Hello, and welcome to the October edition of Waterlines.

As well as harbour news, thanks to a number of SHRA members, we have a couple of nice recipes and a couple of tips they have sent in. As mentioned in the previous edition, if you’d like to share some interesting views on a subject, tell others about the enjoyment a hobby brings you, or a favourite local walk or day out, please feel free to submit an article for our consideration. We also welcome helpful tips (household, well-being, IT, gardening, cooking etc.) from readers. Email to: waterlines@shra.co.uk

Our thanks to the companies below for their generous sponsorship of Waterlines.

SHRA Committee Vacancies

Keith Forbes resigned from the SHRA committee in September. We would welcome applications to join the committee from any SHRA members who would like to contribute to the running of the residents association so we can continue to present the collective views of Sovereign Harbour residents to the powers that be. Please contact the SHRA chairman, Chris Mepham for details. Email chairman@shra.co.uk

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Site 8 - Amendments to Approved Plan

As we reported earlier this year, the developers of housing on Site 8, which is located at the far end of the inner harbour and bordering Pacific Drive, have submitted some variations to the original plans. These affect the outside areas including the visitor car park, fencing and the public space situated between the new houses and the end of the harbour.

SHRA has concerns about some of the variations, in particular the change from porous to non-porous paving in the landscaped area and the effect this will have on water drainage. We are worried that the proposed system of surface water drainage for the whole of the site has not yet been adequately explained but also the intention for the outfall to discharge into the harbour.

We reported in the previous issue of Waterlines that just before the 25th July planning meeting, at which some residents had registered to speak in opposition, the developer withdrew their first amending application relating to water drainage that included an overflow in to the north harbour.

SHRA committee members attended a subsequent planning meeting and spoke against the paving and fencing variation, as did ward councillor, Gordon Jenkins. The application was refused. The planners' refusal for the developer's drainage, paving and other changes to public areas means that the originally agreed details must be adhered to.

We can see that work continues apace on site so we should all keep an eye open for what happens next. A large (site-wide) soak-away needs to be created with a system of connecting land-drainage pipes, and these are already on-site ready for fitting. Key thing to watch for - it must not drain into the harbour. We may expect to see deliveries of the paving blocks. We need to be vigilant - so please let us know when you see them arrive so we can check they are of the correct (agreed) type.

Harbour Friends

Harbour Friends meet every Wednesday evening at 7.30 at the Yacht Club.

For the uninitiated, Harbour Friends is a social group of Harbour Residents, of all ages, both singles and couples, with the purpose of building friendships and generally enjoying life on our lovely harbour.

Events are open to members only so why not join. At only £15 per year this is a bargain.

For further information please contact Brenda on 01323 470114 or visit the Harbour Friends website: www.harbourfriends.co.uk

Rotary Club of Sovereign Harbour

The Rotary Club of Sovereign Harbour meets every Tuesday at 7:00pm for a buffet dinner in Seasons at the Sovereign Harbour Waterfront.

Visitors and prospective new members are very welcome.

For more information visit the Rotary Club of Sovereign Harbour website.

Fishermen’s Camera Club

Set up by Sovereign Harbour residents, the club now meets on the 2nd and 4th Monday of every month, 7-9 pm, at the Eastbourne Fishermans Club, Royal Parade, BN22 7AA.

Contact: Steve Lashley on 01323-478651.

Please note that links from this PDF version of Waterlines do not open in a new window or tab. If reading on-line, from a followed link press the “back” button of your browser to return to Waterlines.
Annual Rentcharge

We have produced a flow chart to help explain what is the rentcharge and where the money goes (see next page or download a single page copy from the Rentcharge page of the SHRA web site). But first an update for you on what else we are doing and has been happening.

You will recall that the Environment Agency were unmoved by our barrister’s favourable opinion. Following Caroline Ansell’s intervention with the Environment minister, the Environment Agency obtained their own Counsel’s opinion but it came to the opposite conclusion to ours. Resolving this in Court, while still a possibility, should only be considered after all other avenues have been fully explored - a last resort; we assume members expect nothing less.

The retired solicitor who was working with us on this case has since stepped down but fortunately one of our new committee members, also a retired lawyer, has taken on the lead role here. He has a new approach to this problem and is determined to leave no stone unturned in his efforts on our behalf.

It is hard to overstate the difficulty here. In general terms, the Rentcharge (to give it its proper legal name) is a legally enforceable interest. So we need to undermine its validity by reference to the underlying law - in short, to fight law with law. To that end, we have been following some promising lines of enquiry. But it is a very complex issue, needing time consuming and painstaking forensic investigation. There is still much more to be done before the new committee will be able to appraise you more fully on what we have in mind. So your continued patience with us is much appreciated. Thank you.

We have also met our new MP, Stephen Lloyd, and he has again offered to intervene for us in whatever way he can to help us achieve a fair and just outcome. Such help, too, may well be needed after we have completed the latest enquiries.

Harbour residents now have three trustee representatives on the board of Sovereign Harbour Trust/CI. After being nominated by the Environment Agency over a year ago, former SHRA chair Jan Weeks and SHRA committee member Penny Di Cara have at last been formally appointed to the board and joined Rick Runalls, another former chair of SHRA, who was already on the Board. We are hopeful this may herald the start of a new beginning but it is likely to take time to produce tangible results. In the meantime, please have a look at the flow chart we have produced and let us know if there are any aspects you don’t follow. It might aid your understanding to look at it along with the last annual accounts and supporting papers, sent out in January by the CIC, which provide figures for some of the other items shown on the flow chart (e.g. administration costs and harbour maintenance).

An important request: Because the CIC charges residents for everything they do, please would you refer to us all or any questions you might have, and not to the CIC? We may already have the answer (or know where to find it) and should be able give you a fuller and earlier response without incurring additional admin charges.
ANNUAL RENTCHARGE
Payable to the SHT/CIC (Sovereign Harbour (Sea Defences) Community Interest Company Ltd.) by each residential unit. £247 per unit in 2016.

