

THE HARBOUR W.I.

The Langham Hotel was the venue for 40 Ladies of the Harbour W.I. to enjoy an Afternoon Tea, coupled with a 'Bring and Buy' on Monday the 28th March. The event was a great success and raised £238 for the W.I. funds (as well as a lovely tea!).

On Monday the 14th March, 58 Members, 1 New Member and 3 Visitors were fascinated to hear speaker, Linda Bostock, tell them all about Herbal Remedies that our ancestors have been using for centuries. Most of the plants they used – and she still uses today – can be found just walking along the beach or in the hedgerows. She can make a concoction to help most complaints or ailments from these natural ingredients.

The afternoon continued with a talk by Roger Batho and Rachel Ayres from the Re-cycling division of Eastbourne Borough Council. They gave a short explanation on why we should re-cycle. It was an interesting talk and very informative. They explained where all the materials went and why. It was comforting to learn that so much can be reused.

The Craft Club met on Monday, the 21st March for an all-day session to learn how to do quilting under the instructions of Freda Stalker. Everyone went home with a small sampler and every intention of doing more! They meet every third Monday of the month in Pevensey Bay Baptist Church Hall at 2pm and will be 'Pebble and Pot Painting' next month with Pat Lake.

Future events include a Fashion Show on the 7th April in Debenhams with free refreshments and raffle, a trip to Highclere (where the filming takes place for television's 'Downton Abbey') on the 26th April and a trip to Wimbledon on the 6th May.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. April's Meeting will be a talk on the work carried out by 'St Wilfred's Hospice'.

The Membership for The Harbour W.I. has reached a maximum for the premises where it is held, but there is a waiting list for anybody who wishes to join in the future.

VISITORS ARE ALWAYS WELCOME

For further information please contact Frances Harrap on 01323 472649