

THE HARBOUR W.I.

The 58 Members and 6 Visitors to January's meeting of the Harbour W.I. were told by Treasurer Jill Hughes that they had finished the year in good shape financially.

Social Secretary Gill Nokes went on to remind the Ladies about this month's outings – with a trip to Bluewater Shopping Centre on January 13th and the postponed Christmas Lunch to Cooden Beach Hotel on the 21st of this month. (Both very much enjoyed by all who took part!)

Future outings include a theatre trip to see 'Hairspray' at the Congress Theatre and a coffee morning at the Grand Hotel - both in February; followed by Afternoon Tea at the Langham Hotel in March. This is going to include a 'Bring and Buy' sale.

After the tea break Meads W.I. member Lorna Dakin showed the Ladies some of her collection of Patchwork and Quilting and told them how, with a background of a family interest in sewing and dressmaking, she became involved in the hobby about 30 years ago. So much so that she ended up teaching it and now has several of her pupils teaching!

She had about 25-30 beautiful bedspreads, quilts, wall hangings and other items to show. When you consider that they are all hand sewn and can take 300/400 hours for each one! – what a lot of work!! Lorna travels all over the world getting ideas and sharing hers. She also exhibits and sells some of her items at various places here and abroad. A number of the Ladies went home inspired to start their own Patchwork Quilts with pieces of fabric with 'a story' behind them.

The Craft Club met on Monday, January 17th to make Lavender Bags under the instructions of Chris French. All the Ladies went home with at least one. They meet every third Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and will be making Easter cards next month.

The Ten Pin Bowling Club meets at Lloyds Lanes on the 31st January.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. February's Meeting will be a talk by John Henty about 'Mabel Lucie Attwell'.

THE HARBOUR W.I.

Another 6 New Members joined the Harbour W.I. on Monday 14th February. Together with 67 existing Members and 6 visitors, there were a bumper number of Ladies at the Meeting.

After welcoming everyone, President Freda Stalker asked for a 1 minute silence in memory of Member, Daphne Raine, who died recently.

The Meeting continued with the President's report, Correspondence Secretary's report and the Financial Statement before Social Secretary, Gill Nokes, reminded the Ladies of upcoming events in the Social Calendar.

The very popular 'Coffee at the Grand' is scheduled again for the 28th February, Tea and a 'Bring and Buy' at the Langham Hotel on the 28th March and Debenhams are staging a free Fashion Show with refreshments on the 7th April.

There are also a limited number of seats available to visit HighClere, the venue of 'Downton Abbey', on 26th April and a trip to Wimbledon including tea and a tour round the Museum on the 6th May. Busy right up to the Spring!

The Speaker, John Henty, surprised the Ladies by telling them about his subject, Mabel Lucie Attwell, having lived in Easbourne for a short time in Ocklinge Manor. It unfolded that she was a fascinating and very brave Lady for her time. She started a one-woman business with her art and stories which are still much sought after today nearly 50 years after her death at the age of 85, when she was still working!

After thanking the Speaker for his very informative and amusing talk President, Freda Stalker, told the Ladies that very sadly, because of family health problems, she was standing down. Social Secretary, Gill Nokes agreed to take over as President until November. Freda was thanked for her leadership over the last 15 months and presented with flowers and wine.

The Craft Club met on Monday, February 21st to make Easter Cards under the instructions of Chris French. They meet every third Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and will be continuing with Easter Cards next month.

The Ten Pin Bowling Club will meet at Lloyds Lanes on Monday the 7th March.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm.

March's Meeting will be an explanation on why we should recycle by E.B.C., followed by Linda Bostock talking about 'Herbal Remedies'.

The Membership for The Harbour W.I. has reached a maximum for the premises where it is held, but there is a waiting list for anybody who wishes to join in the future.

VISITORS ARE ALWAYS WELCOME

For further information please contact Frances Harrap on 01323 472649

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The Langham Hotel was the venue for 40 Ladies of the Harbour W.I. to enjoy an Afternoon Tea, coupled with a 'Bring and Buy' on Monday the 28th March. The event was a great success and raised £238 for the W.I. funds (as well as a lovely tea!).