“SW CHARGE”
Imposed by Environment Agency (EA)
Paid by the CIC to EA. £192 per unit in 2016.
Fixed at £75 in Dec. 1987 and linked to changes in Retail Price Index so has annually increased.
Less administration & collection costs incurred by the CIC (variable).
Less Littoral Drift Obligation costs paid to Environment Agency. (£35,000 index linked from November 2002). Varies slightly each year, not a specific portion but now about 10% of the SW Charge.

SW Charge balance is then split 50-50 between Sea Defence and Harbour Maintenance.

“Sea Defence”
A variable amount (50% of the SW Charge balance) paid to EA - for ‘defence work’ on the North-East Beach - as defined in the 2001 Sovereign Harbour Beaches Deed and identical to the “prescribed foreshore” in the 1988 Southern Water Agreement (the Sovereign Harbour North beach, as far as the EBC boundary).

“MARINA CHARGE”
Imposed by the Harbour Company. Paid by the CIC to the Harbour Company. £55 per unit in 2016.
Variable amount, depending on net Marina Costs after allowing for contribution from SW Charge via Harbour Maintenance (see below).

“Harbour Maintenance”
£221,664 in 2016 (equates to £71.71 each residential unit).
A variable amount (50% of the SW Charge balance) paid to the Harbour Company - now Premier Marinas. “Harbour Maintenance” is not defined in 1988 Southern Water agreement. Defined in the 2001 Sovereign Harbour Beaches Deed as “such works considered necessary [by Premier] for maintenance of Harbours”. (‘Harbours’ includes locks, walls, bridges and associated structures and all connecting waterways).

“SW CHARGE” balance is then split 50-50 between Sea Defence and Harbour Maintenance.

“Marina Costs”
Incurred by the Harbour Company for cleaning, repair and maintenance of the harbour and waterways.
The gross costs in 2016 were £393.3k. The Marina Costs are wholly funded through the Harbour Maintenance contribution and the Marina Charge. If ever there were no SW Charge balance there would be no such contribution and the Marina Charge would increase.

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Evolution of the Sussex Coastline

In the previous issue of Waterlines (August 2017), we re-published Part 1 of a series of informative articles describing the evolution of our local coastline by Ian Thomas, the Project Manager for Pevensey Coastal Defences. Here is Part 2. Other parts will appear in future issues.

Part 2

In the first instalment of our review of the development of Pevensey Bay we looked at the mechanisms involved in providing the material from which our sea defences are constructed. If rivers and eroding chalk cliffs alone could not provide sufficient shingle to form beaches and the substantial ridge formations at the Crumbles and Dungeness, from where did the sediment originate?

The answer is offshore. 10,000 years ago, at the end of the last Ice Age, sea levels were some 40m lower than they are now. What is now sea bed was a massive river valley that would have been littered with large volumes of sand and gravel deposited by glacial runoff and other erosive processes.

The Channel sea bed is still covered by sand and gravel, and offshore shingle banks at Hastings, Shoreham, Worthing and Littlehampton have long provided dredged aggregate sources for both the construction industry and beach replenishment schemes. Indeed all material brought to Pevensey during the last five years has come either from the Hastings Bank or the Owers field off Littlehampton.

As sea levels started to rise, sand and gravel was slowly transported shoreward by the advancing waters. Existing river valleys filled up with sand and it is believed that initially most beaches were also made of sand. This process only works when water levels remain relatively shallow. High energy storm waves gradually brought coarser shingle to the shoreline in sufficient quantities to create substantial gravel structures.

For instance, maps from 1610 show the coast at The Crumbles to be some 2km further seaward than it is today. Although Dungeness-like
(Continued from page 5) in appearance, its existence is thought to have been because there was a particularly high feed of shingle rather than it being a natural sediment trap as Dungeness appears to be.

Shingle continued to arrive on the shore in quantity until about 300 years ago. With sea levels continuing to rise, and all available material having been transferred to the coast, nearshore waters became so deep that the process could no longer continue. The lack of new shingle meant that longshore drift now became the dominant factor. This is when sediments are moved along the shore in the direction of prevailing wind and waves. In the case of Sussex this is west to east. Consequently structures built up over millennia began to erode as the drift rate exceeded what supply remained. It may be that chalk cliffs are now retreating faster than at any other time during this process because shingle that protected the base of the cliffs has been lost making them more vulnerable to erosion.

Urban expansion during the Industrial Revolution often took place on these eroding coastlines and gave rise to many of the coastal and sea defences we see today. Engineers have been battling to hold the sea at bay for centuries and doubtless will continue to do so for generations to come. The likelihood of success for these endeavours will be covered in the third part of the story.

Ret tail Park Evening Car Noise

Sussex Police submitted the following report to the Sovereign Harbour Neighbourhood Panel.

Following the increased complaints around the anti-social driving and noise disturbances around the Crumbles Retail Park and Pevensey Bay Road area, we have been actively working to resolve this problem. Thursday evening had been mentioned as the worst night of the week, so therefore high visibility, patrols have been undertaken in these areas at the peak times. A Section 59 warning (this is a formal warning against both driver and vehicle where if they are found to be driving anti-socially again their vehicle can be seized) was issued against one vehicle and where offences exist formal action will be taken against the driver.

PCSO Hylands is leading the work around this, and has engaged with the land owners to establish what more that can be done to target harden the site, and to open the lines of communications with them around this issue.

Additionally contact is being made with "organizers" within the car groups that are using the location to make clear the impact they are having on local residents and businesses, and also to see if they will move their meeting location to a more suitable place.

