

The Sovereign Harbour Photoclub UK meets on Tuesday evenings from 7pm over coffee, in the Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals are welcome.

The objective of the club is help our members take better photographs with camera or smart-phone and to increase members knowledge and ability through projects, exhibitions and competitions, supported by talks and demonstrations. Young photographers especially welcome.

If interested in taking part, please e-mail Bob Stanborough (club secretary) at: shpcuk@outlook.com with your name and a daytime telephone number.

Langney Sports Indoor Bowls Club

This modern members only facility has 6 full size indoor bowls rinks and is located near to the harbour directly behind the Eastbourne Borough football clubhouse in Priory Road, Eastbourne.

Both experienced and novice bowlers are welcome to come along by prior arrangement, to see what is on offer and to have a go before committing to any membership.

The bowls rinks are open from 9.30am right through to 10pm every day throughout the year, so this is a great way to get exercise and meet some new friends.

Annual membership is £90 per member, with members then paying just £2 per 2 hour session of play. Members of the bowls club are entitled to use the bars and clubrooms of the adjacent football club, with discounted bar prices.

Please do get in touch direct with me, David Hawkins, for further information via my business email of: sovtechnical@gmail.com

New Words for your Dictionary

The Washington Post asked readers to take any word from the dictionary, alter it by adding, subtracting, or changing one letter, and supply a new definition.

Here are a few of the suggestions:

- Intaxication: Euphoria at getting a tax refund, which lasts until you realize it was your money to start with.
- Reintarnation: Coming back to life as a hillbilly.
- Ignoranus: A person who's both stupid and an a**hole.
- Giraffiti: Vandalism spray-painted very, very high.
- Arachnoleptic fit (n.): The frantic dance performed just after you've accidentally walked through a spider web..
- Inoculatte: To take coffee intravenously when you are running late.
- Hipatitis: Terminal coolness.
- Karmageddon: It's, like, when everybody is sending off all these really bad vibes, right? And then, like, the Earth explodes and it's, like, a serious bummer.

LIFE IS
BETTER
WHEN
YOU'RE
LAUGHING.

Pevensey Bay Sailing Club

We have now just reached the beginning of our sailing season after the winter close period where we temporarily hang up our dinghy boots. As always in this period we take the opportunity to spruce up the club. This year has seen the clubhouse painted, the access road mended, trees planted, safety boats and their trailers overhauled.



We started dinghy racing on Sunday 26th March and will start our Saturday youth and adult training on the 15th April. Tues and Thursday evening sailing will commence at the beginning of May.

We have enjoyed a couple of social events this year, a Burns night supper in February and a Curry and Quiz evening in March. Thereafter we will have a social event once a month on a Saturday evening and along with a number of impromptu BBQ's on our balcony overlooking Bexhill and Hastings on the warmer weekend evenings.

We have an **Open Day on the 29th of April** where we offer prospective members a taster sail and a tour of the club. Please do come and have a look round, refreshments will be on sale. If you wish to sail please book via our website www.pbosc.org.uk

In July we will be hosting the East Sussex Coastal Federation Regatta. The Federation encompasses 6 clubs from Newhaven in the west to Rye in the east who compete for the Federation trophy. The Regatta will be for Juniors (Saturday) and adults (Sunday) and will include a BBQ social on the Saturday night. Some 200 visitors and hosts are expected to be on site with 50 dinghies expected to compete each day. If you would like to learn more about membership please email membership secretary Dave Watson on membership@pbosc.org.uk Website: www.pbosc.org.uk/

Adrian Peckham

Harbour Women's Institute (WI)

The Harbour branch of the W.I. meets on the second Monday of the month at 2:00pm in Sovereign Harbour Yacht Club. It also has a Craft Club with separate meetings.

theWI
INSPIRING WOMEN

If you are interested in taking part, please contact Frances Harrap on: 01323-472649.