On Monday the 14th March, 58 Members, 1 New Member and 3 Visitors were fascinated to hear speaker, Linda Bostock, tell them all about Herbal Remedies that our ancestors have been using for centuries. Most of the plants they used – and she still uses today – can be found just walking along the beach or in the hedgerows. She can make a concoction to help most complaints or ailments from these natural ingredients.

The afternoon continued with a talk by Roger Batho and Rachel Ayres from the Re-cycling division of Eastbourne Borough Council. They gave a short explanation on why we should re-cycle. It was an interesting talk and very informative. They explained where all the materials went and why. It was comforting to learn that so much can be reused.

The Craft Club met on Monday, the 21st March for an all-day session to learn how to do quilting under the instructions of Freda Stalker. Everyone went home with a small sampler and every intention of doing more! They meet every third Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and will be 'Pebble and Pot Painting' next month with Pat Lake.

Future events include a Fashion Show on the 7th April in Debenhams with free refreshments and raffle, a trip to Highclere (where the filming takes place for television's 'Downton Abbey') on the 26th April and a trip to Wimbledon on the 6th May.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. April's Meeting will be a talk on the work carried out by 'St Wilfred's Hospice'.

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Staff from St Wilfrid's Hospice gave the Ladies of the Harbour W.I. a much better insight into the work that they do when they came to talk to them on Monday the 11th April. A video featuring 'Eric and Yvonne' showed that they can make a great deal of difference to the quality of people's lives.

With a vast area covering a population of approximately 230,000 people, they provide day therapy, home care and short term stays for terminally ill people. There is no charge for this service and they rely mainly on donations and fund raising. With a new building to be erected in the near future, they hope to double the number of beds and update and improve facilities. Their slogan: - 'A New Hospice – A new Generation of Care' explains it all.

After the break, Rosalind Bambridge told the 63 Members (4 of them new members) and 2 Visitors about the Federation's A.G.M. which was held at Bexhill. She said it was well attended and very enjoyable. The speakers were the Head-Keeper at Drusilla's and Steve Leonard, a vet who has travelled all over the world pursuing his interest in animal's origins and conservation.

Future events for the Harbour W.I. include a trip to Highclere (where the filming takes place for television's 'Downton Abbey') on the 26th April and a trip to Wimbledon on the 6th May. Also in the pipeline is a lunch at the Wheatsheaf Little Common on the 10th June and a trip to Windsor, to include a river cruise and lunch on the Thames, in August. Gill Nokes, the Social Secretary, asked for the July Outing to be a 'Member's Choice', with ideas to come from the Ladies.

The Craft Club met on Monday, the 18th April to 'Paint Pots and Pebbles' under the instruction of Pat Lake. There was a lot more talking than painting but some very good results. Eastbourne's gardens will all be a little brighter!

They meet every third Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and will be meeting all day on the 16th May for 'Sugarcraft' instruction with Heather Hyrapiet.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm.

May's Meeting will be an explanation by Heather Hyrapiet of why the W.I. has 'Resolutions'. This will be followed by a 'Quirky Quiz'!

THE HARBOUR W.I.

On Friday 15th July the Ladies of the Harbour W.I. spent a very enjoyable morning sitting in the sun at Hilliers Garden Centre drinking coffee. They had been encouraged by their July meeting speaker, Pam Fuller, to grow their own flowers to make the beautiful arrangements she demonstrated. Pam made 5 very different arrangements at the meeting on the 11th July, which she then donated to the raffle. Needless to say a bumper number of tickets were sold!

President, Gill Nokes, told the July meeting about the future events and outings planned for the Harbour W.I. 'The Summer Outing' is to Windsor on Monday 8th August to include a river cruise with ploughman's lunch and free time in Windsor. There is also a 'Summer Evening of Music' at Eastbourne College. Members are encouraged to bring along a picnic to enjoy in the beautiful grounds of the College or to eat before making their way to the College Theatre. In September there is a Theatre Outing to see the 'Summer Ice Spectacular' at the Congress.