Progress on this has been reported to residents via this Panel [Sovereign Harbour Neighbourhood Panel] and any other appropriate line of communications that is suggested. However we must continue to stress the need for residents to report matters at the time on 101 or after the event via the Sussex Police website so that we can monitor the overall situation.

Sovereign Harbour Art Group

The Sovereign Harbour Art Group meets in the Christ The King Church Hall, Princes Road on Thursdays 9:30am - 12:30pm.

Learn to paint with acrylics, oils and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment.

Phone Angela on 07914-884378. You also may like to visit the Art Group’s webpage at: www.shra.co.uk/artgroup/artgroup

Sovereign Harbour Photoclub UK

The Sovereign Harbour Photoclub UK meets on Tuesday evenings from 7pm over coffee, in the local Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals are welcome.

The objective of the club is help our members take better photographs with the camera they have, including smart-phone cameras and, also, to increase the knowledge and ability of less experienced members through projects exhibitions, competitions and workshops, supported by talks and demonstrations. Young photographers will be especially welcome.

If you would be interested in taking part, please e-mail the secretary secretary@sovereignharbourphotoclub.uk with your name and a daytime telephone number.
**SHYC Regatta Weekend**

The fabulous weather over the August Bank Holiday weekend brought the crowds down to the Waterfront to help the yacht club celebrate ‘A Celebration of Land and Sea. There was yacht racing, dinghy sailing with the sea cadets, an art exhibition, live bands, bars and BBQ’s. The cars on display were BMW, Honda, Jaguar/Land Rover, Mazda, Mercedes, Mercedes Vans, Toyota, Volvo and a great display of classic cars. There were also displays of new bikes, motor homes and caravans and dance shows. We were also delighted to welcome the MVS youth training ship East Sussex 1 which moored up alongside Pablo’s over the weekend.

We raised £1100 for the sea cadets and the RNLI and increased the club’s membership by 12½%.

**Commodore’s Sail Past.** The sail past tradition began at the first yacht club that was formed at Cowes in England nearly 200 years ago. The membership at Cowes was primarily aristocratic and many were familiar with naval practice and tradition, Cowes Yacht Club subsequently changed its name to the Royal Yacht Squadron and certain social graces were added to the traditional naval practices.

The actual “review of the fleet” is steeped in more than 600 years of Royal Navy tradition and history and was introduced in yacht clubs as a continuation of the naval habit of having admirals (and/or royalty) review the fleet on special occasions.

Protocol demanded that a flagship be anchored with the admiral and staff on the quarterdeck to receive and return the salute. Vessels sailed past, dipping their colours in salute, and with their captain also saluting with the ship’s company standing at attention. The vice admiral would lead the fleet passing in review and the final vessel in the line would carry the rear admiral.

This has been an ongoing tradition of Sovereign Harbour Yacht Club for the last 20 years and is almost identical, except that the salute is received by the commodore instead of the admiral and the salute is delivered by the passing boats, which are under power, by dipping their ensigns. All of the crew on the saluting boat stands at attention facing the commodore, who is the only one to salute by hand. Both sail boats and power boats are encouraged to ‘dress’ their boats and each year we have a theme. This year’s theme was ‘Films’.

**Brushstrokes Artists**

A friendly, informal group of local artists, with a range of abilities, working in various media, meeting from 1 to 4pm on Wednesdays, in St. Richard’s Church Hall, Etchingham Road, Langney, BN23 7AX.

No tuition provided. Drop in to join, or just for an informal chat, or e-mail jivybarry@btinternet.com for more information.

**Sovereign Harbour Yacht Club**

We welcome new members at any time. Lots of functions and activities throughout the year.

Of course we have great food and discounted drinks to our members. We are the only club in the harbour selling Harveys beer!

Tues–Thurs 17.00-23.00
Friday–Saturday 12.00-23.00
Sundays 12.00-18.00.

Do call in and speak to Sarah to view the club, or contact the membership secretary, Linda Hayler. Tel: 01323 470888 membership@shyc.co.uk

Website: www.shyc.co.uk
Recycling Information - Metal Packaging

Metal packaging comes in many shapes and sizes and is used for food and drinks, paint, oil and many other household items. Metal packaging is usually made from aluminium or steel which can easily be recycled again and again without loss of quality. In fact, around 75% of all the aluminium ever made is still in circulation!

What can I recycle?

Metal packaging is widely recycled, and you can put these in your recycling bin at home:

- tins and cans that contained food or drinks
- don't forget to recycle dog or cat food tins too!
- aluminium foil, trays and tubes (such as tomato puree tubes)
- metal lids from jars and bottles
- aerosol cans
- biscuit and chocolate tins and their lids.

Please empty and give items a quick rinse as left over foods or liquids can contaminate other recyclables and make communal bins smell bad. You can leave labels on tins as these are removed in the recycling process.

Some items, like crisp packets and some food pouches, look like they are lined with foil but they are actually made of metallised plastic and can’t be recycled. If you’re not sure, do the scrunch test! Simply scrunch the item in your hand – if it remains scrunched it is foil and can be recycled. If it springs back, it is probably metallised plastic and you should place it in the rubbish bin.

Your local household waste recycling site at St Philip’s Avenue will accept metal containers for chemicals, such as white spirit, paint or oil as these can’t be recycled at home.

To check which items you can recycle at home or to find out where your nearest recycling facilities are, visit this EBC website: www.eastbourne.gov.uk/recycling.

- Used cans are recycled, made into new cans, filled and put back on the shelf in just 60 days.

- Foil and other aluminium is generally recycled with other aluminium scraps such as window frames and road signs, and cast into engine components for vehicles, which makes them lighter and more fuel efficient.

Recycled steel can be found in incredibly diverse variety of products including, food and drink tins, bicycle frames, pipes, train tracks, ship hulls, cars, and bridges.