Website: www.shra.co.uk/wi/

Harbour Exercise Classes

Mari-Anne is fully insured with a MSc in exercise physiology, specialising in clinical exercise and exercising with cancer.

Currently, classes are held virtually on Fridays: 9.15-10.10am Pilates.

Contact: Mari-Anne Elder
Tel: 07748 678030. Email: mariandy@btinternet.com

Sovereign Harbour Social Club

The Sovereign Harbour Social Club meets every Wednesday from 10:00am to 11:30am in the Simply Italian annex at The Waterfront for coffee. There are occasional outings for lunch, theatre, places of interest. All are welcome. For further details please contact Betty Saunders on 01323-479514. Website: www.shra.co.uk/shsc

Discounts for SHRA Members

The local companies listed below have kindly agreed to offer a discount to SHRA members on production of a SHRA Annual or Lifetime membership card. We hope this encourages you to support these local businesses.

Discounts are offered at the discretion of the proprietors. A typical discount is a 10% reduction. Terms and conditions may apply (e.g. may apply only to food or eating in and/or only on certain days or a limited number of persons). Please let us know of any difficulties.



- **Active Days Mobility Services.** Repairs and maintenance of mobility devices. 01424 532620 www.activedaysmobility.co.uk
- **AP-it.** Computer health-checks, upgrades, data backup. Tel: 01323 887894 www.ap-it.co.uk
- **Boatshed Brighton** - 10% off brokerage through Boatshed, Sussex' most highly rated yacht brokers. 079200 22540 timkingston@boatshed.com <https://brighton.boatshed.com>
- **CoCo Hair** - Hair and beauty salon. The Waterfront, Sovereign Harbour. Also require proof of Harbour address. 01323 471147 www.cocohair.co.uk
- **Curry Leaf Restaurant.** On eating-in food costs. 8 Susans Road. Tel: 01323 727900 www.just-eat.co.uk/restaurants-curryleaf-bn21/
- **Listening to You.** Discount on Counselling services. Strictest confidence. 07976 399 998 www.listening-to-you.co.uk
- **Osteopathy - Michael Woodleigh BSc Hons (Osteopathy),** offers this very specialist form of therapy, which is non-invasive and highly effective. Michael, who has been serving Sovereign Harbour Medical Centre since it opened, offers Sovereign Harbour Resident Association members a free initial consultation. This offer is limited to members of the SHRA and is subject to the first consultation with Michael only.
- **Pablo's Restaurant.** The Waterfront. On food costs only. No more than four persons Telephone: 01323 470400. www.pablos-eastbourne.co.uk
- **Planet Golf** - a 12-hole, space themed, glow in the dark mini golf course, located at 20, The Waterfront is pleased to offer SHRA members the discounted opportunity to play as many holes as you can in an hour between 11am-6pm midweek (Monday to Friday, not weekends nor bank holidays) for £5 on showing their SHRA membership card. [On Facebook...](#) [Planet Golf website....](#)
- **Revival Car Care.** Discount on car valeting services. Tel: 07507 899191 www.facebook.com/revivalcarcare/
- **Simply Italian Restaurant.** The Waterfront. Discount on food costs only. 01323 470911 www.simplyitalian.co.uk
- **Sea Training Sussex (STS).** On-line, shore-based and on-water powerboat and sailing courses. Discount on some training courses. Telephone: 07713 639066 www.seatrainingssussex.co.uk

Annual Membership of the SHRA is open to all households in owned or rented residential property located within the Sovereign Harbour estate, and owners of such residential property.

[Join now online at: www.shra.co.uk/join](http://www.shra.co.uk/join)

Site 7a Aldi Application

In February, Aldi's planning consultants, Planning Potential, submitted a "Supplementary Note on Employment Land Considerations and Retail Matters" to support their initial Planning Statement. The note states it has been prepared in response to feedback from a meeting – presumably with EBC officials. The Note seems to be an attempt to bolster justification for the Aldi store on employment and retail choice grounds.