And the Christmas Lunch has already been booked again at Cooden Beach Hotel after the very successful lunch last year!

The Craft Club met on the 18th July, with Pat Chatterton demonstrating how to make beaded jewellery. Each Lady ended up with an attractive necklace to take home. [Easy when you're shown how!]

The Craft Club meets every third Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and next month Pat Chatterton will again be showing the Ladies how versatile beads are when she demonstrates how to make Christmas decorations!

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. There is no meeting in August, but the speaker at the September 12th Meeting will be Joan Harding who is giving a talk about becoming a poet while pushing a shopping trolley

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Windsor was the venue for the August Summer Outing for the Ladies of the Harbour W.I. The day included a boat trip on the River Thames with a Ploughman's Lunch – all very enjoyable, although the weather could have been a bit kinder! It did brighten up later when they went sightseeing around the town and did a bit of shopping. But nothing could have spoiled the day, everyone was looking forward to a good day and that's what they had!

There was no meeting in August but the September 12th meeting was well worth the wait. The Speaker was Joan Harding, a published author of poetry. She explained how she got involved with writing poetry from a background of very little education. She worked mostly in cleaning jobs until her retirement and then was encouraged to 'do her own thing' by her very supportive family. She did a Basic Adult Education Course and started to collect and read books. Something she'd never been encouraged to do as a child. Luckily her husband is a carpenter and was able to build her lots of bookshelves! He's also learnt to cook as she is now out and about so much with her lecturing, speaking and recitals. She was a real inspiration to everyone with her enthusiasm and humour.

President, Gill Nokes, informed the Ladies of future social events and outings for the winter months. Debenhams are holding a fashion show on October the 21st with lunch at Cosmos for those who are interested. November 10th is Coffee at the Grand Hotel and December 9th is the Christmas Lunch at Cooden Beach Hotel. Harbour W.I. is also going to raffle a £250.00 Bursary to Denham College at the December Meeting, so lots to lighten the dark days ahead!

Harbour Craft Club met on September 19th with Pat Chatterton showing them how to make very pretty 'Beaded Angels'. All the Ladies are looking forward to showing them off on their trees at Christmas! They meet every 3rd Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and next month they will be making Christmas Cards with Christine French.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. The speaker at the October 10th Meeting will be Steve Roberts giving an amusing talk entitled 'Tales of a Scotland Yard Detective'. It will be the 4th Birthday of the Harbour W.I. and they plan to celebrate with a special 'Cream Tea'!

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96 Members and Guests celebrated the 4th Birthday of the Harbour W.I. on the 10th October. They were all treated to a delicious Cream Tea which was laid on by the catering committee led by Pat Pearce. One of the Guests was the Chairman of the East Sussex Federation, Shirley Kirby, who gave a vote of thanks from the visitors.

This was followed by a talk by Steve Roberts who proved with his 'Tales of a Scotland Yard Detective' that the slogan "Dull it Isn't" was very apt for his line of work! He had the Ladies in fits of laughter with his stories about Champagne Sid, Harry the Rat and others. It was also very encouraging to know that the 'Sweeney' or Flying Squad had such a good rate of success in the prevention of crime, rather than just catching the criminals after the event.

President, Gill Nokes, informed the Ladies of future social events and outings for the winter months. November 10th is Coffee at the Grand Hotel and December 9th is the Christmas Lunch at Cooden Beach Hotel. There's a trip to Harrods or the Victoria and Albert Museum in January and a Theatre Outing to see 'Sister Act' at the Congress in February.

The afternoon was brought to a close by one of the Ladies, Hilary Hooper, telling everyone about her Weekend trip to Denham College together with a couple of other Members. It sounded as though they had a really good time. Harbour W.I. is going to raffle a £250.00 Bursary to Denham College at the December Meeting, so plenty to look forward to!