Bourne to Recycle

Our recycling rewards scheme, Bourne to Recycle, offers all Eastbourne residents the chance to win cash prizes in a monthly draw. As a thank you for your recycling efforts and helping to (Continued on page 9)
(Continued from page 8) increase our recycling rate, all registered homes are entered into a monthly prize draw, with cash prizes of £100 each for five lucky winners. Registering is quick and easy. Simply visit www.eastbourne.gov.uk/bournetorecycle

In the next issue we’ll take a look at recycling plastics which is a bit more complicated.

Fun Quiz Nights at SHYC

Fun quiz with an opportunity to spend an evening with friends. If you’re on your own we’ve got plenty of people who would love you to join their team - alternatively make up a team of your own (max 6). Free to SHYC members, £2 to non-members all welcome.

Bar open from 17.00, quiz starts 20.30. The dates to Christmas are: 19 October, 2, 16 and 30 November and 14 December. Sovereign Harbour Yacht Club web site... www.shyc.co.uk

The Haven School Parents Open Days

For any parent of a child starting school in September 2018, The Haven CE VA Methodist Primary School is holding five tours of the school where you are able to come and meet the Headteacher Mrs Trathen, ask any questions you may have regarding admission to Mrs Bundy the schools admissions officer, and also have a tour of the school.

The dates and times are Tuesday 31st October 10.45 am, Thursday 2nd November 10.45 am, Monday 6th November 2.15 pm, Thursday 16th November 2.15 pm and Wednesday 22nd November 6.00 pm. We kindly ask that no children attend these tours of the school, as the tours can take up to 1 hour. If you would like to book your space please contact Mrs Bundy on 01323 471781 option 0.

SHRA Membership

If you are not a SHRA member or your annual membership lapsed and you have not upgraded to the newer lifetime membership, please consider joining or rejoining SHRA. The cost of lifetime membership is £10 per household and on request we will issue additional cards for family members at the same address. Contact: membership@shra.co.uk

Maritime Volunteer Service

The Maritime Volunteer Service (MVS) is a charity organisation which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.

Training nights are held every Tuesday evening at 19:30 in the MVS unit on the Waterfront Service road. New members are always welcome.

For more information, visit the MVS website or E-mail MVS or Tel: 07738-286373.

Sovereign Polyphony

Female voice choirs Sovereign Polyphony.

Weekly rehearsals for annual winter and summer concerts.

Choir contact details available from the Eastbourne Blind Society on 01323 729511

Or contact us by email: sovereignpolyphony@uwclub.net

Website: Sovereign Polyphony
We can’t believe that it’s almost a year since we moved to the harbour and three months since we took on pastoral responsibility for The Haven Church. Everyone who comes to the Church has two things in common, we love God and we love living on the harbour. It is a unique place whose history has been steeped in prayer since the beginning.

Because of this The Haven Church is excited to be able to continue the great work that the Sovereign Missional Community started, by having a prayer walk around the harbour each week.

Every Wednesday morning at 10 am a group from the Church meets to walk and pray around the harbour. We want people to know that we care about the community we are a part of so we will be picking up litter as we go hopefully making it a place we can all enjoy. If you see us, then do stop and talk. We’d love to pray with you or for any concerns you have or just have a chat about life in the harbour.

God took the man and set him down in the Garden of Eden to work the ground and keep it in order. Genesis 2:15 (The Message Bible)

Andy & Debbie Melvin  andebmelvin@gmail.com

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The Garden Bar Golf Society

We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail gardenbar@hotmail.co.uk.

The Garden Bar Sunday Football Team

The team plays its home games at Hampden Park, and are current champions of the Lewes and District Premiership, and are riding high this year too. Last year they were runners-up in three knock-out cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send an email to: gardenbar@hotmail.co.uk.

Harbour Medical Practice Exercise Classes

Healthy 60+ - Monday 10:15 to 11:10.

Contact: Mari-Anne Elder (fully qualified and insured). Tel: 07748 678030
mariandy@btinternet.com

Old £1 Coins

An excuse to spend money (old £1 coins) - the old circular one pound coin will officially lose its legal tender status as of midnight Sunday 15 October 2017, meaning it won’t be accepted anywhere in the UK. Check your piggy banks, jam jars and car-parking stash.
Goodbye Neighbourhood Policing Team

Our long serving and helpful local neighbourhood policeman PC Ed Faulkner and neighbourhood PCSO Martin Hylands have moved on to other area of policing and all neighbourhood policing is being re-evaluated (i.e. cut). As a result Ed Faulkner will no longer be producing updates for Waterlines which he has kindly been doing for many years. We wish Ed and Martin every success in their new roles and thank them for all there dedication and assistance to the Sovereign Harbour community. We think the removal of a recognisable, local police presence is a very unhelpful move.

Contacting Sussex Police

999 is there for emergencies where life is in danger, property is at risk, or where you feel an immediate Police response is needed.

101 is the non-emergency number for reporting crimes that have taken place, concern for welfare over individuals, or other anti-social behaviour matters that are taking place. Be aware that the wait time for this number may be long, and so if the matter can be reported in other ways then please consider that.

The Sussex Police website is now the favoured place to report crimes that have taken place, along with anti-social behaviour matters, lost property, and other general enquiries relating to Policing. Sussex Police are trying to encourage as many people as possible to report matters via the website. While they appreciate that some people prefer to speak to an operator, the service you will get from the website is likely to be more efficient from both the Police perspective and the victim’s.

Stand Up for East Sussex

In a rather unusual and courageous move, Conservative-led East Sussex County Council are asking the people of East Sussex to sign their petition calling on the Conservative Government to give our county a fairer deal.

East Sussex has already made savings of £112 million since the start of the decade. More are in the pipeline (closing libraries is just the start).