In December, SHRA, along with many residents, wrote to EBC about the concerns we have over the Aldi application. In view of the new note from Aldi we have written again to refute some of the arguments made in the new note. Our response is available on our website <https://www.shra.co.uk/devsite7.html>

At the time of writing, the Aldi application does not appear on the agenda for EBC's planning committee meeting on the 17 April and the next one is not until the 12th June. SHRA has additional information about the Site 7A proposals here: <https://www.shra.co.uk/devsite7.html>

Thanks from Eastbourne Historic Vehicle Club

Cobweb Meet on Sunday 12th March 2023 at The Waterfront

Dear Readers of Waterlines, all of us at Eastbourne Historic Vehicle Club would like to thank the Harbour Management Team and all the rather interesting and varied participants, also all the Residents who stopped by to take it all in. Over 70 vehicles arrived to take part, and a true Transport mixture they were! Many entrants enjoyed the fine food on offer round the Harbour so it was win, win, for everyone.

Thank you all again, I have a feeling we will be doing it again.

Sharon Winter

EHVC Events Director.

Eastbourne Historic Vehicle Club (EHVC) meet on the 4th Thursday of each month at Langney Sports Centre in Priory Lane, Eastbourne, BN23 7QH.

You can find us on www.ehvc.biz, Facebook or at the Festival of Transport on August Bank Holiday Weekend.



Spring & Summer at The Waterfront

The Waterfront at Sovereign Harbour is the place to have fun and get away from it all.

Enjoy delicious food and drink at the array of cafes, bars and restaurants; treat yourself to pampering treatments at the beauty, hair and dental businesses; and enjoy a family-friendly game of crazy indoor mini golf.

Whether you're a car-lover or just looking for a fun day out, you can view an incredible array of American and classic cars on display for all to peruse at The Waterfront from 9am to 12pm on the first Sunday of every month until October.



The Easter Holiday / Half Term break will have some egg-citing entertainment.

And we will be opening the **Urban Beach** for a summer of family fun. Stay up to date with all the latest news and events at The Waterfront visit www.eastbournewaterfront.co.uk and follow their Facebook and Instagram channels.

Cooking with Faz Razeen

Thai Basil Chicken Recipe

An incredibly fast and easy Thai chicken recipe that truly tastes just as good as you will enjoy at your favourite Thai restaurant.

Thai basil chicken is a simple stir-fry dish made with chicken cooked with red peppers, garlic, and shallots or onions, and cooked in soy and fish sauce. Finished with fresh basil. This recipe is a classic dish in Thai cuisine and can be found in restaurants and as well as it is popular among street food.

Ingredients

450kg skinless chicken breasts, cut into square pieces

1 tablespoon of sunflower or olive oil

2 cloves garlic, chopped finely

1 medium size onion sliced

1 red pepper, sliced

1 tsp. chilli flakes

2 tablespoons soy sauce

1/4 cup oyster sauce

2 tablespoons fish sauce

2 tablespoons brown sugar

Handful of fresh basil leaves

To Garnish: slice of lemon and cherry tomatoes [Optional]

Instructions

Add oil to the wok or a large frying pan and heat over medium-high heat. Cook the chicken for 3-5 minutes until almost cooked through.

Add the garlic, onions, red pepper and chilli flakes. Stir fry until tender, make sure they are still crispy.

To make the sauce, combine the oyster sauce, soy sauce, fish sauce, and brown sugar in a bowl. Whisk to combine.

Add the sauce to the pan with the chicken and stir fry until the sauce thickens and coats the chicken.

Turn off the heat and toss in the fresh basil leaves, the heat will soften and wilt the basil leaves.

Serve immediately with rice. Garnish with fresh basil leaves and optional slice of lemon and cherry tomatoes.