Harbour Craft Club met on October 17th with Christine French showing them how to make quite intricate Christmas Cards. All the Ladies are looking forward to showing them off at Christmas [if they finish them!!]. They meet every 3rd Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and next month they will be continuing to make Christmas Cards with Christine French if she gets her voice back from this month's meeting!

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. The meeting on 14th November is the Annual Meeting followed by a talk by Matt Daly entitled 'Physio for Ladies of a Certain Age'.

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A very busy Meeting on the 14th November saw all but one of the existing Committee re-elected. The Assistant Treasurer, Maureen Chesterman, stepped down after two years in the position. She's off travelling the world – literally! - visiting relatives in Australia. President, Gill Nokes, presented her with flowers as a thank you from the Harbour W.I. Gill Nokes then went on to tell the Ladies about future outings. Christmas Lunch at Cooden Beach Hotel on the 9th December - a Carol Service at St. Wilfreds Church, Pevensey Bay on Tuesday the 6th December – a trip to Harrods and the V&A Museum on the 21st January – and a Theatre Trip to see Sister Act at the Congress Theatre on the 2nd February. Plenty to keep them occupied!

During the break there was a Produce Table and a Craft Table with items to buy for Christmas, also a 'Guess the Name of the Teddy Bear' – all helping to boost funds towards the £250 Denham College bursary which is being drawn at the December Meeting.

After the break a very pleasant young man from Dublin (with a very attractive accent!) gave the Ladies a talk called 'Physio for Ladies of a Certain Age'. Matt Daly, a physiotherapist from the University of Brighton, explained how there are many different kinds of pain including one the Ladies had never heard of before called 'autonomic pain' which can result in the flesh turning black and growing long black hairs!?! He also said that women can stand pain more than men which all the Ladies knew anyway. His 'Question Time' at the end of his talk would still be going on now if Programme Secretary, Jacque Frost hadn't shepherded him out of the door!

On the 17th November a number of the Ladies met up again for Coffee at the Grand Hotel. They spent a very pleasant morning drinking coffee, eating delicious little pastries and, of course, chatting!

Some of the Ladies met a few days later on the 21st November for the Craft Club. They finished the Christmas cards they were making with Christine French in double-quick time so that they could enjoy a little light refreshment to celebrate the end of the year.

The Craft Club meets every 3rd Monday of the month in Pevensey Bay Baptist Church Hall at 2pm but there will not be a meeting in December. The next meeting will be in January when there will be a discussion on what to enter for the South of England Show.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. The meeting on 12th December is the Christmas Meeting with a Christmas Cabaret and Carols. Romy McCabe will be entertaining and inviting the Ladies to sing along whilst enjoying another delightful tea provided by Pat Pearce and her Catering Committee!

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Information is also available on the S.H.R.A. website.

www.shra.co.uk/wi

THE HARBOUR W.I.

A Christmas Cabaret and Carols with Romy McCabe accompanied by David on the keyboard put the Ladies of the Harbour W.I. in a festive mood at their Christmas Party on 12th December. Romy performed songs from Victorian Old Time Music Hall and had everyone joining in the chorus – even the one about ‘Knitting a Singlet for Cecil’! They were also treated to a delicious tea, catered by Pat Pearce and the Catering Committee. There were produce and craft stalls as well as a bumper raffle. All topped off with a draw for a £250 bursary to Denman W.I. College which was won by Judy Latter – ME!

President, Gill Nokes, informed the Ladies about future events. Firstly a coach trip to Harrods and the V&A Museum on the 21st January, followed by a theatre trip to the Congress Theatre on the 2nd February to see ‘Sister Act’ and a possible trip to Goodwood in July for ‘Ladies Day’. There were suggestions about forming a ‘Dining Club’ and also a ‘Book Club’ – or maybe even a ‘Kindle Club’?!

There was no meeting of the Craft Club as it was so near Christmas, but the Craft Club normally meets every 3rd Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and next month they will be discussing what they might do for the South of England Show in June.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. At the meeting on 9th January Jenny Horridge will be giving a talk entitled “Eastbourne, a history”, with amusing discoveries from in and around the area.

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