The ESCC on-line petition to the Prime Minister on Change.org calls for an urgent re-think about the resources it gives to East Sussex and the real difficulties that cuts in funding mean for many people who live here.

You can read more about the reasons for this petition on the ESCC website.

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Friday-Saturday 12.00-23.00
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Do call in and speak to Sarah to view the club, or contact the membership secretary, Linda Hayler. Tel: 01323 470888 membership@shyc.co.uk
Website: www.shyc.co.uk

Sovereign Harbour Facebook Community

News, photos and information about Sovereign Harbour.
A place to add posts be they pictures, news items, or facts and figures about life at Sovereign Harbour.
Website (Facebook)
Sea Fog

Fret, Haar and Fog - what's the difference? BBC Meteorologist, Gail Pirie explains...

Quite simply, all of the above are one and the same. They are examples of a weather phenomenon more commonly known as sea fog. And no matter what you call it, it's the damp, drizzly stuff that can ruin what would otherwise be a fine day.

The variation in name simply arises from the locale in which you happen to find yourself when the fog rolls in off the sea. On the east coast of Scotland sea fog is known locally as haar or North Sea Haar, and it is often said to plague local residents during the Summer. Likewise, it's English counterpart - Fret or Sea Fret can make Summer days on the East coast of England miserable.

So why does this weather phenomenon spoil a day that could otherwise be spent on the beach? Where does sea fog come from and how does it form?

Sea fog usually occurs between April and September. But is most likely on the east coast of the UK, or over the Northern Isles during early summer, before the sea has started to warm up. It forms when a parcel of warm air passes over the notoriously cold North Sea.

The warm air at the bottom of the parcel is cooled by the cold air below, until it can no longer hold the moisture that was previously contained within. Therefore, it releases some of the moisture in the form of liquid water through condensation. Add an onshore component like a wind of 5-20 mph, and the cooling in the bottom of the warm parcel of air is spread upwards and generates a fog; sea fog. Moreover, if the wind is coming from a direction between North and South East, the sea fog will make its journey from the sea over the land.

A number of factors determine the locational extent of sea fog and whether it will disperse quickly or linger throughout the day. For instance, if the land is warm when the fog rolls in from the sea, it will readily disperse. This is due to a smaller temperature difference between the surface of the earth and the bottom of the parcel of air.

During the night, when temperatures on land drop, the sea fog can penetrate a long way inland and linger till the next morning. Should there be a blanket of fog greeting you in the morning, then sunshine is needed to burn it back to the coast. But if the sea fog is very thick, sunshine is unlikely to burn through it. And if the wind is blowing steadily in from the sea, any 'haar' that is dispersed will be quickly replaced with a fresh batch.

So all in all, sea fog is usually an unwelcome guest. The length of its stay is determined by wind speed and direction, sea temperatures and humidity levels in the bottom few thousand feet of the atmosphere. All of which makes forecasting its dispersal complex.
**South Harbour Water Feature**

Back in July, ‘leg 2’ of the water feature (the cascade that runs from the outer harbour prom to the central main fountains), was switched off and investigations started to find the source of some significant water loss. Two or three potential causes were identified and remedial work has been carried out. Water usage continue to be monitored weekly. ‘Leg 2’ was switched back on in August. In September the amenity was switched off for one of its bi-annual one week soak tests.

The water feature is not a Council owned facility but an amenity which is owned, managed and paid for by owners of over 350 local properties who, by way of their property deeds, are the members of Columbus Point (Management Company) Ltd. It is possible that some unsociable behaviour occurs because visitors and some harbour residents are unaware of this fact. Unsociable and reckless behaviour continues to be a problem, with bricks and rocks being thrown into the amenity, parents allowing small children to paddle and to cross the feature using the castellations instead of the bridges and some incidents of dog fouling on the paths.

A further problem has recently arisen involving speeding scooters, skateboards and bicycles, whose riders are unaware that there are several blind entrances to the amenity. A speeding bicycle connecting with a person (particularly a small child), a dog or an extendable dog lead can lead to a serious accident.

Visitors are always welcome to respectfully enjoy the facility but are cautioned that the water is dosed with chemicals and chlorine (bleach). Children should be attended at all times and visitors are asked to consider the safety of other people. Photo by Carl Slezacek. www.carlslezacek.com Further information about the water feature is at www.waterfeature.eu

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**Pevenssey Bay Sailing Club**

Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the east end of the harbour. General sailing, training at all levels and regular club racing and regular social events.

We welcome beginners and experienced sailors alike and we sail at the weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, often enjoyed by members using our sun terrace with its stunning views over the bay and on towards Bexhill and Hastings.

Do come and have a look round the club at any time or contact the membership secretary, Chris Clarke, by email to: membership@pbsc.eu

Website: www.pbsc.eu

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**Heffle Golf Society**

Formed in the Heathfield area (hence the name) now based at Sovereign Harbour. Aims to provide competitive golf in a friendly atmosphere with realistic handicapping and all year round venues.

Contact: 07777 682 038

Email: admin@hefflegolf.com

Website: www.hefflegolf.com

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**Funny Old World**

My bank **charges** me 19% interest.

My bank **pays** me 1% interest.
Well we've tried to make the best of the great summer weather and light evenings, by getting out and about with our cameras. We had a great little challenge to get some pictures which emphasised movement and speed, so one of our members (Steve Douch), volunteered to ride up and down the sea front, whilst the rest of us, gave it our best at recording the action. One of my efforts is shown. (It's supposed to be blurry, honest).

Needless to say 'Eastbourne Airbourne', is always a big draw, not just for thousands of people in the south of England, but our members always indulge in the free spectacle, that prevails over the 4 days. We had our own review of members pictures, which were very impressive to say the least, with some spectacular shots of a variation of aircraft and exhibits. There's a couple of my close ups of the fantastic "Reds". They never fail to impress and makes one proud to be British and we need something to make us proud these days (oops, sorry, I was getting a political then).