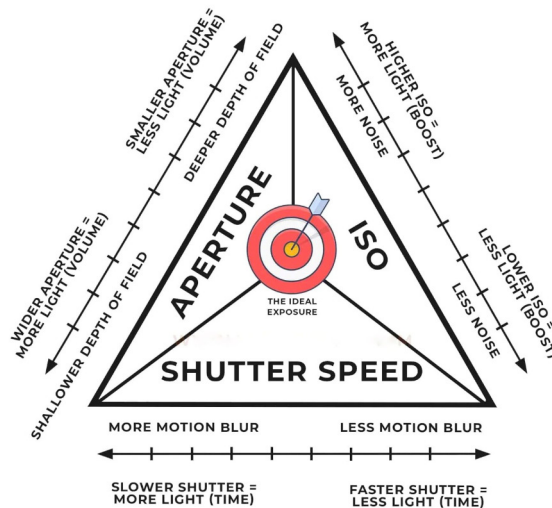


Sovereign Harbour Photo Club

Having moved onto a new year, we decided to cover a lot more photo basic education for members regarding photography related issues, especially as we seem to have an abundance of smart phone users these days. On that basis, our Tuesday meetings, as well as reviewing members photo's (based on a set weekly topic), we have been doing weekly tutorials and in fact dedicating the third Tuesday of every month specifically to tutorials.

Whist modern phones are pretty incredible and certainly give compact, bridge and DSLR's a run for their money, they don't always offer the desired amount of 'control' of camera settings that cameras do, but it is however very important to understand the basic principles behind camera settings and getting that 'perfect' shot.

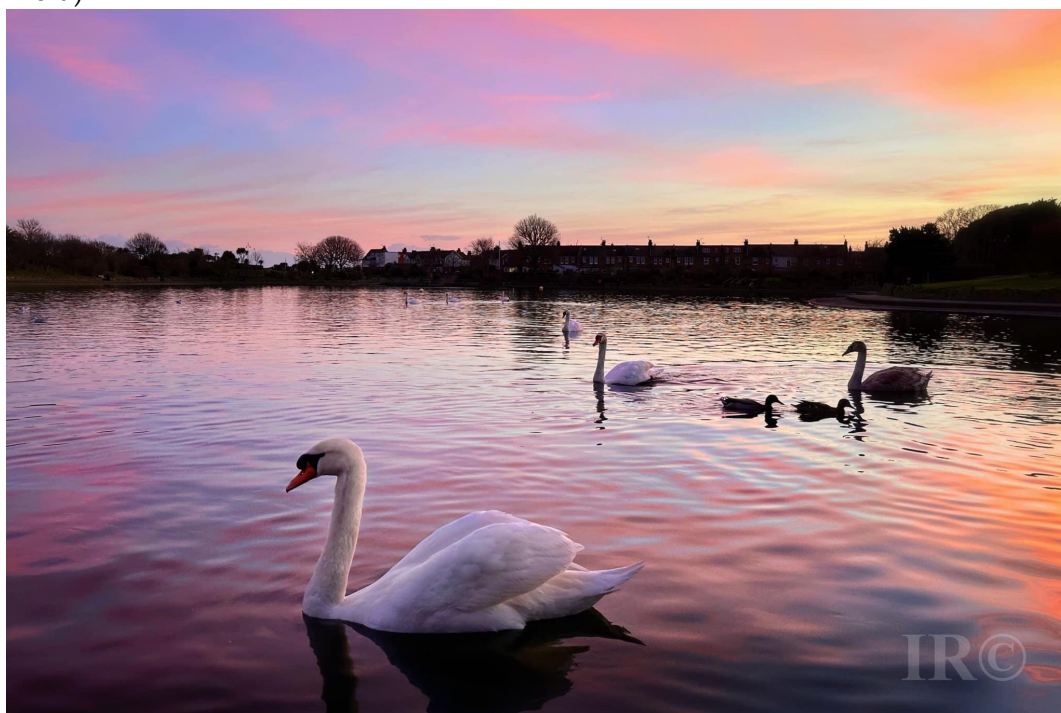
The basics revolve around, what is called the "exposure triangle" (shown right), whereby the three factors (Shutter speed, Aperture and ISO) are manipulated in order to produce the desired result.