We've had some evenings of presentations, by club members, who have a forte' for particular areas of photography and happily share their experience and expertise. One member (Mike Birnie) treated us to a show of his 'dog photography', which included some really humorous shots of doggie antics.

Other evenings, included some experimenting with 'off camera flash photography', using various subjects, from model cars, to child's dolls, the idea, being to create the desired element of shadows and highlights.

As I mentioned earlier, we've been venturing out a lot too, with an evening in Eastbourne town centre, trying our hand at what's termed as 'street photography'. It's a wide scope of potential subjects, but basically, anything that produces an interesting picture (hopefully)!

I've shown a couple of examples of mine, which in this case, doesn't reflect the prettiest side of the town, but none the less, is still a true reflection of what is Eastbourne.

If you take pictures and like to 'post edit' them, we've had an evening of education in using "Adobe Lightroom", which is a popular software photo editing tool, which is very comprehensive and enables us to make our pictures look far better than they did when we first took them. CHEATING!? Certainly not.... I think the term is "artistic licence", either way, it's not compulsory, so if you prefer to stick with your original images, that's just fine.

(Continued on page 15)
(Continued from page 14) We have some interesting evenings planned for October, including 'Astrophotography', (that's the Sky at night to you and me), as well as more tuition with the 'Lightroom' software and not forgetting, some 'Halloween', pictures, now that will be interesting, I feel a scary mask coming on!

As I always say, if you are keen on photography and would like to join us at the first floor of the Sovereign Harbour Yacht Club on a Tuesday evening at 7pm, please drop me an e mail, (secretary@sovereignharbourphotoclub.uk) and we'd love to see you there.

We are just a fun club, who enjoy photography and each other's company, with no heirs and graces. Smart phone or Digital SLR camera, makes no difference to us, we just enjoy taking pictures. Hope to see you there!

Bob Stanborough (secretary)

Neighbourhood Panel Meeting Notes

The Sovereign Harbour Neighbourhood Panel have published the notes of their meeting held on 14 September 2017. Matters discussed included:

- Cars & motorbikes using the Retail Park parking lot in evenings.
- The PSPO Extension to cover North Harbour Beach.
- Anti-Social gatherings on the harbour spit.
- Police response to 101 calls & emails.
- Local crime figures - some up, some down.
- Nearly 20 Penalty Charge Notices (PCNs) issued for yellow line parking on Atlantic Drive and Pacific Drive.

The notes are well worth reading, click here and remember to bring such matters to the Panel’s attention. The Panel meets four times a year with representatives of residents, Premiere Marinas, the local councillors, EBC Neighbourhood First Team, the police (when available) and others.
Harbour Friends

The Harbour Friends meet every Wednesday evening at the Yacht Club from 7.30pm. We are a social group of Harbour residents, singles and couples, meeting together to make new friendships and generally celebrate life in this lovely place where we live. All are invited to come along on a Wednesday evening and see what we do. We have use of the Yacht Club bar, which also serves coffee and tea, and remember, we exist to be friendly and welcoming. If you do come along and decide to join us, there’s a fee of £15 a year, after which you can also come along on any of the organised events.

Coach trip to Lullingstone Castle and the World Garden 3/9. There were 30 of us on the coach and with very light traffic we arrived 30 minutes before gates were due to open. Although it was an overcast day, it was still fairly warm and the rain held off until just after we left at 4.30pm.

Everyone tucked into their individual packed lunches, then we split up into smaller groups to explore the estate, which is owned by the Hart-Dyke family. There is a lovely old house with a castle keep gatehouse, and the little parish church which is within the grounds of the family home. The large lake and grounds also include the world garden. On this particular day there was a classic car show as well - however, the venue was fairly quiet so it was a really lovely day out and plenty of space for all. After another easy journey, we got back to the harbour by 6pm.

Saffrons croquet tuition and high tea. On Monday 11th September, 24 Harbour Friends members went along to The Compton Croquet Club at Saffrons Eastbourne, for some croquet tuition and friendly competition in pairs. The weather forecast was pretty poor - however, the clouds parted and play commenced just before 2pm. Just after the first game was completed, a very heavy shower came along and everyone retreated to the clubhouse. Then around 25 minutes later the sun came out and play resumed with no further interruptions. Given such a poor advance weather forecast, we did consider ourselves fortunate to have managed 3 games out of the projected 4. At 4pm we all went in to the clubhouse and were treated to a fantastic high tea with plenty of tea and coffee and home-made cakes and sandwiches. When the scores were totted up Lynda & Dave Hawkins were announced as the winning pair (again!), receiving medals on lanyards and souvenir pens. Our congratulations go to our star pair. All in all this was another great event and one that we will no doubt want to re-visit next year.

Coming up: - 1066 Target Sports Hastings

Monday 9th October: Target shooting at 1066 Target Sports, Sedlescombe Road, North St Leonards TN37 7BP. We will have tuition and competition in 5 different activities: Archery, (Continued on page 17)
(Continued from page 16) Crossbow, Air Rifle, Live rifle & Pistol. The cost is £31.50 per person and is self transport with car sharing. Start time is 10.30am and the finish is at around 1.30pm.

**Brighton Greyhounds and Sunday lunch 29/10**

Sunday 29th October: Lunch and a flutter at Coral Greyhound stadium, Nevill Road, Hove BN3 7BZ. This will consist of a 2 course lunch at window tables in the main grandstand overlooking the start/finish line. Cost is £15 per person and is self transport with car sharing. Start time is 10.30am and finish around 2.30pm.

**Ten pin bowling at TENPIN (adjacent to David Lloyd Eastbourne)**

**Tuesday 7th November: Tenpin Bowling at Tenpin Lanes, David Lloyd Complex, Broadwater Way, Hampden Park BN22 9PZ.** We will each be having two games of tenpin with some prizes to be awarded for highest scores. Cost is £7 per person and is self transport with car sharing. Start time is 2pm and finish around 4.30pm.

**Video horse racing** from 7pm in the Royal Sovereign Suite (2nd Floor) at the Yacht Club – *no booking required*

**Wednesday 15th November:** Video Horse racing in the Royal Sovereign Suite at Sovereign Harbour Yacht Club, North Harbour, Eastbourne. Once again we will have some horse racing videos for you to have some fun with. There is no set cost for this members event and no booking required either. Start time will be 7pm finishing around 10pm.

**Christmas fun quiz in the Yacht Club Bar – no booking required**

**Wednesday 6th December:** Fun Quiz at Sovereign Harbour Yacht Club, North Harbour Eastbourne. A not too serious quiz with the emphasis on fun for teams of up to 6 people. Cost per person is just £1. Start time will be at 7.15pm finishing around 10pm.

**Christmas party and disco at the Hydro Hotel.** Sunday 17th December: Christmas Dinner Party at The Hydro Hotel, Mount Road, Eastbourne. Our annual Christmas bash will consist of a 3 course Christmas dinner and dancing to the Adur video disco. Cost is £35 per person with an option of coach transport from – and return to – all stops on the harbour at an additional £5 per person. Start time of 6pm finishing around 11pm.

If you would like any information about the Harbour Friends or any of our events, please visit the website [www.harbourfriends.co.uk](http://www.harbourfriends.co.uk), and don’t forget to click the Events link.

Alternatively our membership secretary Brenda can be contacted on 01323 470114

That’s all for now, may we all enjoy what has so far been a sunny and mild autumn

*Jan Say*
British Heart Foundation Collections

The Fight Against Heart Disease is in the Bag.

British Heart Foundation is collecting good quality clothes, accessories, books, DVDs, homewares and toys to sell in our charity shops. Please donate your unwanted stuff to help fund life saving research or challenge your friends, family and colleagues to have a declutter. If you can, you should take your stuff to a [local BHF shop or collection point](#).

Free collection of clothes, books and more

Don't throw away your unwanted items. If you can't make it down to one of our charity shops to donate your things we can collect them from your home for free. Time saving for you, life saving for us.

Call to book your home collection today by calling **0808 250 0220**.

We collect all sorts of items:

- Clothes, such as dresses, trousers and shirts
- Accessories, like shoes, handbags and belts
- Jewellery, including rings, necklaces and bracelets
- DVDs, CDs and vinyl
- Books from fiction to non-fiction and reference
- Homewares such as crockery and ornaments
- Children’s toys including puzzles and board games

We can also collect your unwanted furniture and some electricals, from sofas to bedroom furniture. Use our special [online booking form](#) to arrange for these larger items to be collected for free.

How to take part

Simply donate your stuff, or challenge your friends, family and colleagues to clear out their clutter. You can share photos of your decluttering triumph using #BagItBeatIt and check out what other people have donated.

It’s easy to donate good quality unwanted clothes, shoes, books, handbags, DVDs, CDs, homeware and children’s toys:

- [Order donation bags](#) to be delivered through your letterbox
- Visit your local donation point or shop to drop off your bags

(Continued on page 19)

Complaint Contacts - Who to Complain to.

It is important that in the first instance residents complain to the relevant authority or body to properly register a complaint, and that whenever appropriate, they should do so in writing, email or text because a laid paper-trail can be extremely helpful when taking a matter further.

- Abandoned Asda Shopping Trolley Contact Trolleywise Tel: 0800 316 1241 Email: Trolleywise@wanzl.co.uk
- EBC Council Services - EBC Problem Reporting Portal [www.eastbourne.gov.uk/residents/streets-parking-and-travel/report-a-problem/](#) Tel: 01323 410000 All problems may be reported on this number.
- EBC Report It App for iPhone, Blackberry, Windows Phone & Android The easy way to report issues to EBC when on the move. [www.eastbourne.gov.uk/report-a-problem/app/](#)
- Highways and lighting - [www.eastsussexhighways.com/](#)
- Parking Enforcement – NSL Eastbourne email: eastbournePIC@nslservices.co.uk Tel: 0345 6801129
- Sovereign Harbour Neighbourhood Panel (SHNP) On-going issues may also be brought to the attention of SHNP who regularly meet with council officials and members of other bodies to discuss a range of neighbourhood concerns. Email: shnp21@outlook.com
- Tidiness of paths & roundabouts, weeding, litter - EBC Neighbourhood First – Zone 3 covers Sovereign Harbour [www.eastbourne.gov.uk/residents/community/neighbourhood-first/](#)
We’ll even come and collect your donations for free. Don’t forget to Gift Aid so your donations are worth more. Gift Aid is a government scheme that lets charities reclaim tax on donations, at no extra cost to you. By signing up to Gift Aid, your donations will be worth 25% more. So if the lovely things you donate sell for £10, we will actually receive £12.50. Find out more.

Reader's Recipe 1 - Mrs Clark’s Cheese Biscuits

• 4 ounces grated Parmesan Cheese
• 4 ounces Butter (cut into small pieces)
• 5 ounces Plain Flour
• 1 level teaspoon Baking Powder
• Good pinch of Cayenne Pepper

Put all the ingredients into a food processor and "pulse" until the mixture comes together and makes a ball, or mix thoroughly but gently by hand.

Divide the dough in half and carefully roll into two sausage-like rolls of around 4 cm diameter.

Wrap rolls in baking paper and refrigerate for at least one hour.

Heat the oven to 180C (160C Fan forced). Cover an oven slide with baking paper.

Slice the rolls thinly (about about 5mm each biscuit).