In January, we went through all the basics surrounding 'shutter speeds' and how and why one would want to chose the right speed for given subjects, such as fast motion, motion blur and freeze frame options (amongst others). February saw us similarly reviewing Aperture settings, which control "depth of field" and of course primarily, the amount of light reaching the camera sensor.

We concluded in March with 'ISO', which is the cameras way of compensating for very light or very dark subjects. If this interests you and you would like to learn more, we would love to see you on a Tuesday evening at one of our meetings.

We do have a 'fun' monthly competition, where pictures are posted on Facebook (any subject, but MUST have been taken during the current month), and the one's at the end of the month with the most "likes" wins one of our 'coveted' trophies to keep. We have two categories, 'mobile phone' and 'camera'. Below are February's winners (*Swans* by Izabela - Mobile phone) and (*HMS Warrior*, by Dave- camera)





Wouldn't everyone want to own one (or more) of these fantastic trophies ???

We have additionally been covering more topics, such as 'histograms', white balance and we regularly cover photo editing. Whilst many camera users will use 'Lightroom' or 'Photoshop', we understand that this can be quite complex and demanding for mobile phone users, so there is excellent potential using "Snapseed", which is a phone app and very comprehensive considering its totally free.

We have weekly topics and review each others contributions on the TV screen at the yacht club, which is always accompanied by friendly but constructive critique and some really fun banter.

This weeks topic is 'flower petals' Interpretation is an open book of course.

If you would like to join us, we would love to see you and you are welcome to come along with no obligation.



Now the weather is improving we aim to get out locally for some practical photo shoots too, which are always fun.

In March we will be doing a tutorial on photo 'composition' which should help anyone get the best pictures to add to their album.

Ultimately, to join our club, you simply need to be a member of Sovereign Harbour Yacht Club, so if you are already a yacht club member it wont cost you a penny more.

If you want more information or have any questions, please feel free to e mail me

Bob Stanborough

Secretary shpcuk@outlook.com

All aboard

Travel all day on Dotto, our mini train, and experience everything Eastbourne has to offer.

The exploring never stops with Stagecoach.

Dotto runs along the sea-front everyday from Saturday 1st April - Sunday 16th April, then every weekend until Sunday 28th May and then runs everyday until 1st October 2023. It will not run 17th-20th August 2023.

Sovereign Harbour to Holywell Retreat					
Sovereign Harbour Atlantic Drive	-	1028		28	1628
Sovereign Centre	-	1035		35	1635
Fort Fun	-	1040	then every hour at these times	40	1640
Fisherman's Green	0945	1045		45	1645
Pier Arrive	0950	1050		50	1650
Pier Depart	1000	1100		00	1700
Wish Tower Slopes	1005	1105		05	1705
Holywell Retreat	1013	1113		13	1713

Holywell Retreat to Sovereign Harbour					
Holywell Retreat	1040	1140		40	1640 1725
Wish Tower Slopes	1048	1148		48	1648 1733
Pier Arrive	1055	1155	then every hour at these times	55	1655 1740
Pier Depart	1105	1205		05	1705 1750
Fisherman's Green	1113	1213		13	1713 1800
Fort Fun	1117	1217		17	1717 1804
Sovereign Centre	1119	1219		19	1719 1807
Sovereign Harbour Atlantic Drive	1126	1226		26	1726 -



Dotto runs along the sea-front everyday from Saturday 1st April - Sunday 16th April, then every weekend until Sunday 28th May and then runs everyday until 1st October 2023. It will not run 17th-20th August 2023.

Sovereign Harbour to Holywell Retreat					
Sovereign Harbour Atlantic Drive	-	1028		28	1628
Sovereign Centre	-	1035		35	1635
Fort Fun	-	1040	then every hour at these times	40	1640
Fisherman's Green	0945	1045		45	1645
Pier Arrive	0950	1050		50	1650
Pier Depart	1000	1100		00	1700
Wish Tower Slopes	1005	1105		05	1705
Holywell Retreat	1013	1113		13	1713

Holywell Retreat to Sovereign Harbour					
Holywell Retreat	1040	1140		40	1640 1725
Wish Tower Slopes	1048	1148		48	1648 1733
Pier Arrive	1055	1155	then every hour at these times	55	1655 1740
Pier Depart	1105	1205		05	1705 1750
Fisherman's Green	1113	1213		13	1713 1800
Fort Fun	1117	1217		17	1717 1804
Sovereign Centre	1119	1219		19	1719 1807
Sovereign Harbour Atlantic Drive	1126	1226		26	1726 -

If you want to catch a ride, Dotto is running along the sea-front everyday from Saturday 1st of April, then every weekend until Sunday 28th May. From then, it'll run each day until October 1st 2023 (Except August 17th-20th 2023 (Airbourne) where it will not run).

Dotto costs just £2.50 for a single ride (£1.40 for children aged 5 to 15). A 'ride' is any single journey the length of the route, or between two immediate stops and perfect to add a new experience to a day of adventures. Or, you can grab a Day Ticket, £5 for adults and £2.50 per child (ages 5 to 15) to let you and your little ones hop on and off of the Dotto as many times as you need to in one day!

Running as a turn-up-and-go service which operates on a first-come-first-served basis means pre-booking is not available for Dotto.



UK government ✓



At 3pm on Sunday 23 April, there will be a national test of the UK Emergency Alerts service.

As seen in other countries, Emergency Alerts help keep you safe if there is an immediate risk to life by sending an alert direct to your mobile phone.

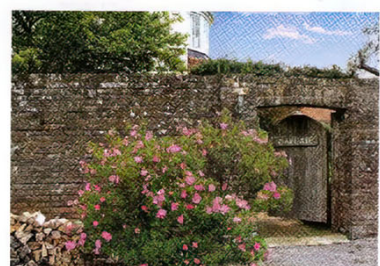
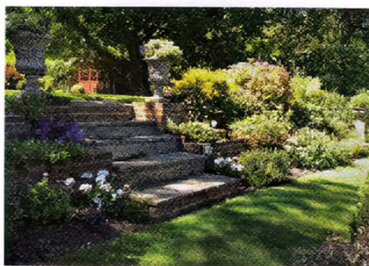
 UK Government

UK EMERGENCY
ALERT SYSTEM

**The UK-wide test of the
Emergency Alerts system**

**23 APRIL 2023
15:00**

Further important information: <https://www.gov.uk/alerts>



Our Open Gardens season returns for 2023 with a full season of events! From lakes to sculpture exotic fruits to rose gardens, formal beds to wildflower meadows, there really is something for everyone at our beautiful Sussex gardens (see list on next page).

Many of our gardens will also feature wonderful extras, such as live bands, interesting stalls, delicious home-baked cakes and refreshments, informational talks and more.

It really is the perfect summer's day out, and we can't wait to welcome you back to a full season this year. No pre-booking is required – you can turn up on the day and make an entry donation.

Find out more, request a brochure or to purchase an Open Gardens Annual Pass at: stwhospice.org/opengardens or call Michele on 01323 434224



Open Gardens at a glance

April 15th Saturday

'Squirrels'