Place biscuits on the baking paper-covered ovenslide (they wont spread much during cooking) & bake for 15-20 minutes until just PALE BROWN.

Remove from oven and let stand. The biscuits will harden and colour up further when out of the oven.

Reader's Tips

1. Give appropriate supermarket vegetables and fruits a soak in cold water before cooking or eating to revive them as they will likely have become somewhat dehydrated during transport and storage. For example, place greens and carrots etc. in cold water for a while before boiling, soak peaches and grapes to refresh them before eating.

2. Fitting round or large slices of meat or cheese in to square bread or bread thins for sandwiches? To avoid an overhang and having to trim, cut the meat slice in to four quarters by cutting straight down and straight across, or just cut in half; then match the corners or straight edges of the meat to the corner of the bread. Simple.
Reader's Recipe 2 - Spanish Baked Hake

Hake has a white flaky texture and a flavour that is slightly sweeter than cod. The flesh when cooked becomes firm and meaty. It is popular in Spain and Portugal where it’s often teamed with tomatoes, garlic, chorizo and paprika as it takes robust Iberian flavours particularly well. A lot of our hake is now imported from South Africa.

Serves 2

2 x Skinless hake (or other firm white fish) fillets
4 or 5 tbsp Olive oil
1 x Large onion sliced
1 x Red pepper – sliced
1 x Garlic clove - chopped
1 x Glass dry sherry (or dry white wine)
½ tsp x Paprika
1 tbsp x chopped fresh parsley (or pinch or two of dried Oregano)
Salt and pepper
1 x tin chopped tomatoes
8 x Black Olives -halved
Butter
Lemon wedges
Chorizo sausage – cubed (optional)

Pre-heat the oven to 180°C

Heat the olive oil in a saucepan and cook the onions and peppers for 10 mins until soft but not coloured. Add the garlic and the glass of wine and let it bubble down adding the paprika and herbs. Now pour in the tomatoes and season with salt and pepper. Simmer gently uncovered for at least 30 mins to produce a nice thick tomato sauce. Add the black olives towards the end.

Grease a shallow oven dish and pour in the sauce. Season the fish fillets and place on top of the sauce, dot with butter and spoon a little of the sauce juice over the fish.

Bake at 180°C for about 15 minutes until the fish is cooked through and sauce bubbling.

Bring to the table in the dish they were cooked in, garnished with lemon wedges and a dusting of chopped parsley. Nice with steamed green beans and good crusty bread.

Cubed chorizo is a nice addition to the sauce added after the peppers. Rick Stein adds potatoes to his version on the BBC web site.
FESTIVE CAROLS
Sunday 17th Dec. 7.45pm

Christmas

ALL SAINTS’ CHAPEL

POLYPHONY VOICES IN HARMONY

“In giving we receive – touch another soul this Christmas”

Tickets £5.50 from Bonners Music Store
& The Eastbourne Blind Society 729511

Door opens 7.00 pm.

Concert with interval contact details www.sovereignpolyphony.com

Tickets on door are £6.50, Champagne raffle & evening bar

Proceeds to local charity The Eastbourne Blind Society.
<table>
<thead>
<tr>
<th>DATES</th>
<th>TIMES</th>
<th>LOCATION</th>
<th>EVENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 6th October</td>
<td>Starts 7:00pm</td>
<td>Simply Italian</td>
<td>Enjoy an evening of live music with Alan Comical Opera. Simply call 01323 470911 and Book Now!</td>
</tr>
<tr>
<td>Saturday 7th October</td>
<td>Starts 9:00pm</td>
<td>Garden Bar</td>
<td>Inner Soul Collective - East Sussex soul / funk and classic Disco function band. Pro musos, pro gear, pro attitude, tons of fun.</td>
</tr>
<tr>
<td>Saturday 14th October</td>
<td>Starts 9:00pm</td>
<td>Garden Bar</td>
<td>Dead Calm - We perform an interesting and varied set of classic and contemporary pop covers with a splattering of soul.</td>
</tr>
<tr>
<td>Saturday 21st October</td>
<td>Starts 9:00pm</td>
<td>Garden Bar</td>
<td>The Vespbrettas - are a five piece band from the A259 Scooter Club in Bexhill, East Sussex. They play a raw blend of 60’s, Powerpop, and Two Tone.</td>
</tr>
<tr>
<td>Tuesday 24th October</td>
<td>Starts 7:00pm</td>
<td>Ganges Restaurant</td>
<td>Classic Sinatra – 4 course unlimited meal for £19.99 per person. Call to book on: 01323 479988/479808 or email: <a href="mailto:gangesatharbour@yahoo.co.uk">gangesatharbour@yahoo.co.uk</a></td>
</tr>
<tr>
<td>Saturday 28th October</td>
<td>Starts 9:00pm</td>
<td>Garden Bar</td>
<td>DJ Robbie Hollis - Enjoy a Saturday evening of music served up by DJ Robbie Hollis to dance the night away.</td>
</tr>
<tr>
<td>Friday 7th November</td>
<td>Starts 7:00pm</td>
<td>Simply Italian</td>
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<tr>
<td>Tuesday 28th November</td>
<td>Starts 7:00pm</td>
<td>Ganges Restaurant</td>
<td>Elvis Night – 4 course unlimited meal for £19.99 per person. Call to book on: 01323 479988/479808 or email: <a href="mailto:gangesatharbour@yahoo.co.uk">gangesatharbour@yahoo.co.uk</a></td>
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<tr>
<td>Coming Soon</td>
<td></td>
<td>The Waterfront</td>
<td>Sovereign Shines returns to the Waterfront this December. We would like as many harbour residents to take part again this year. Together lets make it even bigger, brighter and really make the harbour shine this December. More information coming soon on the website: <a href="http://www.eastbourneharbour.com">www.eastbourneharbour.com</a></td>
</tr>
</tbody>
</table>