The Street, Arlington
BN26 6RX

April 22nd Saturday

Carters Corner Farm

Cowbeech Hill, Cowbeech
BN27 4JA

April 26th Wednesday

Bates Green

Tye Hill Road, Arlington
BN26 6SH

May 13th Saturday

Cowbeech House

Cowbeech BN27 4JF

May 28th Sunday

Sunniva Harte's Garden

Oak Gate, Hankham Street,
Hankham BN24 5BG

June 3rd Saturday

Sherrington Manor

Selmeston BN26 6UB

June 17th Saturday

Friston Place

Friston BN20 0AH

July 5th Wednesday

St Wilfrid's Hospice Gardens

1 Broadwater Way,
Eastbourne BN22 9PZ

Booking necessary

July 12th Wednesday

Waldron Gardens, Rafters

Whitehouse Lane, Waldron
TN21 0QY and

The Old House

The Street, Waldron TN21 0QX

July 15th Saturday and 16th Sunday

Longleys Farmhouse

Harebeating Lane, Hailsham
BN27 1ER

July 29th Saturday

Limekiln Farm

Chalvington Road,
Chalvington BN27 3TA

August 5th Saturday

Pashley Road Gardens

6 Pashley Road & 8 Pashley
Road, Eastbourne BN20 8DU

August 10th Thursday

Lottbridge Golf Club Family Open Day

Lottbridge Drove, Eastbourne
BN23 6QJ

August 13th Sunday

Oldfield Road Garden

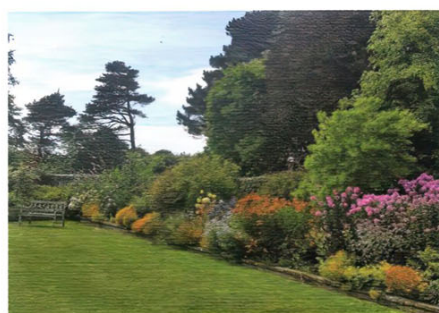
23 Oldfield Road, Lower
Willingdon BN22 9QD

September 2nd Saturday

Knightsbridge House

Grove Hill, Hellingly
BN27 4HH

*Garden opening times are
11am–4pm for all the gardens
except Bates Green 10am–4pm,
St Wilfrid's gardens 10am–3pm
and Longleys Farmhouse
11am–5pm both days.*





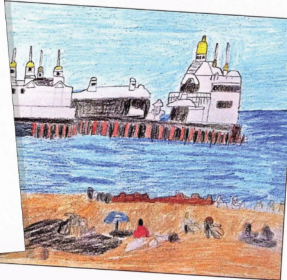
Havona NN749 arriving at Sovereign Harbour with seagulls



RNLI 16-23 Eastbourne Lifeboat at Sovereign Harbour.



Manx Belle Charter Boat.



Eastbourne Pier.

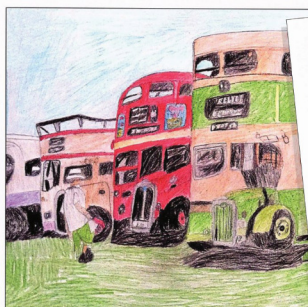
Oliver's Postcards

A new set of eight professionally printed postcards for a £10 donation to Eastbourne RNLI

The colourful images have been drawn by talented, 13 year old Oliver from Eastbourne, who is autistic. His first set of cards raised over £1,200 for the RNLI. Email Anna to order & donate: blandanna62@yahoo.com



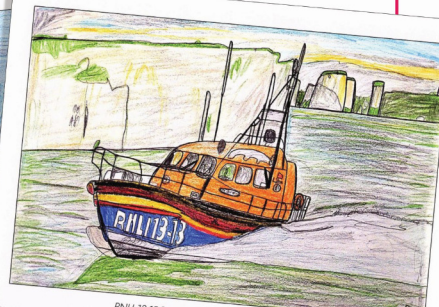
Wetwheels Solent chalet marine catamaran at Beachy Head.



Southdown bus PUF647 Guy Arab IV 5.



Sea Leopard charters at sea off Brighton.



RNLI 13-13 Swanage Lifeboat at Old Harry Rocks.

custard
DESIGN MARKETING PRINT

Printed and supplied by Custard
and Bournefree

Bournefree
your local magazine